

# Indigenous Organizations in Manitoba

*A directory of groups and programs organized by or for First Nations, Inuit and Metis people*



# **INDIGENOUS ORGANIZATIONS IN MANITOBA**

A Directory of Groups and Programs Organized  
by or for First Nations, Inuit and Metis People

Compiled, edited and printed by  
Indigenous Inclusion Directorate  
Manitoba Education and Training  
and  
Indigenous Relations  
Manitoba Indigenous and Municipal Relations

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# INTRODUCTION

The directory of Indigenous organizations is designed as a useful reference and resource book to help people locate appropriate organizations and services.

The directory also serves as a means of improving communications among people. The idea for the directory arose from the desire to make information about Indigenous organizations more available to the public. This directory was first published in 1975 and has grown from 16 pages in the first edition to more than 100 pages in the current edition.

The directory reflects the vitality and diversity of Indigenous cultural traditions, organizations, and enterprises.

The editorial committee has made every effort to present accurate and up-to-date listings, with fax numbers, email addresses and websites included whenever possible. If you see any errors or omissions, or if you have updated information on any of the programs and services included in this directory, please call, fax or write to the Indigenous Relations, using the contact information on the next page.

Editor

Nineteenth Edition

# TO THE READER:

Please send your suggestions, additions, corrections and requests for a copy to:

Indigenous Relations  
200 – 500 Portage Avenue  
Winnipeg MB R3C 3X1

**Tel:** 204-945-2510  
**Fax:** 204-945-3689  
**Email:** IASgeneral@gov.mb.ca

## WHICH ORGANIZATIONS WERE INCLUDED?

We included organizations and programs that are:

- organized by Indigenous people (First Nations, Inuit and Metis)
- organized for Indigenous people
- not organized specifically for Indigenous people, but used by many Indigenous people

## INFORMATION INCLUDED WITH THE ORGANIZATIONS

In compiling this list the committee has made an attempt to include the following information:

- the name of the organization
- the address, telephone and fax number, email address and website address
- the purpose and functions of the organization
- the geographical area served, or other limits to service provided

## PERMISSION TO COPY

Non-profit organizations are hereby granted permission to make as many copies of this directory as they wish. Profit-making organizations are asked to apply for permission to the above address.

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## ***INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS***

### **Aboriginal Council of Winnipeg**

112 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1

**Tel:** 204-989-6380  
**Fax:** 204- 942-5795  
**Website:** <http://www.abcouncil.org/>

The Aboriginal Council of Winnipeg is a political non-profit organization that addresses the needs of the Aboriginal community in Winnipeg including all aspects of living in an urban environment.

### **Assembly of First Nations**

55 Metcalfe Street  
Suite 1600  
Ottawa, ON K1P 6L5

**Tel:** 613-241-6789  
**Toll free:** 1-866-869-6789  
**Fax:** 613-241-5808  
**Website:** <http://www.afn.ca>

The Assembly of First Nations presents the views of various First Nations through their leaders in areas such as Aboriginal and treaty rights, environment, economic development, housing, health, social services, land claims and other issues of common concern which arise from time to time. It also exists to promote the restoration of the nation-to-nation relationship between the 633 First Nations communities in Canada and other nations. The Chiefs of the First Nations have met in assembly at least once annually since 1982 to set national policy and direction through its resolutions. The main spokesperson and leader of the Assembly of First Nations is the National Chief, who is elected every three years by the Chiefs-in-Assembly.

### **Assembly of Manitoba Chiefs Secretariat**

#### **Head Office:**

Swan Lake First Nation  
Unit 9-4820 Portage Avenue  
Headingley, MB R4H 1C8

**Tel:** 204-956-0610  
**Fax:** 204-956-2109  
**Toll free:** 1-866-331-9561

**Website:** <http://www.manitobachiefs.com>

#### **Winnipeg Sub-office:**

Suite 200 - 275 Portage Avenue  
Winnipeg, MB R3B 2B3

**Tel:** 204-956-0610  
**Fax:** 204-956-2109

The Assembly of Manitoba Chiefs (AMC) was formed in 1988 to act as an advocate on issues that commonly affect all of the First Nations of Manitoba. At the time when AMC began, there were 61 recognized Manitoba First Nations and 64,315 First Nation citizens. Today, there are 64 First Nations, with a total of 136,616 (May 2011) First Nation citizens. This represents 11 per cent of the provincial population.

AMC's primary focus is political, but it also fills in gaps that cannot be bridged by regional services. Two examples are the Eagle's Nest, which helps First Nations youth return to school, and the Patient Advocate Unit, which helps First Nations patients navigate



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Manitoba's health care system. On a national front, AMC works closely with the Assembly of First Nations, which collectively represents the political interests of the 633 First Nations across the country.

### **First Peoples Development, Inc.**

#### **Winnipeg Office:**

101 - 1355 Mountain Avenue  
Winnipeg, MB R2X 3B6

**Tel:** 204-987-9570

**Fax:** 204-987-9589

**Website:** [www.fpdinc.ca](http://www.fpdinc.ca)

First People Development Inc. was designed to assist First Nations sub-agreement holders at the community level in development and delivering their own programs and services that meet their labour market and employment needs.

### **Manitoba Keewatinowi Okimakanak, Inc. (MKO)**

#### **Thompson Sub-Office:**

205-55 Selkirk Avenue  
Thompson, MB R8N 0M5

**Toll free:** 1-800-442 0488

**Tel:** 204-677-1600

**Fax:** 204-778-7655

#### **Winnipeg Sub-Office:**

275 Portage Avenue  
Suite 1600  
Winnipeg, MB R3B 2B3

**Toll free:** 1-800-442 0488

**Tel:** 204-927-7500

**Fax:** 204-927-7509

Manitoba Keewatinowi Okimakanak is composed of 26 First Nations whose land base is in Northern Manitoba. MKO is a political and advocacy group for its members in Northern Manitoba. Its objectives are to maintain, strengthen, enhance, lobby for and defend the interests and rights of First Nations peoples in its jurisdiction and to promote, develop and secure a standard and quality of life deemed desirable and acceptable by its member First Nations.

### **Manitoba Métis Federation, Inc. (Home Office)**

300 - 150 Henry Avenue  
Winnipeg, MB R3B 0J7

**Tel:** 204-586-8474

**Fax:** 204-947-1816

**Website:** <http://www.mmf.mb.ca>

The Manitoba Métis Federation (MMF) is a non-profit organization whose primary purpose is to represent and serve the needs of the Metis people of Manitoba. "Metis" means an Aboriginal person who self-identifies as Metis, who is distinct from Indian and Inuit, who is accepted as such by the Metis community, and whose name is not registered on any First Nation band list. The objectives of the MMF are as follows:

- to promote the history and culture of the Metis people and otherwise to promote the cultural pride of its membership
- to promote the education of its members respecting their legal, political, social and other rights

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

- to promote the participation of its members in community, municipal, provincial, federal, Aboriginal and other organizations
- generally, to promote the political, social and economic interests of its members

### **Departments of the M.M.F.:**

|   |                          |
|---|--------------------------|
| Tripartite Self-Government Negotiations | <b>Tel:</b> 204-586-8474 |
| Métis Family and Community Institute    | <b>Tel:</b> 204-586-8474 |
| Métis Survivor Family Wellness Program  | <b>Tel:</b> 204-586-8474 |
| Community Housing Managers of Manitoba  | <b>Tel:</b> 204-586-8474 |
| Métis Child & Family Support Services   | <b>Tel:</b> 204-586-8474 |
| Human Resource Development & Training   | <b>Tel:</b> 204-586-8474 |
| Rural/Urban Youth Initiatives           | <b>Tel:</b> 204-586-8474 |
| Provincial Recruitment Initiative       | <b>Tel:</b> 204-586-8474 |
| Pemmican Publications, Inc.             | <b>Tel:</b> 204-586-8474 |
| Louis Riel Capital Corporation          | <b>Tel:</b> 204-589-0772 |
|   | <b>Fax:</b> 204-589-0791 |
| Louis Riel Institute (LRI)              | <b>Tel:</b> 204-984-9480 |
|   | <b>Fax:</b> 204-984-9484 |

### **Regional Offices:**

|   |  |
|---|--|
| MMF Interlake Regional Office<br>P.O. Box 390<br>St. Laurent, MB R0C 2S0    | <b>Tel:</b> 204-646-2706<br><b>Fax:</b> 204-646-4171 |
| MMF Northwest Regional Office<br>40-1st. Avenue NW<br>Dauphin, MB R7N 1G7   | <b>Tel:</b> 204-638-9485<br><b>Fax:</b> 204-638-3878 |
| MMF Southeast Regional Office<br>P.O. Box 13<br>Grand Marais, MB R0E 0T0    | <b>Tel:</b> 204-754-2721<br><b>Fax:</b> 204-754-2697 |
| MMF Southwest Regional Office<br>656 - 6th Street<br>Brandon, MB R7A 3P1    | <b>Tel:</b> 204-725-7520<br><b>Fax:</b> 204-728-9085 |
| MMF The Pas Regional Office<br>P.O. Box 2467<br>The Pas, MB R9A 1M2         | <b>Tel:</b> 204-623-5701<br><b>Fax:</b> 204-623-2825 |
| MMF Thompson Regional Office<br>44 Copper Road<br>Thompson, MB R8N 0V6      | <b>Tel:</b> 204-677-1430<br><b>Fax:</b> 204-677-2240 |
| MMF Winnipeg Regional Office<br>412 McGregor Street<br>Winnipeg, MB R2W 4X5 | <b>Tel:</b> 204-589-4327<br><b>Fax:</b> 204-582-2711 |

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

### **Métis Women of Manitoba Inc. (Manitoba Métis Federation)**

3rd Floor, 150 Henry Avenue  
Winnipeg, MB R3B 0J7

**Tel:** 204-586-8474 ext. 236  
**Fax:** 204-947-1816

**Website:** <http://www.mmf.mb.ca/pages/departments/mwm/>

Committee is comprised of eight directors: one Provincial Spokesperson (elected province wide), and seven regional directors (elected regionally). The seven regions are: Thompson, The Pas, Northwest, Interlake, Southwest, Southeast and Winnipeg.

MWM's primary purpose is to improve the social and economic situation of Metis peoples, with a particular focus on Metis women and children. Our organization was also created to provide support to our communities in the form of educational and cultural programs.

### **Southern Chiefs' Organization Inc. (SCO)**

#### **Head Office:**

Swan Lake First Nation  
Unit 4 - 4820 Portage Avenue  
Headingley, MB R4H 1C8

**Toll free:** 1-866-876-9701

#### **Winnipeg Office:**

1572 Dublin Avenue  
Winnipeg, MB R3E 0L4

**Tel:** 204-946-1869  
**Fax:** 204-946-1871

**Website:** <http://www.scoinc.mb.ca>

The Chiefs of the Southern First Nations of Manitoba established an independent political forum to protect, preserve, promote, and enhance First Nations peoples' inherent rights, languages, customs and traditions through the application and implementation of the spirit and intent of the treaty-making process.

### **Treaty and Aboriginal Rights Research Centre of Manitoba, Inc. (T.A.R.R.)**

#### **Head Office:**

Brokenhead Ojibway Nation  
P.O. Box 7  
Scanterbury, MB R0E 1W0

**Tel:** 204-766-2494

#### **Winnipeg Office:**

945 - 167 Lombard Avenue  
Winnipeg, MB R3B 0T4

**Tel:** 204-943-6456  
**Fax:** 204-942-3202  
**Toll free:** 1-888-802-8277

**Email:** [fran@tarr.mb.ca](mailto:fran@tarr.mb.ca)

The T.A.R.R. Centre provides historical research services to the 63 First Nations of Manitoba. Throughout the years, the focus of research has been on Indian rights such as treaty land entitlement, treaty rights, hunting, fishing, trapping and gathering rights, and on such matters as reserve alienations, surrenders, leases, expropriations, etc., on Indian lands.

Historical materials available include:

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- Department of Indian Affairs Records (ca. 1862 - 1959)
- Relating to Western Canada: Adams Archibald and Alexander Morris Papers (1872 - 77)
- Church Missionary Society Records (1820 - 1930)
- Historical Records for each First Nation (1870 - present)
- Maps of Indian Reserves (ca. 1000).
- Photographs (ca. 700+)
- Selected Newspaper clippings (1970 - present)
- Historical Files on various research topics (36 cabinet drawers)

### TRIBAL COUNCILS

#### Dakota-Ojibway Tribal Council

230-510 Crescent Road West  
Portage la Prairie, MB R1N 3B7  
**Email:** [admin@dotc.mb.ca](mailto:admin@dotc.mb.ca)

**Tel:** 204-239-8650  
**Fax:** 204-875-6037  
**Website:** <http://www.dotc.mb.ca>

#### Interlake Reserves Tribal Council

##### Head Office:

General Delivery  
Fairford, MB R0C 0X0  
**Email:** [info@irtc.ca](mailto:info@irtc.ca)

**Tel:** 204-659-4465  
**Fax:** 204-659-2147  
**Website:** [www.irtc.ca](http://www.irtc.ca)

##### Winnipeg Office:

105-1555 St. James Street  
Winnipeg, MB R3H 1B5

**Tel:** 204-956-7413  
**Fax:** 204-942-8840

#### Island Lake Tribal Council

General Delivery  
St. Theresa Point, MB R0B 1J0

**Tel:** 204-462-2351  
**Fax:** 204-462-2538

##### Winnipeg Office:

4th floor - 338 Broadway  
Winnipeg, MB R3C 0T2  
**Email:** [wpgsuboffice@iltc.ca](mailto:wpgsuboffice@iltc.ca)

**Tel:** 204-982-3300  
**Fax:** 204-943-7029

#### Keewatin Tribal Council

23 Nickel Road  
Thompson, MB R8N 0Y4

**Tel:** 204-677-2341  
**Fax:** 204-677-0256

##### Winnipeg Office:

Unit 26 – 30 Fort Street  
Winnipeg, MB R3C 4X5

**Tel:** 204-949-4016  
**Fax:** 204-949-4013  
**Toll free:** 1-800-255 1012

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

### **Southeast Resource Development Council (SERDC)**

General Delivery  
Scanterbury, MB R0E 1W0

**Tel:** 204-766-2386  
**Fax:** 204-766-2716

### **Winnipeg Office:**

6th floor - 360 Broadway Avenue  
Winnipeg, MB R3C 0T6

**Tel:** 204-956-7500  
**Fax:** 204-956-7382

### **Swampy Cree Tribal Council**

P.O. Box 150  
The Pas, MB R9A 1K3

**Tel:** 204-623-3423  
**Fax:** 204-623-2882

### **Winnipeg Office:**

Suite 608 - 294 Portage Avenue  
Winnipeg, MB R3C 0B9

**Tel:** 204-989-4800  
**Fax:** 204-947-5928  
**Toll free:** 1-800-442-0459

### **West Region Tribal Council**

#### **Head Office:**

Rolling River First Nation  
P.O. Box 207  
Erickson, MB R0J 0P0

**Email:** wrtc9450@mts.net

#### **Sub-Office:**

Unit C-21 3rd Avenue NE  
Dauphin, MB R7N 0Y5

**Tel:** 204-622-9450  
**Fax:** 204-638-8062

The West Region Tribal Council Inc. (WRTC) is accountable to approximately 9,000 First Nation members under the leadership of eight First Nation councils. The councils have a mandate to facilitate the transfer of local control and responsibility of programs and services to member First Nations. Advisory and technical expertise is provided in all areas of band program management and accountability to ensure effective local control is achieved.

WRTC provides the following advisory services to eight First Nations in Manitoba;

- housing-advisory, technical services and maintenance management
- social development
- fire safety
- education
- governance
- water and wastewater

The West Region Tribal Council Member First Nations are:

- Keeseekoowenin Ojibway First Nation Treaty #2
- Ebb & Flow First Nation Treaty #2
- O-Chi-Chak-Ko-Sipi First Nation Treaty #2
- Pine Creek First Nation Treaty #4
- Rolling River First Nation Treaty #4
- Skownan First Nation Treaty #2
- Gambler First Nation Treaty #4
- Tootinaowazibeeng Treaty Reserve Treaty #4

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

### National Centre for Truth and Reconciliation

Chancellor's Hall  
177 Dysart Road  
Winnipeg, MB R3T 2N2  
Email: [NCTR@umanitoba.ca](mailto:NCTR@umanitoba.ca)

Tel: 204-474-6069  
Toll free: 1-855-415-4534  
Website: [Umanitoba.ca/nctr](http://Umanitoba.ca/nctr)

### BAND COUNCILS

The local government of each First Nation Reserve is an elected band council and a chief, who in most cases is also elected. First Nations in Manitoba constitute of over 130,000 registered people. Of those, about 60 per cent live on reserve. There are 63 First Nations in the province and five First Nations linguistic groups. The languages are Cree, Ojibwe, Dakota, Oji-Cree and Dene. They are listed by common usage names, but other names may be applied in certain areas. As an example, Cree Nation and First Nation is applied to certain bands on the same reserve.

### FIRST NATIONS BANDS

There are about 63 reserves in Manitoba.

| <u>First Nation</u>                                  | <u>Phone</u> | <u>Fax</u>   | <u>Address</u>                                | <u>Lang.</u> |
|--|--------------|--------------|---|--------------|
| Barren Lands First Nation                            | 204-323-3200 | 204-323-2275 | Brochet MB, R0B 0B0                           | Cree         |
| Berens River First Nation                            | 204-382-2161 | 204-382-2297 | Berens River MB, R0B 0A0                      | Ojibwe       |
| Birdtail Sioux First Nation                          | 204-568-4770 | 204-568-4687 | P.O. Box 22 Beulah, MB R0M 0B0                | Dakota       |
| Black River First Nation                             | 204-367-4411 | 204-367-2000 | O'Hanly MB, R0E 1K0                           |              |
| Bloodvein First Nation                               | 204-395-2148 | 204-395-2099 | Bloodvein MB, R0C 0J0                         | Ojibwe       |
| Brokenhead Ojibway First Nation                      | 204-766-2494 | 204-766-2306 | P.O. Box 180 Scanterbury MB, R0E 1W0          | Ojibwe       |
| Buffalo Point First Nation                           | 204-437-2133 | 204-437-2368 | P.O. Box 1037,<br>Buffalo Point MB, R0A 2W0   | Ojibwe       |
| Bunibonibee Cree Nation (Oxford House)               | 204-538-2220 | 204-538-2374 | P.O. Box 235<br>Oxford House MB, R0B 1C0      | Cree         |
| Canupawakpa Dakota First Nation (Oak Lake)           | 204-854-2959 | 204-854-2525 | Pipestone, MB R0M 1T0                         | Dakota       |
| Chemawawin Cree Nation                               | 204-329-2161 | 204-329-2017 | Box 009,<br>Easterville MB, R0C 0V0           | Cree         |
| Cross Lake Band of Indians (Pimicikamak Cree Nation) | 204-676-2218 | 204-676-2117 | P.O. Box 10<br>Cross Lake, MB. R0B 0J0        | Cree         |
| Dakota Plains First Nation                           | 204-252-3636 | 204-252-3637 | P.O. Box 1246, Portage la Prairie, R1N 3J9    | Dakota       |
| Dakota Tipi First Nation                             | 204-857-4381 | 204-857-9855 | 2020 Dakota Drive,<br>Dakota Tipi MB, R1N 3X6 | Dakota       |
| Dauphin River First Nation                           | 204-659-5370 | 204-772-4188 | P.O. Box 58<br>Gypsumville MB, R0C 1J0        | Ojibwe       |

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

|  |                              |                              |   |              |
|--|------------------------------|------------------------------|---|--------------|
| Ebb and Flow First Nation                      | 204-448-2134                 | 204-448-2305                 | Ebb and Flow MB, R0L 0R0                          | Ojibwe       |
| Fisher River Cree Nation                       | 204-645-2171                 | 204-645-2745                 | P.O. Box 367,<br>Koostatak MB, R0C 1S0            | Cree         |
| Fort Alexander First Nation<br>(Sagkeeng)      | 204-367-2287                 | 204-367-4315                 | P.O. Box 3,<br>Fort Alexander MB, R0E 0P0         | Ojibwe       |
| Fox Lake Cree Nation                           | 204-486-2463                 | 204-486-2503                 | P.O. Box 369,<br>Gillam MB, R0B 0L0               | Cree         |
| Gamblers First Nation                          | 204-456-2085<br>204-532-2464 | 204-456-9315<br>204-532-2495 | P.O. Box 250,<br>Binscarth MB, R0J 0G0            | Cree         |
| Garden Hill First Nation                       | 204-456-2085                 | 204-456-9315                 | P.O. Box 261<br>Island Lake MB, R0B 0T0           | Oji-<br>Cree |
| God's Lake First Nation                        | 204-335-2130                 | 204-335-2400                 | God's Lake Narrows MB, R0B<br>0M0                 | Cree         |
| Hollow Water First Nation                      | 204-363-7278                 | 204-363-7418                 | P.O. Box 2561<br>Wanipigow MB, R0E 2E0            | Ojibwe       |
| Keeseekoowenin First Nation                    | 204-625-2004                 | 204-625-2019                 | P.O. Box 100,<br>Elphinstone MB, R0J 0N0          | Ojibwe       |
| Kinonjeoshtegon First Nation<br>(Jackhead)     | 204-394-2255                 | 204-394-2305                 | P.O. Box 210,<br>Elphinstone MB, R0J 0N0          | Ojibwe       |
| Lake Manitoba First Nation                     | 204-768-3492                 | 204-768-3036                 | Box 1250, Lake Manitoba,<br>MB, R0C 3K0           | Ojibwe       |
| Lake St. Martin First Nation                   | 204-948-1119                 | 204-948-1142                 | P.O. Box 69 Gypsumville MB<br>R0C 1J0             | Ojibwe       |
| Little Grand Rapids First<br>Nation            | 204-397-2264                 | 204-397-2340                 | Box 129 or 130 Little Grand<br>Rapids MB, R0B 0V0 | Ojibwe       |
| Little Saskatchewan First<br>Nation            | 204-659-4584                 | 204-659-2071                 | Box 98, Gypsumville,<br>Manitoba R0C 1J0          | Ojibwe       |
| Long Plain First Nation                        | 204-252-2731                 | 204-252-2012                 | P.O. Box 430, Portage la<br>Prairie MB, R1N 3B7   | Ojibwe       |
| Manto Sipi Cree Nation<br>(God's River)        | 204-366-2011                 | 204-366-2282                 | P.O. Box 97,<br>God's River MB, R0B 0N0           | Cree         |
| Marcel Colomb First Nation<br>(Black Sturgeon) | 204-356-2439                 | 204-356-2330                 | Box 1150, Lynn Lake MB,<br>R0B 0W0                |              |
| Mathias Colomb Cree Nation<br>(Pukatawagon)    | 204-553-2089                 | 204-553-2419                 | P.O. Box 135<br>Pukatawagan MB, R0B 1G0           | Cree         |
| Misipawistik First Nation<br>(Grand Rapids)    | 204-639-2485                 | 204-639-2503                 | P.O. Box 500, Grand Rapids<br>MB R0C 1E0          | Cree         |
| Mosakahiken Cree Nation<br>(Moose Lake)        | 204-678-2113                 | 204-678-2292                 | Moose Lake MB, R0B 0Y0                            | Cree         |
| Nisichawayasihk Cree Nation<br>(Nelson House)  | 204-484-2332                 | 204-484-2392                 | Gen. Del. Nelson House MB,<br>R0B 1A0             | Cree         |
| Northlands Dene First Nation<br>(Lac Brochet)  | 204-337-2270                 | 204-337-2055                 | Lac Brochet MB, R0B 2E0                           | Dene         |

## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

|  |              |              |  |               |
|--|--------------|--------------|--|---------------|
| Norway House Cree Nation                         | 204-359-6786 | 204-359-4186 | P.O. Box 250, Norway House MB, R0B 1B0 | Cree          |
| O-Chi-Chak-Ko-Sipi First Nation (Crane River)    | 204-732-2490 | 204-732-2596 | Gen. Del., Crane River MB, R0L 0M0     | Ojibwe        |
| O-Pipon-Na-Piwin Cree Nation (South Indian Lake) | 204-374-2271 | 204-374-2350 | Box 13, South Indian Lake MB, R0B 1N0  | Cree          |
| Opaskwayak Cree Nation (The Pas)                 | 204-623-7100 | 204-623-5263 | P.O. Box 10880, Opaskwayak MB, R0B 2J0 | Cree          |
| Pauingassi First Nation                          | 204-397-2371 | 204-397-2145 | Box 60, Pauingassi MB, R0B 2G0         | Ojibwe        |
| Peguis First Nation                              | 204-645-2359 | 204-645-2360 | Peguis, MB R0C 3J0                     | Cree & Ojibwe |
| Pinaymootang First Nation (Fairford)             | 204-659-5705 | 204-659-2068 | Fairford MB, R0C 0X0                   | Ojibwe        |
| Pine Creek First Nation                          | 204-524-2478 | 204-524-2801 | Box 70, Camperville MB R0L 0J0         | Ojibwe        |
| Poplar River First Nation                        | 204-244-2267 | 204-244-2690 | Negginan MB, R0B 0Z0                   | Ojibwe        |
| Red Sucker Lake First Nation                     | 204-469-5041 | 204-469-5966 | Red Sucker Lake MB, R0B 1H0            | Oji-Cree      |
| Rolling River First Nation                       | 204-636-2211 | 204-636-7823 | P.O. Box 145, Erickson MB, R0J 0P0     | Ojibwe        |
| Roseau River Anishinabe First Nation             | 204-427-2312 | 204-427-2584 | P.O. Box 30, Ginew MB, R0A 2R0         | Ojibwe        |
| Sandy Bay First Nation                           | 204-843-2462 | 204-843-2706 | P.O. Box 109, Marius, MB, R0H 0T0      | Ojibwe        |
| Sapotaweyak Cree Nation (Shoal River)            | 204-587-2012 | 204-587-2072 | Pelican Rapids MB, R0L 1L0             | Cree          |
| Sayisi Dene First Nation (Tadoule Lake)          | 204-684-2022 | 204-684-2090 | Tadoule Lake MB, R0B 2C0               | Dene          |
| Shamattawa First Nation                          | 204-565-2340 | 204-565-2810 | Shamattawa MB, R0B 1K0                 | Cree          |
| Sioux Valley Dakota Nation                       | 204-855-2671 | 204-855-2436 | PO Box 38 Griswold MB R0M 0S0          | Dakota        |
| Skownan First Nation (Waterhen)                  | 204-628-3373 | 204-628-3289 | P.O. Box 106, Skownan MB, R0L 1Y0      | Ojibwe        |
| St. Theresa Point First Nation                   | 204-462-2106 | 204-462-2646 | St. Theresa Point MB, R0B 1J0          | Oji-Cree      |
| Swan Lake First Nation                           | 204-836-2101 | 204-836-2255 | P.O. Box 368, Swan Lake MB, R0G 2S0    | Ojibwe        |
| Tataskweyak Cree Nation (Split Lake)             | 204-342-2045 | 204-342-2270 | Split Lake MB, R0B 1P0                 | Cree          |
| Tootinaowazibeeng Treaty Reserve (Valley River)  | 204-546-3334 | 204-546-3090 | Gen. Del., Shortdale MB, R0L 1W0       | Ojibwe        |



## INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

|  |              |              |   |              |
|--|--------------|--------------|---|--------------|
| War Lake First Nation                        | 204-288-4315 | 204-288-4371 | Gen. Del., Ilford MB, R0B 0S0             | Cree         |
| Wasagamack First Nation                      | 204-457-2337 | 204-457-2255 | P.O. Box 1 Wasagamack MB,<br>R0B 1Z0      | Oji-<br>Cree |
| Waywayseecappo First<br>Nation               | 204-859-2879 | 204-859-2403 | P.O. Box 9, Waywayseecappo<br>MB, R0J 1S0 | Ojibwe       |
| Wuskwi Sipiik First Nation<br>(Indian Birch) | 204-236-4201 | 204-236-4786 | P.O. Box 220 Birch River MB,<br>R0L 0E0   | Cree         |
| York Factory First Nation                    | 204-341-2180 | 204-341-2322 | York Landing MB, R0B 2B0                  | Cree         |

***FEDERAL / PROVINCIAL GOVERNMENT***

**Manitoba Indigenous and Municipal Relations**

Minister's Office  
301 - 450 Broadway

Winnipeg, MB R3C 0V8

**Website:** <http://www.gov.mb.ca/imr/>

**Tel:** 204-945-3788

**Fax:** 204-945-1383

**Email:** [MINIM@leg.gov.mb.ca](mailto:MINIM@leg.gov.mb.ca)

**Indigenous Relations**

(Manitoba Indigenous and Municipal Relations)

200 - 500 Portage Avenue

Winnipeg, MB R3C 3X1

**Tel:** 204-945-2510

**Fax:** 204-945-3689

The Indigenous Relations' priority is to bring a focus to Indigenous quality of life issues. Indigenous Relations endeavours to provide a global perspective, across government, of progress toward achieving quality of life for Indigenous Manitobans. Indigenous Relations promotes innovative policy and program development through identification of needs of Indigenous people, through the provision of accurate, relevant, timely information and through the development of partnerships with the Indigenous community, other government departments, other levels of government and the private sector. Indigenous Relations undertakes the coordination negotiation, analysis and implementation of initiatives, arrangements and agreements which impact on northern Manitoba, its communities, residents, land base and related programs.

**Northern Association of Community Councils Inc. (NACC)**

Unit 2 – 565 Roseberry Street

Winnipeg, MB R3H 0T3

**Email:** [nacc@mymts.net](mailto:nacc@mymts.net)

**Website:** <http://naccmanitoba.com/>

**Tel:** 204-947-2227

**Fax:** 204-947-9446

**Toll free:** 1-888-947-6222

**Mission Statement:**

The purpose of NACC is to be a meaningful and effective lobby group and improve the quality of life in Northern Association communities. It does this by having positive, proactive meetings with ministers and cabinet on issues affecting our communities and by informing and involving community councils and residents of their progress. NACC believes that all communities are unique and that their needs and interests should be recognized.

FEDERAL / PROVINCIAL GOVERNMENT

**Manitoba Indigenous and Municipal Relations Communities by Regional Offices:**

**Northern Region:**

Manitoba Indigenous and Municipal Relations  
Local Government Development  
Box 27 -- 59 Elizabeth Drive  
Thompson, MB R8N 1X4

**Tel:** 204-677-6786

- Brochet
- Nelson House
- Cross Lake
- Norway House
- Gods Lake
- Narrows
- Pikwitonei
- Granville Lake
- South Indian Lake
- Herb Lake Landing
- Thicket Portage
- Ilford
- Wabowden

Manitoba Indigenous and Municipal Relations  
Local Government Development  
Box 2550 - 3rd & Ross Avenue  
The Pas, MB R9A 1M4

**Tel:** 204-627-8176

- Easterville
- Sherridon
- Cormorant
- Moose Lake
- Dawson Bay
- Pelican Rapids

**North Central Region:**

Manitoba Indigenous and Municipal Relations  
Local Government Development  
27 - 2nd Avenue S.W. (Box 15)  
Dauphin, MB R7N 3E5

**Tel:** 204-622-2110

- Baden
- Mallard
- Barrows
- Meadow Portage
- Camperville
- National Mills
- Crane River
- Powell
- Dallas/Red Rose
- Red Deer Lake
- Dauphin River
- Rock Ridge
- Duck Bay
- Salt Point
- Fisher Bay
- Spence Lake
- Harwill
- Waterhen
- Homebrook

Manitoba Indigenous and Municipal Relations  
Local Government Development  
Bay 8 - 1680 Ellice Avenue  
Winnipeg, MB R3H 0Z2

**Tel:** 204-945-2163

- Aghaming
- Manigotagan
- Island Lake
- Princess Harbour
- Little Grand Rapids
- Red Sucker Lake
- Berens River
- Matheson Island
- Bissett
- Pine Dock
- Loon Straits
- Seymourville

### **Aboriginal People's Programs**

Department of Canadian Heritage  
Aboriginal Peoples' Program  
15 Eddy Street, 8th Floor  
Gatineau, Québec K1A 0M5

**Tel:** 819-994-3835  
**Toll free:** 1-866-811-0055

**Email:** [PCH.autochtone-aboriginal.PCH@canada.ca](mailto:PCH.autochtone-aboriginal.PCH@canada.ca)

The objectives of the Aboriginal Peoples' Program (APP) are to:

- promote, revitalize and preserve Indigenous languages and cultures;
- strengthen Indigenous cultural identity; and,
- increase Indigenous participation in Canadian society.

The APP offers two funding components to eligible Indigenous organizations:

### **Aboriginal Languages Initiative**

The Aboriginal Languages Initiative (ALI) supports the preservation and revitalization of Indigenous languages through community-based projects and activities. Expected results of the ALI program include:

- giving Indigenous people access to community-based projects and activities that support the preservation and revitalization of Indigenous languages and cultures
- helping Indigenous communities in their efforts to enhance languages and cultures;
- preserving and enhancing Indigenous languages and cultures as living cultures.

### **Northern Aboriginal Broadcasting**

The Northern Aboriginal Broadcasting (NAB) component supports the production and distribution of Indigenous audio and video content. The objectives of the NAB are:

- to support the production of culturally-relevant Indigenous programming
- to facilitate establishment and maintenance of production facilities
- to ensure availability of a significant amount of radio and television programming
- to contribute to the protection and enhancement of Indigenous languages and cultures
- to provide venues to articulate issues of relevance to Indigenous audiences and communities

### **Aboriginal Single Window**

100 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1  
Office hours: Monday - Friday 8:30 a.m. - 4:30 p.m.

**Tel:** 204-984-1415  
**Fax:** 204-984-1424

The Aboriginal Single Window is a joint undertaking of the Government of Canada, the Province of Manitoba and the City of Winnipeg. It enables staff in various government departments, currently working with Aboriginal issues, to co-locate in a single office. The

## FEDERAL / PROVINCIAL GOVERNMENT

intention of this cooperative plan is to:

- provide a one-stop-shop to organizations that need access to government-funded Aboriginal programs
- make information about these programs easier to obtain
- foster co-operation and information-sharing between various government agencies and Aboriginal organizations

Services available include:

- pick up and drop off point for:
  - Social Insurance Number and Employment Insurance applications
  - information on: Old Age Security Benefits, Canada Pension Plan, Retirement Pension, Child Tax Benefit and Manitoba Housing
- consultation with available departments by appointment
- information on various programs
- free Internet access
- free use of telephones for client job searches

### Services Canada

**Toll free:** 1-800-622-6232

#### Winnipeg Centres:

Winnipeg Centre – Portage Place Mall, Floor Ground, Unit 122, 393 Portage Avenue

Passport Office – 433 Main Street, Suite 400

St. Boniface – 170 Goulet Street

St. Vital – 1001 St. Mary's Road

North-East – Rivergrove Shopping Centre, 2599 Main Street

South-West - 3393 Portage Avenue, Suite 140

#### Manitoba Centres:

Morris – 220 Main Street North -

Selkirk – 51 Main Street

Steinbach - 321 Main Street

St. Pierre-Jolys - 427 Sabourin Street

**Tel:** 204-785-6200 204-785-6222

**Tel:** 204-326-1371 204-326-1275

Regional Call Centre for Employment Insurance and Social Insurance numbers (Manitoba including Winnipeg):

**Tel:** 1-800-206-7218

### Indigenous and Northern Affairs Canada

Terrasses de la Chaudière

10 Wellington, North Tower

Ottawa, ON K1A 0H4

**Toll free:** 1-800-567-9604

**Email:** [InfoPubs@aadnc-aandc.gc.ca](mailto:InfoPubs@aadnc-aandc.gc.ca)

**Tel:** 613-992-1067

**Fax:** 1-866-817-3977

**Website:** <http://www.ainc-inac.gc.ca>

## FEDERAL / PROVINCIAL GOVERNMENT

### **Manitoba Region Office:**

Room 200, 365 Hargrave Street

Winnipeg, MB R3B 3A3

Website: <http://www.ainc-inac.gc.ca/mb>

**Tel:** 204-983-5910

**Fax:** 204-983-7820

**Status Cards and Registration:** In-person services for registration and Secure Certificate of Indian Status are now available at a temporary location in Winnipeg, by appointment only. For application forms or to get more information about registering for Indian Status or applying for a Secure Certificate of Indian Status, or if you require a temporary proof of a registration document, please call 1-800-567-9604 or visit the INAC Indian Status page.

**Estates:** For applications or for more information on estates, please call 1-800-567-9604 or visit the INAC website.

### **Indigenous Inclusion Directorate**

(Manitoba Education and Training)

510 Selkirk Avenue

Winnipeg, MB R2W 2M7

**Toll free:** 1-800-282-8069 ext 7886

**Website:** <http://www.edu.gov.mb.ca/abedu/index.html>

**Tel:** 204-945-7886

**Fax:** 204-948-2010

The Indigenous Inclusion Directorate provides leadership and coordination for departmental initiatives in Indigenous education and training. This includes:

- ensuring an integrated approach to Indigenous education and training
- promoting the removal of systemic barriers for Indigenous student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Indigenous education and training

## FRIENDSHIP CENTRES

### ***FRIENDSHIP CENTRES***

#### **National Association of Friendship Centres**

275 Maclaren Street  
Ottawa, ON K2P 0L9  
Email: [nafcgen@nafc.ca](mailto:nafcgen@nafc.ca)

**Tel:** 613-563-4844  
**Fax:** 613-594-3428  
**Website:** <http://nafc.ca>

#### **Manitoba Association of Friendship Centres**

102-150 Henry Avenue  
Winnipeg, MB R3B 0J7  
Email: [info@friendshipcentres.ca](mailto:info@friendshipcentres.ca)  
Website: <http://www.friendshipcentres.ca/>

**Tel:** 204-942-6299  
**Fax:** 204-942-6308

#### **Indian and Métis Friendship Centre of Winnipeg**

45 Robinson Street  
Winnipeg, MB R2W 5H5

**Tel:** 204-586-8441  
**Fax:** 204-582-8261

#### **Other Manitoba Friendship Centres**

Brandon Friendship Centre Inc.  
836 Loren Avenue **Tel:** 204-727-1407  
Brandon, MB R7A 0T8 **Fax:** 204-726-0902

Selkirk Friendship Centre  
425 Eveline Street **Tel:** 204-482-7525  
Selkirk, MB R1A 2J5 **Fax:** 204-785-8124

Dauphin Friendship Centre, Inc.  
210-1st Avenue NE **Tel:** 204-638-5707  
Dauphin, MB R7N 1A7 **Fax:** 204-638-4799

Elbert Chartrand Friendship Centre  
1413 Main Street **Tel:** 204-734-9301  
Swan River, MB R0L 1Z0  
**Fax:** 204-734-3090

Flin Flon Aboriginal Friendship Centre  
57 Church Street **Tel:** 204-687-3900  
Flin Flon, MB R8A 1M7 **Fax:** 204-687-5328

The Pas Friendship Centre, Inc.  
81 Edwards Street **Tel:** 204-623-6459  
P.O. Box 2638 **Fax:** 204-623-4268  
The Pas, MB R9A 1M3

Lynn Lake Friendship Centre, Inc.  
625 Gordon Street **Tel:** 204-356-2407  
Lynn Lake, MB R0B 0W0  
**Fax:** 204-356-8223

Ma-Mow-We-Tak Friendship Centre, Inc.  
4 Nelson Road **Tel:** 204-677-0996  
Thompson, MB R8N 0B4  
**Fax:** 204-677-3195

Portage la Prairie Friendship Centre, Inc.  
20 - Third Street N.E. **Tel:** 204-239-6333  
Portage la Prairie MB R1N 1N4  
**Fax:** 204-239-6534

(Thompson)  
4 Nelson Road **Tel:** 204-677-0996  
Thompson, MB R8N 0B4  
**Fax:** 204-677-0970

Riverton & District Friendship Centre  
53 Laura Avenue **Tel:** 204-378-2927  
P.O. Box 359 **Fax:** 204-378-5707  
Riverton, MB R0C 2R0

The Friendship Centres provide a focus for activities and services of interest and/or aid to Aboriginal people.

## CHILDREN AND YOUTH

### ***CHILDREN AND YOUTH***

#### **Victoria-Albert Day Care**

483 Bannatyne Avenue  
Winnipeg, MB R3A 0G2

**Tel:** 204-957-5995  
**Fax:** 204-942-8621

110 Ellen Street  
Winnipeg, MB R3A 1A1

**Tel:** 204-943-8576  
**Fax:** 204-942-8621

Victoria Albert Day Care, Inc. is a pre-school and school age day care for children in nursery to grade 6, funded by the Manitoba government. V.A.D.C. operates before school, during lunch and after school. During in-services and school holidays, it is open from 7 a.m. to 5:30 p.m. Parents send bag lunches for their children, which are supplemented with soup and milk. An after-school snack is also served at 3:30 p.m. Space and equipment are provided for a large variety of activities, as well as field trips, swimming, skating, videos and other activities suggested by the children.

#### **Abinotci Mino-Ayawin (Children's Healing)**

Rm. 215 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1

**Tel:** 204-925-3700  
**Fax:** 204-925-3709

The primary focus for the Abinotci Mino-Ayawin Program is the health care needs of young Aboriginal children age 0-6 and their families living in the inner city. The program is based on the traditional Aboriginal principles known as the Seven Sacred Teachings: sharing, caring, kindness, humility, trust, honesty and love. All exist within the Medicine Wheel or the Circle of Life.

Abinotci provides family and one-to-one support towards achieving a healthy, balanced environment through services such as sharing circles, native parenting programs, access to Elders and traditional healing, advocacy, and other community referrals. To contact Abinotci Mino-Ayawin, phone 204-925-3700 and ask to speak to a senior counsellor.

#### **Aboriginal Head Start Program**

Aboriginal Health and Wellness Centre of Winnipeg, Inc.  
215 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1

**Tel:** 204-925-3700  
**Fax:** 204-925-3709

The Aboriginal Head Start Program is designed to promote healthy development of Aboriginal children living in both urban and rural settings. It is controlled by local parents and caregivers. Its goals are:

- to foster the spiritual, emotional, intellectual and physical growth of each child
- to support the role of parents and guardians as the primary teachers and caregivers of their children
- to recognize and support the role of the extended family
- to ensure that the broader Aboriginal community participates in the planning,



## CHILDREN AND YOUTH

development and evaluation of the program

- to ensure that the program is coordinated with other community programs and services.

Children selected to participate in this program will be living in or around the core area, 3-5 years of age, and of Aboriginal ancestry. Children who are not enrolled in a formal day care setting will be given priority.

Times of operation are:

- 3-4 year-olds: Mon. - Thurs. morning 8:30 - 11 a.m.
- 4-5-year-olds: Tue. - Thurs. afternoons 1 - 3:30 p.m.

The children are picked up and returned home in a school bus. The children will receive a nutritious snack during their group time. **Note:** There is no charge for this program.

**Other Head Start Locations** (times of operation vary):

### **Ma Mawi Wi Chi Itata Centre**

Broadway Community Centre  
185 Young Street  
Winnipeg, MB R3C 1Y8

### **Andrews St. Family Centre/ Pritchard Place Drop-In**

220 Andrews Street  
Winnipeg, MB R2W 4T1

**Tel:** 204-589-1721  
**Fax:** 204-589-7354

This drop-in centre is open Monday through Friday, 3:30 to 9:30 p.m. and Saturday and Sunday 10 a.m. to 5 p.m. All youth ages six to 17 are welcome. The centre offers structured and unstructured programs, including Native arts and crafts. There are special events such as swimming, floor hockey, dances, pool tournaments, movie nights and other planned outside activities. It also houses an Aboriginal Head Start Program.

### **Youth Agencies Alliance (YAA)**

300-61 Juno Street  
Winnipeg, MB R3A 1T1

**Tel:** 204-982-4946  
**Fax:** 204-982-4950

**Website:** <http://www.youthagenciesalliance.com/>

#### **Values:**

##### Collaboration

YAA will build on our member's experience, knowledge and resources to increase capacity for collective action in order to speak with one voice on issues related to youth.

##### Relationships

YAA members commit to trusting each other's expertise and having open and ongoing communication with the goal to collaborate to better serve youth. YAA values that all decisions will be made by building consensus, therefore providing an equal voice to all members.

## CHILDREN AND YOUTH

### Best Practices

YAA supports training, research, sharing and learning to help stay well-informed of issues and trends related to youth. We value continuous learning by collaborating and partnering with a range of stakeholders (the public, funders, policy makers, community leaders, and community agencies) so that together we can have youth issues on the public agenda.

### Programs

YAA values the development and implementation of a wide range of safe, constructive, inclusive and meaningful programs. Through participating in programming, youth will have the opportunity to develop important life skills and develop a sense of belonging to their community.

## CHILD AND FAMILY SERVICES

### ***CHILD AND FAMILY SERVICES:***

#### **Child and Family All Nations Coordinated Response Network (ANCR)**

835 Portage Avenue  
Winnipeg, MB R3G 0N6

**Tel:** 204-944-4200  
**Fax:** 204-944-4050  
**Toll free:** 1-888-944-2627

ANCR is generally the first point of contact with the Child and Family Services system. ANCR seeks to bridge the gap and provide support and services to families and children to ensure the safety of children. ANCR is accessible round-the-clock to handle emergency and non-emergency calls.

#### **Winnipeg Child and Family Services**

404 - 1 Wesley Aveune  
Winnipeg, MB R3C 4C6

**Tel:** 204-944-4438  
**Fax:** 204-944-4395

**Website:** <http://www.gov.mb.ca/fs/org/csd/wcfs.html>

Winnipeg Child and Family Services provides comprehensive child protection and family support services in Winnipeg, in accordance with The Child and Family Services Act and The Adoption Act.

Winnipeg Child and Family Services:

- partners with community to provide supportive and preventive services to families
- provides protection services to children at risk of abuse and neglect
- develops and provides basic and specialized placement services to meet needs of children in care provides preservation and reunification services to families
- provides adoptive and post-adoptive services to children and families when reunification is no longer an option

#### **INTAKE SERVICES**

835 Portage Avenue  
Winnipeg, MB R3G 0N6

**Tel:** 204-944-4200  
**Toll free:** 1-888-834-9767  
**After Hours emergency:** 204-944-4050

Services are offered at 18 locations in six areas: Central, Eastman, Interlake, Northern, Parkland, and Westman

**Website:** <http://www.gov.mb.ca/fs/locations/ruralnorthern.html>

#### **Central**

Morden 290 North Railway R6M 1S7  
Portage la Prairie 25-3<sup>rd</sup> Street R1N 1N1

**Tel:** 204-822-2861  
**Tel:** 204-857-8751  
**Toll free:** 1-888-339-3576  
**Tel:** 204-331-5040

Winkler 204 Main Street R6W 2P9

## CHILD AND FAMILY SERVICES

### Eastman

Beausejour 20 - 1st Street S R0E 0C0

**Tel:** 204-268-6228

**Toll free:** 1-866-576-8546

Pine Falls 26 Pine Street R0E 1M0

**Tel:** 204-367-6120

Ste. Anne Unit A 30 Dawson Road R5H 1B5

**Tel:** 204-422-7020

St Pierre 427 rue Sabourin R0A 1V0

**Tel:** 204-433-3340

Steinbach 242-323 Main Street. R5G 1Z2

**Tel:** 204-346-6390

**Toll free:** 1-866-682-9782

### Interlake

Selkirk 101 - 446 Main Street R1A 1V7

**Tel:** 204-785-5106

Gimli 120 - 6th Avenue R0C 1B0

**Tel:** 204-642-6051

Stonewall 589 - 3rd Street R0C 2Z0

**Tel:** 204-467-4420

### Northern

Churchill 162 La Verendrye Avenue R0B 0E0

**Tel:** 204-675-8380

Thompson 59 Elizabeth Drive R8N 1X4

**Tel:** 204-677-6570

**Toll free:** 1-866-677-6713

Flin Flon 102-143 Main Street R8A 1K2

**Tel:** 204-687-1700

The Pas 79-3<sup>rd</sup> Street West R9A 1M4

**Tel:** 204-627-8311

### Parkland

Dauphin RM 309-27 Avenue SW R7N 3E5

**Tel:** 204-622-2035

**Toll free:** 1-888-335-3494

Swan River 201 - 4th Avenue S R0L 1Z0

**Tel:** 204-734-3491

**Toll free:** 1-888-269-6498

### Westman

Brandon 340 - 9th Street R7A 6C2

**Tel:** 204-726-6173

### Knowles Centre, Inc.

2065 Henderson Highway

**Tel:** 204-339-1951

Winnipeg, MB R2G 1P7

**Fax:** 204-334-4173

**Email:** [info@knowlescentere.org](mailto:info@knowlescentere.org)

Knowles Centre Inc. is a community-based, non-profit social services agency for children, adolescents and young adults facing difficult times in their lives. It offers a range of therapeutic and skills-based programs that help young people to address past struggles, to develop healthier relationships and ways of life, and to reach their full potential in the future. Programs include group care treatment, treatment foster care, independent living, day treatment and sexual abuse treatment programs, plus a range of support services. Each program has its own admission procedures.

#### Knowles Centre – Group Care Treatment Program:

Knowles Centre provides group care treatment for youth ages 12-17 years of age facing challenges in their lives that cannot be adequately addressed in their home, foster home or regular group home placement. The program has two on-site and two community-based

## CHILD AND FAMILY SERVICES

treatment units, each offering space for up to six youth. Youth are cared for by experienced youth care workers, and they regularly meet with a clinical therapist. Additional treatment services are arranged as required.

Knowles Centre clients attend River East Transcona School Division's John G. Stewart School, located on Knowles Centre's grounds. Clients have access to organized recreation, culinary arts training and the Biimautaziinwin program, which focuses on traditional, cultural and spiritual well-being. Knowles Centre is a registered, non-profit, charitable organization and is governed by an elected board of directors. Knowles Centre is accredited by the Council on Accreditation. Clients are referred by a CFS worker through the Provincial Placement Desk or directly from a federal agency.

### **Manitoba Adolescent Treatment Centre (MATC)**

120 Tecumseh Street  
Winnipeg, MB R3E 2A9  
CENTRALIZED INTAKE:  
**Website:** [www.matc.ca](http://www.matc.ca)

**Tel:** 204-477-6391  
**Fax:** 204-783-8948  
**Tel:** 204-958-9660

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. MATC strives to be sensitive, responsive and innovative in meeting the changing needs of children, adolescents, families and communities.

Anyone can make a referral to MATC through the Centralized Intake office. This includes any young person, parents, family members or professionals who work with the young person. If you are not sure whether MATC is the best place for you or someone you know, you are welcome to phone and discuss this with us. The intake worker will ask for other information over the phone to help you determine which service best meets your needs.

Centralized Intake and MATC do not offer emergency services. Any young person at immediate risk of self-harming or harming others should be directed to:  
MOBILE CRISIS TEAM: 204-949-4777 or EMERGENCY 911

### **Ma Mawi Wi Chi Itata Centre, Inc.**

Administration Site  
350 – 200 Alpine Way  
Winnipeg, MB R4H 0B7  
**Email:** [info@mamawi.com](mailto:info@mamawi.com)

**Tel:** 204-925-0300  
**Fax:** 204-946-5042  
**Toll free:** 1-888-962-6294

### **Community Meeting Space**

445 King Street Winnipeg, MB R2W 4V5

### **Community Care Sites:**

363 McGregor Street  
Winnipeg, MB R2W 4X4

**Tel:** 204-925-0330

## CHILD AND FAMILY SERVICES

318 Anderson Avenue  
Winnipeg, MB R2W 1E5

**Tel:** 204-925-0349

443 Spence Street  
Winnipeg, MB R3B 2R8

**Tel:** 204-925-0348

The Ma Mawi Wi Chi Itata Centre (Ma Mawi) was given birth in the fall of 1984 by committed community members who sought an Aboriginal solution to supporting and rebuilding families. Since that time, the organization has grown to provide a variety of supports and programming to accomplish these results.

All of Ma Mawi's programs and services are aimed at empowering individuals and families to better care for themselves and each other. With the guidance of our community, we continually seek to provide services that are relevant and meet the needs of the families we serve.

### **Types of services Ma Mawi offers:**

- Youth Services:  
Sons and Daughters of the Rising Sun, Four Directions Pow Wow Club, Aboriginal Scouts, Traditional Teachings and Ceremonies, Solvent Abuse Prevention, Positive Adolescent Sexuality Support, Young Fathers Program, Home-Based Crisis Intervention and Strong Directions - Youth Leadership Development
- Community Care Centres:  
Referrals, Short Term Emergency Services, Community Drop In, Home Maker Services, Parenting Groups, Volunteer Program, Youth Anger Management, Healthy Relationships for Men, Women and Youth Groups, Journey to Healthy Lifestyles, Literacy
- Children in Care:  
Widening the Circle Neighbourhood Based Care, Ozosunon Nest Program, Circle of Care Short-Term Residential Care, Honouring the Spirit of Our Little Sisters Community-Based Safe House for Adolescent Females
- Child Development:  
Licensed Early Years (12 weeks to 2 years of age) Day Care
- Community Training & Learning:  
Team Building Workshop, Leadership Training, Capacity Building Workshop, PATH planning tool (planning alternative tomorrows with hope), Mediation, Aboriginal Culture, Women's, Men's and Couples Retreats, Spirit of Peace

### **Ndinawemaaganag Endaawaad (Our Relative's House)**

**Tel:** 204-586-2588

**Fax:** 204-589-4086

**Ndinawe** offers a safe, nurturing home for male and female youth ages 11-17. If you have no place to go or you are at risk of experiencing serious physical, emotional or spiritual harm, or if you are vulnerable to sexual exploitation, call us at 204-586-2588. Open seven days a week.

## CHILD AND FAMILY SERVICES

### **Youth Resource Centre**

472 Selkirk Avenue  
Winnipeg MB R2W 2M7

**Tel:** 204-589-5545  
**Fax:** 204-589-4086

Operated by Ndinawemaaganag Endaawaad, the Youth Resource Centre offers community based resource programming to youth ages 11-25.

- **Main Services:**  
Culture Club, Drum group, Art Club, Cooking Club, Tutoring Club, Employment Services, Food Distribution, Clothing Exchange, Sports programming, Volunteer Opportunities, Parent Support Program, Youth Drop In.
- **Secondary Services:**  
Help support youth who are living independently or with family to find safe long term housing, and provide training necessary to promote youth independence and sustainability in the community.
- **Skill development:**  
Resume writing, food preparation, parenting, tutoring, etc.

Referral process: self referral, family referral and other services providers.

### **New Directions** for Children, Adult and Families

500-717 Portage Avenue  
Winnipeg, MB R3G 0M8

**Tel:** 204-786-7051  
**Fax:** 204-774-6468

### **Opikihiwawin**

(New Directions)  
500 - 717 Portage Avenue  
Winnipeg, MB R3B 2E4

**Tel:** 204-786-7051  
**Fax:** 204-774-6468

Opikihiwawin's aim is to provide support, education and nurturing resources to cross-cultural families that have adopted or are giving care to Aboriginal children, primarily within a 60 mile radius of Winnipeg. The co-ordinator is available for one-to-one counselling with parents and children, and will give leadership in the field of appropriate cultural and recreational activities for Aboriginal children, whether adopted or in foster care. Parent support groups meet in the Winnipeg area. Opikihiwawin is sponsored by New Directions. For more information, contact the program manager.

### **Project Neecheewam, Inc.**

605 Wall Street  
Winnipeg, MB R3G 2T5

**Tel:** 204-775-9240  
**Fax:** 204-774-4970

Project Neecheewam, Inc. is a professionally staffed community based organization designed to meet unique and individual needs of youth requiring care through crisis intervention and residential care. Project Neecheewam, Inc. currently operates four residential facilities in Winnipeg for youth who have experienced severe family, personal and societal difficulties. These are:

## CHILD AND FAMILY SERVICES

- Greenwood Place "Anderson House" (male)
- St. Matthews Home "Oshinik-Ikwe Okanin" (female)
- Crisis Stabilization Unit (male)
- Golden Eagle (co-ed Interim short term residency)

### **Rossbrook House**

658 Ross Avenue (at Sherbrook)

Winnipeg, MB R3M 0M1

**Email:** [mail@rossbrookhouse.ca](mailto:mail@rossbrookhouse.ca)

**Tel:** 204-949-4090

**Fax:** 204-949-4095

**Website:** [www.rossbrookhouse.ca](http://www.rossbrookhouse.ca)

The original and main purpose of this drop-in centre for children and youth ages 4-24 is to offer constructive diversion and keep young people off the streets. It offers recreational, cultural and employment programs. The majority of staff are local Aboriginal youth. Three educational programs are operated in conjunction with Winnipeg School Division No. 1:

- 'Wi Wabigooni', Elementary, affiliated with Victoria Albert School
- 'Eagles' Circles', Junior High, affiliated with Hugh John MacDonald School
- 'Rising Sun' affiliated with Gordon Bell High School

Rossbrook House is open from 8 a.m. to midnight Monday to Thursday and Sunday; 24 hours Friday, and Saturday (and Sunday, if Monday is a holiday). During Christmas, spring and summer school breaks, the house is open 24 hours.

### **Wahbung Abinoonjiiag**

225 Dufferin Avenue

Winnipeg, MB R2W 5N7

**Email:** [admin@wahbung.org](mailto:admin@wahbung.org) and [women@wahbung.org](mailto:women@wahbung.org)

**Tel:** 204-925-4610

**Fax:** 204-582-9508

Wahbung Abinoonjiiag is a non-profit program that provides services to children 0-6 years of age and their families, who have experienced various forms of victimization. The program provides support, education, and culturally appropriate programming to children and parents who have been exposed or witness to family violence. The organization believes that, in order for our community to heal from family violence, all members of a family should have access to services that will assist in the family's healing journey.

### **FIRST NATIONS MANDATED AGENCIES**

Mission Statement:

To have a jointly coordinated child and family services system that recognizes the distinct rights and authorities of First Nations and Metis peoples and the general population to control and deliver their own child and family services province-wide. Those services will be community-based and reflect and incorporate the cultures of First Nations, Metis and the general population respectively.

### **First Nations of Southern Manitoba Child and Family Services Authority**

100 – 696 Portage Avenue

Winnipeg, MB R3G 0M6

**Website:** <http://www.aji-cwi.mb.ca/eng/firstnationssouthcfs.html>

**Toll free:** 1-800-665-5762

**Tel:** 204-783-9190

**Fax:** 204-783-7996



## CHILD AND FAMILY SERVICES

### **First Nations of Southern Manitoba Agencies**

#### **Anishinaabe Child and Family Services**

General Delivery

Fairford, MB R0C 0X0

**Website:** [www.anishcfs.org](http://www.anishcfs.org)

**Tel:** 204-659-4546

**Fax:** 204-659-5877

Anishinaabe West serves band members of Lake St. Martin, Dauphin River, Fairford, Lake Manitoba and Little Saskatchewan.

#### **Winnipeg Office:**

56 – 1313 Border Street R3C 1K4

**Tel:** 204-942-0788

**Fax:** 204-957-1734

#### **Dakota-Ojibway Child and Family Services**

702 Douglas Street

Brandon, MB R7A 7B2

**Toll free:** 1-800-263 6237

**Tel:** 204-729-3650

**Fax:** 204-728-1806

Dakota-Ojibway Child and Family Services provides services to eight reserves: Dakota Plains, Long Plain, Roseau River, Sioux Valley, Swan Lake, and Birdtail Sioux.

#### **Winnipeg Office:**

1150 Fife Street R2X 2Z6

**Tel:** 204-988-9230

**Fax:** 204-947-5179

#### **Intertribal Child and Family Services**

Box 358

Koostatak, MB R0C 1S0

**Toll free:** 1-866-573-4467

**Tel:** 204-645-2744

**Fax:** 204-645-3065

Services the reserves of Fisher River, Dakota Tipi and Kinonjeoshtegon (formally Jackhead)

#### **Winnipeg Office:**

Unit 19 - 399 Berry Street R3J 1N9

**Tel:** 204-949-0855

**Fax:** 204-949-1180

**Toll free:** 1-866-573-4460

#### **Peguis Child and Family Services**

P.O. Box 610

Peguis First Nation

Peguis, MB R0C 3J0

**Tel:** 204-645-2049

**Fax:** 204-645-2558

**Toll free:** 1-877-777-2049

Peguis Child and Family Services serves the Peguis First Nation.

#### **Winnipeg Office:**

6 - 350 Keewatin Street R2X 2R9

**Tel:** 204-632-5404

**Fax:** 204-632-7226

## CHILD AND FAMILY SERVICES

### **Sagkeeng Child and Family Services**

P.O. Box 700  
Pine Falls, MB R0E 1M0

**Tel:** 204-367-2215  
**Fax:** 204-367-8510

Serves Sagkeeng First Nation.

### **Winnipeg Office:**

1948 Main Street R2V 2B4

**Tel:** 204-949-1649  
**Fax:** 204-949-1669

### **Southeast Child and Family Services**

4th Floor, 360 Broadway Avenue  
Winnipeg, MB R3C 0T6

**Tel:** 204-947-0011  
**Fax:** 204-947- 0009

Southeast Child and Family Services serves nine reserves: Poplar River, Berens River, Bloodvein, Pauingassi, Little Grand Rapids, Hollow Water, Little Black River, and Brokenhead.

### **Winnipeg Office:**

2<sup>nd</sup> Floor – 1410 Mountain Avenue  
Winnipeg, MB R2X 3C4

**Tel:** 204-594-0494  
**Fax:** 204-594-0499

### **West Region Child and Family Services**

Box 280,  
Erickson, MB R0J 0P0

**Tel:** 204-636-6100  
**Fax:** 204-636-6158

Services are available to Ebb and Flow, Rolling River, Keeseekoowewin, Valley River, Pine Creek, Crane River, Waywayseecappo, Gamblers Reserves, Brandon and Skownan.

### **Winnipeg Office:**

255 Sherbrook Street R3C 2B8

**Tel:** 204-985-4050  
**Fax:** 204-985-7079

### **First Nations of Northern Manitoba Child and Family Services Authority**

#### **Head Office:**

PO Box 10460  
Opaskwayak, MB R0B 2J0

**Tel:** 204-623-4472  
**Fax:** 204-623-4517

**Website:** [www.northernauthority.ca](http://www.northernauthority.ca)

#### **Winnipeg Office:**

2<sup>nd</sup> floor – 383 Provencher Blvd  
Winnipeg, MB R2H 0G8

**Tel:** 204-942-1842  
**Fax:** 204-942-1858

The First Nations of Northern Manitoba Child and Family Services Authority is committed to the well-being of First Nations children, families and communities and to respecting First Nation people's traditions and cultures. Supporting and empowering First Nation child and family services agencies in northern Manitoba to enhance and enrich family life.

## CHILD AND FAMILY SERVICES

### First Nations of Northern Manitoba Agencies

#### Awasis Agency of Northern Manitoba

100-701 Thompson Drive  
Thompson, MB R8N 2A2

**Tel:** 204-677-1500  
**Toll free:** 1-800-667- 4734  
**Fax:** 204-778-8428

Awasis serves communities in Northern Manitoba, including: War Lake, God's Lake, Split Lake, Northlands, Barren Lands, Oxford House, York Landing, Fox Lake, God's River and Shamattawa.

#### Winnipeg Office:

201 - 274 Smith Street R3C 1K1

**Tel:** 204-987-9480  
**Fax:** 204-987-9489

#### Cree Nation Child and Family Caring Agency

P.O. Box 10130  
Opaskwayak, MB R0B 2J0  
**Email:** [concerns@cree-nation.ca](mailto:concerns@cree-nation.ca)

**Tel:** 204-623-7456  
**Fax:** 204-623-3847

Cree Nation serves seven communities in Northern Manitoba: Chemawawin, Mathias Colomb, Misipawistik, Wuskwi Sipihk, Marcel Colomb, Mosakahiken and Sapotaweyak.

#### Winnipeg Office:

Unit 14 – 1313 Boarder Street R3H 0X4

**Tel:** 204-954-3100  
**Toll free** 1-866-665-1763  
**Fax:** 204-954-3090

#### Island Lake First Nations Family Services

General Delivery  
Garden Hill, MB R0B 0T0

**Tel:** 204-456 2015  
**Toll free:** 1-888-242-0605  
**Fax:** 204-456-2641

Island Lake serves: Garden Hill, St. Theresa Point, Red Sucker Lake and Wasagamack.

#### Winnipeg Office:

103-1821 Wellington Avenue R3H 0G4

**Tel:** 204-987-9444  
**Fax:** 204-943-4604

#### Kinosao Sipi Minisowin Agency

P.O. Box 640  
Norway House, MB R0B 1B0

**Tel:** 204-359-4551  
**Fax:** 204-359-6013

Kinosao serves Norway House.

#### Winnipeg Office:

585 Century Street R3H 0W1

**Tel:** 204-772-8957  
**Fax:** 204-774-6632

## CHILD AND FAMILY SERVICES

### **Nisichawayasihk Cree Nation Family and Community Services**

P.O. Box 451  
Nelson House, MB R0B 1A0

**Tel:** 204- 484-2341  
**Fax:** 204-484-2351

Nisichawayasihk Cree Nation serves Nelson House.

### **Winnipeg Office:**

1450 Wellington Avenue R3E 0K5

**Tel:** (204) 784-8160  
**Toll free:** 1-855-609-6592

### **Metis Child and Family Services Authority**

Metis Child, Family & Community Services  
204 – 150 Henry Avenue  
Winnipeg, MB R3B 0J7

**Tel:** 204-949-0220  
**Fax:** 204-984-9487  
**Toll free:** 1-855-779-1277

## SUPPORT SERVICES

### ***SUPPORT SERVICES***

#### **Behavioural Health Foundation, Inc.**

35 De la Digue, Box 250  
St. Norbert, MB R3V 1L6

**Email:** [info@bhf.ca](mailto:info@bhf.ca)

**Tel:** 204-269-3430

**Fax:** 204-269-8049

The Behavioural Health Foundation Inc. is accredited by the Commission of Rehabilitation Facilities (CARF). It provides long-term residential programming for men, women and family units that are experiencing a variety of problems that almost always including addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

**Men's, Women's and Family Addiction Treatment Services:** These services include:

- group, family and individual counselling
- addictions counselling
- Parent Effectiveness Training courses
- 24-space child daycare
- advocacy on behalf of residents
- cultural programming on an on-going basis provided by the co-ordinator of Aboriginal services
- court and provincial corrections' services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- interviews and assessments at provincial correctional institutions, Corrections (Federal)
- community residential centre for parolees
- employment training
- job placement
- education classrooms for Kindergarten to Grade 12

**Kirkos House Youth Services:** Kirkos House is a provincially-licensed treatment facility that houses up to 16 adolescent females. Kirkos House is also accredited by CARF. The facility provides:

- group, family and individual counselling
- addictions counselling
- education classes to Grade 12
- assertiveness training and conflict resolution sessions
- access to structured work activities
- outreach and gradual movement to the community and/or an Extended Treatment Program.

**Other Support Services** such as on-site child care services are available to allow parents maximum program involvement. A physician is under contract for weekly visits or as required, and the facility employs a full-time clinical therapist.

## SUPPORT SERVICES

### **Aboriginal Seniors Resource Centre Inc. (ASRC)**

45 Robinson Street  
Winnipeg, MB R2W 5H5  
**Email:** [admin@asrcwpg.ca](mailto:admin@asrcwpg.ca)

**Tel:** 204-586-4595  
**Fax:** 204-586-3283  
**Website:** <http://asrcwpg.ca/>

The ASRC is an autonomous non-profit corporation established to provide a holistic approach to promote the respect and well-being of Aboriginal seniors in Winnipeg. ASRC works to increase access to information, resources and supports that directly improve the health and well-being of Aboriginal seniors in Winnipeg. This is accomplished through:

- providing opportunities for active involvement within the community as a means of achieving physical, emotional, mental and spiritual balance
- outreach support and referrals to other Aboriginal organizations
- providing opportunities for Aboriginal seniors to pass on traditional values and historical knowledge to younger generations

### **Circle of Life Thunderbird House**

715 Main Street  
Winnipeg, MB R3B 3N7  
**Email:** [info@thunderbirdhouse.com](mailto:info@thunderbirdhouse.com)  
**Website:** <http://www.thunderbirdhouse.com>

**Tel:** 204-940-4240  
**Fax:** 204-940-4243

Circle of Life Thunderbird House, located at the corner of Main Street and Higgins Avenue, is a spiritual and community gathering place that highlights Indigenous cultural values, traditions and history. Designed by internationally renowned architect Douglas Cardinal, the facility reflects the influence and wisdom of the Aboriginal community. More than just a landmark building, The Circle of Life Thunderbird House is a place where community can share their culture and sense of spirituality with the rest of Winnipeg. It is a unique concept which recognizes the urban community's impact on the area—a delicate balance of economic, social and cultural concerns. It is a place for exploring the ways of Indigenous community's past and present, and where we can truly claim ownership and pride.

Being a space primarily meant to host ceremonies, Circle of Life Thunderbird House tries its best to accommodate all ceremonial requests from the community. They also rent space for organizational meetings, community events and programming.

### **Community Financial Counselling Services, Inc. (CFCS)**

516 – 294 Portage Avenue  
Winnipeg, MB R3C 0B9

**Tel:** 204-989-1900  
**Fax:** 204-989-1908  
**Toll free:** 1-888-573-2383

CFCS is a not-for-profit United Way Member Agency, and an accredited member of Credit Counselling Canada. CFCS offers credit and financial counselling that includes debt solutions and options, budgeting and spending plans, detailed assessments of your financial situation and consumer education/information.

## SUPPORT SERVICES

### **Eyaa-Keen Healing Centre Inc.**

547 Notre Dame Avenue  
Winnipeg, MB R3B 1S2  
**Toll free:** 1-877-423-4648  
**Website:** [www.eyaa-keen.org](http://www.eyaa-keen.org)

**Tel:** 204-783-2976  
**Fax:** 204-284-7292  
**Email:** [contact@eyaa-keen.org](mailto:contact@eyaa-keen.org)

The goal of Eyaa-Keen Healing Centre Inc. is to help people recognize and overcome their inner obstacles and give them the healing tools they need to lead productive, healthy lives. Individuals can choose to work with an Indigenous Behavioural Health Specialist, an Elder or a Traditional Healer to work through a series of sessions which take an Indigenous Traditional based therapeutic approach and gradually progress through active healing, learning and developing life-affirming practices.

### **Ikwe-Widdjiitiwin, Inc. (Women Helping One Another)**

P.O. Box 1056  
Winnipeg, MB R3C 2X4  
**Toll free Crisis Line:** 1-800-362-3344  
**TDD Line:** 1-800-561-6178

**Tel:** 204-987-2780  
**Fax:** 204-987-2822  
**Provincial Crisis Line:** 1-877-977-0007

Ikwe-Widdjiitiwin provides emergency shelter for women and children who are victims of violence. Shelter counsellors are on duty twenty-four hours per day seven days per week to provide services, understanding and information on local services available. If service is required, please phone the shelter for the address. Services are available in most First Nations languages.

### **Ka Ni Kanichihk, Inc.**

455 McDermot Avenue  
Winnipeg, MB R3A 0B5  
**Email:** [admin@kanikanichihk.ca](mailto:admin@kanikanichihk.ca)

**Tel:** 204-953-5820  
**Fax:** 204-953-5824  
**Website:** [www.kanikanichihk.ca](http://www.kanikanichihk.ca)

Ka Ni Kanichihk Inc. (Cree for those who lead) is a registered, non-profit, community-based Aboriginal human services organization formed in 2001. Ka Ni Kanichihk's mission is to provide a comprehensive range of culturally-appropriate programs and services to meet the unique needs of Winnipeg's rapidly expanding Aboriginal community. The organization is committed to developing Aboriginal leadership, responding to issues that are both transformative and rooted in the restoration and reclamation of a positive and powerful cultural identity.

Since its inception, it has focused on issues of concern to women in the Aboriginal community. For example, one of its programs - Iskwewak Leadership Development - provides women who have been directly and/or inter-generationally affected by residential schools with a range of culturally-based and woman-centred educational and healing services.

## SUPPORT SERVICES

### **Manitoba Aboriginal Sport and Recreation Council, Inc.**

105 - 145 Pacific Avenue  
Winnipeg, MB R3C 4M2

**Email:** [Melvin.magpantay@sportmanitoba.ca](mailto:Melvin.magpantay@sportmanitoba.ca)

**Tel:** 204-925-5737

**Fax:** 204-925-5716

**Website:** [www.masrc.com](http://www.masrc.com)

The council's vision is to empower Manitoba's Aboriginal community to grow physically, spiritually and culturally through sport and recreation. Its Mission is to strengthen Aboriginal participation in positive healthy lifestyles.

### **Manitoba Moon Voices, Inc.**

2-715 Main Street  
Winnipeg, MB R3B 3N7

**Email:** [admin@manitobamoonvoicesinc.ca](mailto:admin@manitobamoonvoicesinc.ca)

**Tel:** 204-942-1828

**Fax:** 204-615-5300

**Toll free:** 1-855-893-0166

Manitoba Moon Voices is a non-profit organization supporting leadership and advancement by and for Aboriginal women in Manitoba. The organization focuses on building stronger connections among Indigenous women and their communities, organizations and allies across Manitoba to support women's collaborative voice and empower each other. Manitoba Moon Voices shares and promotes knowledge and resources through positive actions and self-determination, while incorporating ancestral practices with Indigenous women everywhere.

### **Native Women's Association of Canada (NWAC)**

#### **Head Office:**

155 International Road Unit #2  
Akwesasne, ON K6H 5R7

**Toll free:** 1-800-461-4043

#### **Satellite Office:**

1 Nicholas Street, 9th Floor  
Ottawa, ON K1N 7B7

**Email:** [reception@nwac.ca](mailto:reception@nwac.ca)

**Tel:** 613-722-3033

**Fax:** 613-722-7687

**Toll free:** 1-800-461-4043

The Native Women's Association of Canada (NWAC) is a national Aboriginal organization. NWAC was founded with the collective goal to enhance, promote and foster the social, economic, cultural and political well-being of Aboriginal women in urban, rural, Metis and First Nation communities in Canada. NWAC is structured to represent the views of various native women, organizations and leaders in areas such as the Indian Act, the constitution, health, family violence, AIDS, Aboriginal rights, child welfare and justice issues.

### **Native Women's Transition Centre Inc.**

105 Aikins Street  
Winnipeg, MB R2W 4E6

**Email:** [rswnwt1@nwtc.ca](mailto:rswnwt1@nwtc.ca)

**Tel:** 204-989-8240

**Fax:** 204-586-1101

**Intake:** 204-998-8244 or 204-989-8251

A safe home for Aboriginal women (and their children) who are in the process of changing their current life situation. The centre is a place where there is support and access to



## SUPPORT SERVICES

resources to enable growth and develop skills in becoming more self-determining persons. The centre offers a first or second stage program, which is a one year residency.

### **Neeginan Centre**

103 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1  
**Email:** [events@abcentre.org](mailto:events@abcentre.org)

**Tel:** 204-989-6395  
**Fax:** 204-989-7137

Neeginan Centre is a non-profit corporation formed to own and manage the historic former Canadian Pacific Railway station in Winnipeg. It is a service centre where Aboriginal people can come for a variety of essential services. Its goal is to provide social, educational and entrepreneurial growth for the Aboriginal people of Winnipeg.

### **North End Women's Centre, Inc.**

394 Selkirk Avenue  
Winnipeg, MB R2W 2M2  
**Email:** [info@newcentre.org](mailto:info@newcentre.org)

**Tel:** 204-589-7347  
**Fax:** 204-586-9476

The centre is open on a drop-in basis for women to socialize, use the phone or have a coffee. Programs include the "Up Shoppe" (for Women, Children and Men), which offers clothing articles at a very low price (free of charge to women in need on the basis of a referral). Up Shoppe is open Monday to Thursday 9 a.m. to 4:30 p.m. and Friday 9 a.m. – 4 p.m.

The North End Women's Centre offers various counselling programs during the year, including:

- individual counselling
- healthy anger
- parenting program group
- grief and loss group
- healthy relationships group

There are also information sessions and numerous workshops available throughout the year, including addictions recovery and housing support programs.

The centre's hours are:

- Mon. - Thurs. 8:30 a.m. - 4:30 p.m.
- Fri. 8:30 a.m. - 4 p.m.

### **Resource Assistance for Youth (RaY)**

Resource Centre:  
125 Sherbrook Street  
Winnipeg, MB R3C 2B5  
**Email:** [info@rayinc.ca](mailto:info@rayinc.ca)  
**Website:** [www.rayinc.ca](http://www.rayinc.ca)

**Tel:** 204-783-6617  
**Fax:** 204-775-4988  
**Outreach:** 204-391-2209

## SUPPORT SERVICES

RaY's Drop-in operates six days a week, and on Monday and Wednesday evenings. Drop-in is easily accessible for all youth and provides them with a safe, comfortable, supportive place to access all of RaY's services, make appointments, and receive one-on-one supports or simply a reprieve from the street.

A hot, nutritious meal is prepared and served by kitchen training program participants at 1 p.m. each day.

### **Location: 125 Sherbrook Street**

Monday – Friday hours: 1 – 3 p.m.

Monday and Wednesday hours: 5:30 – 8:45 p.m.

Saturday hours: noon – 4 p.m.

RaY' is non-judgemental and non-partisan, employing a harm reduction approach to all interactions with youth in need. Their mission is to provide youth with what they need, on their terms, to better their lives. They provide access to basic needs, housing support, employment and training programs, health and wellness, mental health or addictions support, workshops and street outreach.

## **Salvation Army**

### **Local Corps**

#### **BRANDON**

9 Princess Avenue E  
Brandon, MB R7A 1R8

**Tel:** 204-727-6271  
**Fax:** 204-727-1752

#### **DAUPHIN**

38 2nd Avenue NE  
Dauphin, MB R7N 2V4

**Tel:** 204-638-3764  
**Fax:** 204-638-3636

#### **FLIN FLON**

3 Hemlock Drive  
Flin Flon, MB R8A 1N1

**Tel:** 204-687-7812  
**Fax:** 204-687-5314

#### **PORTAGE LA PRAIRIE**

220 Duke Avenue  
Portage la Prairie, MB R1N 0S6

**Tel:** 204-239-7213  
**Fax:** 204-857-4672

#### **THOMPSON**

305 Thompson Drive  
Thompson, MB R8N 1M9

**Tel:** 204-677-3658  
**Fax:** 204-677-5283

#### **WINNIPEG**

##### **Addictions, Rehabilitation Camp, Shelter Services**

Winnipeg Booth Centre  
180 Henry Avenue  
Winnipeg, MB R3B 0J8

**Tel:** 204-946-9400  
**Fax:** 204-943-8898

**Website:** <http://www.wpgboothcentre.ca/>

- Anchorage Rehabilitation Program

## SUPPORT SERVICES

- Men's/Women's Residential Services
- Winnipeg Haven Residential Facility

### **Community Camp, Family Services**

Winnipeg Community & Family Services  
324 Logan Avenue  
Winnipeg, MB R3A 0L5

**Tel:** 204-946-9490

### **Corrections and Justice Services**

Winnipeg Correctional & Justice Services  
2nd Floor – 324 Logan Avenue  
Winnipeg, MB R3A 0L5

**Tel:** 204-949-2100

**Fax:** 204-949-2110

### **Community Venture Program**

#### **Head Office:**

1350 Church Avenue  
Winnipeg, MB R2X 1G4

**Tel:** 204-942-1161

**Fax:** 204-946-5347

**Email:** [office@communityventure.mb.ca](mailto:office@communityventure.mb.ca)

**Website:** <http://www.communityventure.mb.ca/>

The Community Venture Program is an adult developmental day program serving individuals with special needs and abilities, enhancing their quality of life by providing spiritual, educational, social, vocational and recreational activities.

### **Multicultural Family Centre**

51 Morrow Avenue  
Winnipeg, MB R2M 1A5

**Tel:** 204-946-9152

**Fax:** 204-946-9154

### **Neighbours Helping Neighbours**

2nd Floor – 324 Logan Avenue  
Winnipeg, MB R3A 0L5

**Tel:** 204-949-2106

**Fax:** 204-949-2110

### **Computer assisted Literacy**

**Tel:** 204-946-9117

This program seeks to improve literacy skills in all areas for adults in the community and in Salvation Army programs, using classroom and computer assisted teaching.

### **Moms 'N Tots**

**Tel:** 204-946-9152

Moms 'N Tots is a weekly getaway for mom and child offering support and friendship. Informational/assistance is offered in parenting, health, vocational and personal issues.

### **Work Readiness and Placement (WKRP)**

**Tel:** 204-946-9141

WKRP is a thirteen-week program designed to improve the employability of social services recipients.

## SUPPORT SERVICES

### **Mental Health Services Haven**

**Tel:** 204-946-9404

Haven offers 24-hour care to males living with a mental illness. This includes a life skills program, activities and group work.

### **Residential Services**

180 Henry Avenue  
Winnipeg, MB R3B 0J8

**Tel:** 204-946-9400

This program provides separate overnight accommodation for adult men and women 18 years and over with short term stays available. Mothers accompanied by dependent children can be accommodated.

### **Shelters on Reserves**

**First Nation Healing Centre**  
Koostatak, MB R0C 1S0

**Tel:** 204-645-2750  
**Fax:** 204-645-2546

**Mamawihetowin Crisis Centre**  
Pukatawagan, MB R0B 1G0

**Tel:** 204-553-2198  
**Fax:** 204-553-2302

**Women's Crisis Centre**  
Shamattawa, MB R0B 1K0

**Tel:** 204-565-2548  
**Fax:** 204-565-2544

### **Southern First Nations Network of Care**

Swan Lake First Nation  
200 – 200 Alpine Way  
Headingley, MB R4H 1C8

**Tel:** 204-783-9190  
**Fax:** 204-783-7996  
**Toll free:** 1-800-665-5762

**Email:** [reception@southernnetwork.org](mailto:reception@southernnetwork.org)

**Website:** <http://www.southernnetwork.org>

The Southern First Nations Network of Care designs and manages Southern First Nation Child and Family Services program delivery. It also sets culturally-appropriate standards within provincial policies and funds Southern First Nation CFS agencies.

Southern First Nations CFS agencies include:

- Animikii Ozoson
- Anishinaabe Child and Family Services
- Dakota Ojibway Child and Family Services
- Intertribal Child and Family Services
- Peguis Child and Family Services
- Sagkeeng Child and Family Services
- Sandy Bay Child and Family Services
- Southeast Child and Family Services
- West Region Child and Family Services

## SUPPORT SERVICES

The Repatriation Program helps those who have been affected by the 60's scoop adoptions to find and locate birth family and community.

### **Union Gospel Mission**

#### **Family Life Centre**

240 Pritchard Avenue  
Winnipeg, MB R2W 2J1

**Tel:** 204-586-7790  
**Fax:** 1-888-867-6914

#### **Faith Learning Centre (Adult Ed)**

220 Pritchard Avenue  
Winnipeg, MB R2W 2J1

**Tel:** 204-586-1416  
**Fax:** 1-888-449-6820

The Family Life Centre and Faith Learning Centre offer:

- after school programs and camps for children
- women's fellowship meetings
- sponsorship of children to Faith Academy (Kindergarten to – Grade12)
- fully accredited adult education, art, computers and literacy programs
- clothing for women and children

### **Willow Place Inc.**

P.O. Box 1786  
Winnipeg, MB R3T 2Z9

**Tel:** 204-615-0313 ext. 0  
**Fax:** 204-615-1077

**24-hour Crisis Line:** 204-615-0311 or 1-877-977-0007

Willow Place is a family violence agency supporting transformation, healing and healthy relationships. It was incorporated in April 2015, maintaining Manitoba's long standing tradition of providing services for women and their children who have experienced family violence.

They provide:

- 24-hour crisis line
- emergency shelter in Winnipeg for women and their children leaving family violence situations
- one to one and group counselling
- follow-up services
- advocacy and links to community supports
- outreach and prevention services

### **Winnipeg Aboriginal Sport and Recreation Association**

100 Sinclair Street

**Tel:** 204-589-2772

## SUPPORT SERVICES

Winnipeg, MB R2X 1X1

**Fax:** 204-586-2772

**E-Mail:** [wasac@wasac.ca](mailto:wasac@wasac.ca)

WASRA provides recreation and leadership opportunities for Indigenous youth across the Province of Manitoba.

## ADDICTIONS AND RELATED SERVICES

### ***ADDICTIONS AND RELATED SERVICES***

#### **AA Alcoholics Anonymous - Manitoba**

##### **Central Office**

1856 Portage Avenue  
Winnipeg, MB R3J 0G9

**Tel:** 204-942-0126

**Fax:** 204-957-5024

**Email:** [AACBO@mts.net](mailto:AACBO@mts.net)

Self-help groups for persons suffering from alcoholism.

#### **Addictions Foundation of Manitoba**

##### **Head Office**

1031 Portage Avenue  
Winnipeg, MB R3G 0R8

**Website:** <http://www.afm.mb.ca>

**Tel:** 204-944-6200

**Fax:** 204-786-7768

**Toll free:** 1-866-638-2561

AFM is a Crown agency that is committed to being a foundation of excellence in providing addictions services and supporting healthy behaviors. AFM employs over 400 staff and provides a wide range of addictions services to Manitobans through 28 locations across the province.

At least one in five Canadians experience problems with alcohol, drugs or gambling during their lifetime. Many more are affected by someone they care about experiencing these struggles. People of all ages and backgrounds experience these issues – and make positive changes with the help of AFM.

#### **Main Street Project**

75 Martha Street  
Winnipeg, MB R3B 1A4

**Tel:** 204-982-8260

**Fax:** 204-982-8266

The Main Street Project (MSP) assists individuals who are in need as a result of poverty, addiction, mental or physical illness, injury, abuse or homelessness. Services include:

- crisis intervention and referral
- emergency shelter
- detoxification programs
- street patrols
- community outreach
- the Mainstay residence (a short-term transitional housing program)

MSP works toward helping individuals break the cycles of addiction and poverty and offers support for those willing to take steps toward a healthier, more independent lifestyle.

## ADDICTIONS AND RELATED SERVICES

### **Native Addictions Council of Manitoba**

160 Salter Street  
Winnipeg, MB R2W 4K1  
**Email:** [info@nacm.ca](mailto:info@nacm.ca)

**Tel:** 204-586-8395  
**Fax:** 204-589-3921

The Native Addictions Council works with other agencies and offers the following services:

- assistance, counselling and referral for First People regarding alcohol abuse
- prevention and education on addictions
- an out-patient centre and group counselling;
- management of Pritchard House, an in-patient 20 bed facility for the treatment of addictions (see the following detailed description).

### **Pritchard House**

160 Salter Street  
Winnipeg, MB R2W 4K1

**Tel:** 204-586-8395  
**Fax:** 204-589-3921

Pritchard House operates in the same premises as the Native Addictions Council of Manitoba. This twenty-bed facility offers a rehabilitation program for Aboriginal people and has an all-Aboriginal staff.

### **Union Gospel Mission**

320 Princess Street  
P.O. Box 1073  
Winnipeg, MB R3C 2X4

**Tel:** 204-943-9904  
**Fax:** 204-942-7425

The Union Gospel Mission offers a Bible-based addictions recovery program for men. This is a long-term resident program with a Christian perspective that provides help for alcohol and chemical dependency.



## MEDICAL SERVICES

### ***MEDICAL SERVICES***

#### **Winnipeg Regional Health Authority Indigenous Health**

Patient services: 1-877-940-8880

General information: 204-940-8881

**Email:** [indigenoushealth@wrha.mb.ca](mailto:indigenoushealth@wrha.mb.ca)

**Website:** <http://www.wrha.mb.ca/indigenoushealth/>

GH215 Health Sciences  
Centre  
820 Sherbrook Street  
Winnipeg, MB R3A 1R9

D2001 St. Boniface  
Hospital  
409 Tache Avenue  
Winnipeg, MB R2H 2A6

3A52 Seven Oaks  
General Hospital  
2300 McPhillips Street  
Winnipeg, MB R2V 3M3

WRHA Indigenous Health builds capacity within the Winnipeg health region to support the holistic needs of First Nations, Metis, and Inuit people.

WRHA Indigenous Health works with Regional programs and facilities in helping identify, develop and implement culturally safe environments, practices and services. WRHA Indigenous Health also provides a range of services for staff, community members, patients and patients' families through its Patient Services, Workforce Development and Cultural Initiatives programs.

- **Indigenous Language Interpretation**  
Interpreter Resource Workers provide Indigenous language interpretation in Cree, Ojibway, and Oji-Cree languages to support with full or partial language barrier patients. Interpreters have training in medical terminology and function as members of the health-care team. Services are available Monday to Friday 8:30 a.m. to 11 p.m.
- **Resource Coordination**  
Interpreter Resource Workers also support Indigenous patients by helping them navigate the health-care system and connect with additional support services and organizations. This work begins with an assessment that identifies gaps in care, transportation and discharge needs. Services are available Monday to Friday 8:30 a.m. to 11 p.m.
- **Patient Advocacy**  
Regional Indigenous Patient Advocates work on behalf of patients both in hospital and in the community to support their needs and rights. The advocate also partners with Assembly of Manitoba Chiefs Patient Advocacy Unit to make sure individuals who live outside of Winnipeg have support.
- **Discharge Planning**  
Regional Discharge Planning Coordinators work as part of your health-care team to plan patient discharges. This is to make sure that everyone involved (community, government, health facilities, etc.) have a plan for you or your family member as they leave hospital. This may involve planning health care in the home community, transportation, housing and medical equipment.

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- **Spiritual & Cultural Care**  
Spiritual/Cultural Care Providers can perform ceremonies and provide support for patients and their families. Many hospitals host smudges and other ceremonies.
- **Traditional Wellness Clinic** is open to everyone and offers support using a traditional healing approach. The clinic is located at Health Sciences Centre and is open two days each month. Appointments can be made by calling 1-877-940-8880.

### **Amdocs**

77 Main Street

Winnipeg, MB R3C 2R1

**Website:** <http://www.amdocshealth.com/>

**Tel:** 204-934-1421

Amdocs is a part of The Northwest Company that provides physician services to select First Nations Communities.

### **Winnipeg Hospitals:**

#### **Concordia Hospital**

1095 Concordia Avenue

Winnipeg, MB R2K 3S8

**Tel:** 204-667-1560

#### **Riverview Health Centre**

1 Morley Avenue

Winnipeg, MB R3L 2P4

**Tel:** 204-452-3411

#### **Grace General Hospital**

300 Booth Drive

Winnipeg, MB R3J 3M7

**Tel:** 204-837-0111

#### **Seven Oaks General Hospital**

2300 Mc Phillips Street

Winnipeg, MB R2V 3M3

**Tel:** 204-632-3203

#### **Health Sciences Centre General Hospital**

820 Sherbrook Street

Winnipeg, MB R3A 1R9

**Tel:** 204-774-6511

#### **St Boniface General Hospital**

409 Tache Avenue

Winnipeg, MB R2H 2A6

**Tel:** 204-233-8563

#### **Misericordia Health Centre**

99 Cornish Avenue

Winnipeg, MB R3C 1A2

**Tel:** 204-774-6581

#### **Victoria General Hospital**

2340 Pembina Hwy

Winnipeg, MB R3T 2E8

**Tel:** 204-269-3570

### **Some Community Based Clinics in Winnipeg:**

#### **Aboriginal Health and Wellness Centre of Winnipeg, Inc.**

Room 215 - 181 Higgins Avenue

Winnipeg, MB R3B 3G1

**Email:** [reception@ahwc.ca](mailto:reception@ahwc.ca)

**Tel:** 204-925-3700

**Fax:** 204-925-3709

The Aboriginal Health and Wellness Centre of Winnipeg, Inc. is a community based and culturally based centre that provides holistic services to the Aboriginal community of Winnipeg. The AH&WC's philosophy is rooted in traditional Aboriginal culture. A healthy

## MEDICAL SERVICES

person is one who achieves and maintains balance among four elements: body, mind, spirit and emotions. The Aboriginal Health and Wellness Centre offers healing services and resources from both traditional and Western practices. The Aboriginal Health and Wellness Centre is a primary health care facility funded by WRHA (Winnipeg Regional Health Authority). Its hours of operation are:

- Physicians and Nurses: Monday - Friday 8:30 a.m. - 4:30 p.m.
- Traditional Healer/Elder: varies throughout the month
- Please call 204-925-3700 for more information and appointments

The **Aboriginal Health and Wellness Centre** offers many programs including: Head Start, Fetal Alcohol Syndrome/Effects Education Program, Abinotci Mino-Ayawin (children's healing), a Men's Healing Wellness Program, Women's Healing Program, and an Indian Residential School-Alternative Dispute Resolution Program.

### WRHA Population & Public Health Centres

Community Area Teams provide services related to:

- Healthy Parenting and Early Childhood Development
- Healthy Children and Youth
- Nutrition Promotion
- Communicable Disease Prevention and Management
- Immunization
- and others

#### **Downtown Community Office**

2-640 Main Street  
Winnipeg, MB. R3B 0L8  
**Tel:** 204-940-1626

#### **St. Vital Community Office**

6-845 Dakota Street  
Winnipeg, MB R2M 5M3  
**Tel:** 204-940-2045

#### **Point Douglas Community Health Centre**

601 Aikins Street  
Winnipeg, MB R2W 4J5  
**Tel:** 204-940-2025

#### **ACCESS NorWest**

2013-785 Keewatin Street  
Winnipeg, MB R2X 3B9  
**Tel:** 204-938-5900

#### **ACCESS River East**

975 Henderson Highway  
Winnipeg, MB R2K 4L7  
**Tel:** 204-938-5000

#### **ACCESS Winnipeg West**

280 Booth Drive (beside Grace Hospital)  
Winnipeg, MB. R3J 3R7  
**Tel:** 204-940-2040

#### **River Heights Health & Social Services Centre**

2<sup>nd</sup> Floor, 1001 Corydon Avenue  
Winnipeg, MB R3M 0B6  
**Tel:** 204-938-5144

#### **ACCESS Transcona**

845 Regent Avenue West  
Winnipeg, MB R2C 3A9  
**Tel:** 204-938-5555

## MEDICAL SERVICES

### **ACCESS Fort Garry**

135 Plaza Drive  
Winnipeg, MB R3T 6E8  
**Tel:** 204-940-7091

### **ACCESS St. Boniface**

4-170 Goulet Street  
Winnipeg, MB R2H 0R7  
**Tel:** 204-940-2035

### **Hope Centre Health Care, Inc.**

240 Powers Street  
Winnipeg, MB R2W 5L1  
**Email:** [hopece@mymts.net](mailto:hopece@mymts.net)

### **Seven Oaks Health & Social Services Centre**

Unit 3 - 1050 Leila Avenue  
Winnipeg, MB R2P 1W6  
**Tel:** 204-938-5600

**Tel:** 204-589-8354  
**Fax:** 204-586-4260

Hope Center Health Care Inc. is a charitable organization that began in 1982. Hope Centre Health Care Inc. is designed to be a place for people to find hope for spiritual, emotional, physical and social healing. Counselling and community outreach services include:

- individual, couple, family and group counselling
- crisis counselling
- support and advocacy
- group programs
- information
- special events and workshops
- home visits and referrals
- general medical care (by appointment only)
- sexually transmitted disease testing and treatment
- pregnancy tests, prenatal care and birth control
- pap tests (cervical cancer screening)
- diabetic management and education
- foot care
- emergency food
- shoe closet
- community garden
- public computers and Internet access

The Centre is open Monday, Tuesday, Thursday and Friday from 9 a.m. to 5 p.m. and Wednesdays from 10 a.m. to 5 p.m. Please note they are closed daily from 12 p.m. to 1 p.m. for lunch.

### **Klinic Community Health Centre**

870 Portage Avenue  
Winnipeg, MB R3G 0P1  
**Email:** [klinic@klinic.mb.ca](mailto:klinic@klinic.mb.ca)

**Tel:** 204-784-4090

**Website:** <http://www.klinic.mb.ca>

## MEDICAL SERVICES

Klinik is a non-profit, community based health and social services centre located in the core area of Winnipeg. It provides medical and community services to the surrounding community, as well as providing specialized crisis, sexual assault, family abuse counselling services and public education and training for the greater Winnipeg community and occasionally for those persons in rural and northern areas of the province.

Klinik promotes health and quality of life for all. It helps people make choices about their own health in a context which is culturally sensitive and supportive of personal and community development. It also seeks to address the special needs of our neighbourhoods and helps communities organize on issues of concern; and it looks to its community for direction.

Specific services include:

- medical appointments, Teen Klinik, information: 204-784-4090
- community services outreach: 204-784-4020
- 24-hour crisis/suicide line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- deaf access line TTY crisis / suicide / sexual assault crisis line: 204-784-4097
- crisis counselling intake: 204-784-4059
- sexual assault counselling appointments: 204-784-4049
- domestic abuse counselling (Evolve) intake line: 204-784-4208
- public education and training: 204-784-4066
- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

Drop-in counselling is available in the following communities:

### **Central/Downtown**

#### **Klinik on Broadway**

545 Broadway  
Winnipeg, MB R3C 0W3

**Tel:** 204-784-4204

Mondays & Wednesdays noon – 7 p.m. Fridays & Saturdays noon – 4 p.m.

#### **Transcona/River East/Elmwood**

400A – 1615 Regent Avenue West  
Winnipeg, MB R2C 5C6

**Tel:** 204-784-4067

**Email:** [dropin@klinik.mb.ca](mailto:dropin@klinik.mb.ca)

## MEDICAL SERVICES

### **Mount Carmel Clinic**

886 Main Street  
Winnipeg, MB R2W 5L4

**Tel:** 204-582-2311  
**Fax:** 204-582-1341

People are at the heart of Mount Carmel Clinic - Canada's first community health centre designed to meet the needs of both individuals and families. The Clinic offers a broad range of medical, nursing, diagnostic, pharmaceutical, dental, social and outreach services, cross-cultural counselling, teen clinic and community education services. All services are offered using a respectful, non-judgmental and collaborative approach to working together for a healthy community. A children's day hospital and Anne Ross Day Nursery offer childcare, special needs programming and family support.

The Clinic is open:

- Monday to Friday 8:45 a.m. to 5 p.m.
- Tuesday and Thursday evenings to 8 p.m.
- Saturday open from noon to 4 p.m. for Teen Clinic only
- Anne Ross Day Nursery 7:30 a.m. to 5:30 p.m.

### **First Nations Health and Social Secretariat of Manitoba**

#### **Head Office:**

472 Madison Street  
Winnipeg, MB R3J 1J1

**Tel:** 204-942-9400  
**Fax:** 204-946-9768

#### **Sub-Office:**

Suite 1700 – 275 Portage Avenue  
Winnipeg, MB R3B 2B3

**Tel:** 204-946-9735  
**Fax:** 204-946-9768

To continue the advancement of eHealth and Information & Communication Technology (ICT) services that support health care delivery in order to have better health outcomes for Manitoba First Nations (MFNs), as per the MFNs eHealth Long Term Strategy (eHLTS).

### **Nine Circles Community Health Service**

705 Broadway  
Winnipeg, MB R3G 0X2  
**Toll free:** 1-888-305-8647

**Tel:** 204-940-6001  
**Fax:** 204-940-6003  
**STI line:** 204-945-2437

Nine Circles offers a peer outreach program aimed at HIV-hepatitis C prevention, and services for Aboriginal people with HIV. Staff includes an Elder who conducts Healing Circles.

### **Inkster Public Health**

103 - 61 Tyndall Avenue  
Winnipeg, MB R2X 2T4

**Tel:** 204-940-2020

## MEDICAL SERVICES

### **Point Douglas Community Clinic**

872 Main Street  
Winnipeg, MB R2W 3P1

**Tel:** 204-942-3506

### **Sagkeeng Mino Pimatziwin Family Treatment Centre Inc.**

Box 84  
Fort Alexander, MB R0E 0P0

**Tel:** 204-367-2172

**Fax:** 204-367-2324

**Website:** <http://www.sagkeengfamilytreatment.ca/>

**Toll free:** 1-866-329-0736

### **Selkirk Mental Health Centre (SMHC)**

Aboriginal Services and Spiritual Health Care Program

PO Box 9600  
825 Manitoba Avenue  
Selkirk, MB R1A 2B5

**Toll free:** 1-800-881-3073

**Tel:** 204-482-3810

**Fax:** 204-785-8936

**Email:** [smhc@gov.mb.ca](mailto:smhc@gov.mb.ca)

**Website:** [www.gov.mb.ca/health/smhc](http://www.gov.mb.ca/health/smhc)

SMHC is a 252-bed facility that provides specialized in-patient mental health and acquired brain injury treatment and rehabilitation services to residents of Manitoba whose challenging needs cannot be met elsewhere in the provincial health care system. SMHC also provides mental health services to people from the Territory of Nunavut without locally available in-patient mental health facilities. Services are provided through five specialized patient programs:

- acute
- geriatric
- rehabilitation
- forensic
- acquired brain injury

SMHC's Aboriginal Services and Spiritual Health Care Program provides Aboriginal (First Nation, Metis or Inuit) patients with access to culturally appropriate programs and services to support them in meaningful ways during their stay and to lessen the feelings of isolation from their home communities. The program also aims to reduce stigma and myths by educating patients and staff about the Aboriginal culture and the impact of residential schools. Services include:

- providing individualized supports and social interactions with patients
- assisting in cultural recreational/vocational and educational activities and programs
- assisting individuals and groups understand the traditional culture, social and spiritual relevance of activities and events
- translation services in some languages
- spiritual guidance provided by Elders, to support and assist patients in their well-being and recovery journey

## MEDICAL SERVICES

- cultural teachings
- awareness training for patients and staff
- sweat lodge ceremonies
- smudging
- other traditional, spiritual ceremonies as requested

### **The Northern Connection Medical Centre (NMC)**

425 Elgin Avenue

**Tel:** 204-940-8777

Winnipeg, MB R3A 1P2

NMC provides primary care and other medical services for northern and remote residents who are temporarily in Winnipeg, while at the same time helping train medical residents to become family physicians who will work in northern and remote locations.

### **Turtle Island Medical Clinic**

870 Main Street

**Tel:** 204-586-8816

Winnipeg, MB R2W 3P1

### **Women's Health Clinic**

419 Graham Avenue, Unit A

**Tel:** 204-947-1517

Winnipeg, MB R3C 0M3

**Fax:** 204-943-3844

**TTY:** 204-956-0385

**Email:** [ressec@womenshealthclinic.org](mailto:ressec@womenshealthclinic.org)

**Website:** <http://www.womenshealthclinic.org>

Started in 1981, Women's Health Clinic is a feminist, community based health centre offering a range of services to women from teens to elders. Our holistic approach emphasizes prevention, education and action. We encourage women to learn all they can about what contributes to their health and well-being, so they can make informed choices.

Women's Health Clinic offers:

- health and wellness services, which are women-centred, non-judgmental and fully confidential
- advocacy and research on issues of concern to women's health
- health education to community and professional groups
- resources and information
- training and experience for volunteers and students

The clinic helps bring together agencies and individuals for education and action on issues such as birthing and midwifery, new reproductive and genetic technologies and health reform. The clinic serves as the Manitoba base for the newly formed Canadian Women's Health Network and is a partner in the Prairie Women's Health Centre of Excellence.



## MEDICAL SERVICES

### Women's Health Clinic Hours of Operation:

- Monday, Tuesday, Wednesday & Saturday 9 a.m. - 8 p.m.
- Thursday 9 a.m. - 9 p.m.
- Friday 9 a.m. - 4:30 p.m.
- Teen Clinic Thursday 3 p.m. - 8 p.m.

### **Youville Centre**

33 Marion Street  
Winnipeg, MB R2H 0S8

**Tel:** 204-233-0262  
**Fax:** 204-233-1520

6 - 845 Dakota Street  
Winnipeg, MB R2M 5M3

**Tel:** 204-255-4840  
**Fax:** 204-255-4903

Youville Centre in St. Vital is a community based accessible health resource centre. There is a diverse mix of services, some available in both official languages, ranging from health care and wellness education, to counselling and support. The staff of qualified, dedicated health care professionals includes:

- community health nurses
- clinical nurse specialists
- a nurse practitioner
- diabetes educators
- dietitians
- mental health counsellors
- a part-time physician (for Teen Clinic only)

The Youville Centre's Diabetes Education Resource Team assists clients with diabetes and their families with the necessary education and support to help them be more responsible in the overall management of diabetes.

### **Arrangements for Medical Service:**

#### **Medical Services - Referral Unit**

300 - 391 York Avenue  
Winnipeg, MB R3C 4W1

**Tel:** 204-983-4199  
**Fax:** 204-983-6018

This service provides transportation, escorts, accommodation, medical appointments for reserve patients. The service is in daily contact with reserve nursing stations and also offers a 24-hour answering service. This service is for treaty Indians on reserves outside of Winnipeg.

## MEDICAL SERVICES

### Services to Other Regions

220 - 189 Evanson Street  
Winnipeg, MB R3G 0N9  
After hours: **Tel:** 204-945-8911

**Tel:** 204-945-5535  
**Tel:** 204-945-6599  
**Fax:** 204-940-2636

Services include transportation, escorts, accommodation and appointments for clients outside of Winnipeg who are receiving Employment and Income Assistance.

### Manitoba Health Emergency Service

Unit 7 - 1680 Ellice Avenue  
Winnipeg, MB R3H 0Z2  
**Email:** [emergserv@gov.mb.ca](mailto:emergserv@gov.mb.ca)

**Tel:** 204-945-5300  
**Fax:** 204-948-2531

### Northern Patients' Transportation Program

This program provides transportation for patients and escorts from regions north of the 53rd parallel. Those regions include:

Regional Transportation Officer **Tel:** 1-800-290-1098  
c/o Thompson General Hospital Thompson, MB R8N 0C0

Serving: Brochet, Cross Lake, Garden Hill, Gillam, God's Lake, God's River, Granville Lake, Ilford, Island Lake, Lac Brochet, Leaf Rapids, Lynn Lake, Nelson House, Oxford House, Piwitonei, Red Sucker Lake, Shamattawa, South Indian Lake, Split Lake, St. Theresa Point, Tadoule Lake, Thicket Portage, Thompson, Wabowden, Wasagamack and York Landing

### Northeast Region

Regional Transportation Officer **Tel:** 204-367-4441  
c/o Pine Falls Health Complex Box 2000 Pine Falls, MB R0E 1M0

Serving: Beren's River, Big Black River, Bissett, Bloodvein, Little Grand Rapids, Long Body Creek, Loon Straits, Manigotogan, Pauingassi, Pine Falls, Poplar River, Princess Harbour and Wanipigow

### Norman Region

This region has two offices:

#### Churchill

Regional Transportation Officer  
c/o Churchill Health Care  
Churchill, MB R0B 0E0  
**Tel:** 204-675-8881

#### The Pas

Regional Transportation Officer  
c/o The Pas Health Complex  
P.O. Box 240  
The Pas, MB R9A 0A5  
**Tel:** 204-623-6431

Serving: Cormorant, Easterville, Grand Rapids, Moose Lake, Pukatawagan, The Pas and Wanless

## MEDICAL SERVICES

### **Flin Flon Region**

Regional Transportation Officer c/o Flin Flon General Hospital  
Box 340 **Tel:** 204-687-9638  
Flin Flon, MB R8A 1N2

Serving: Cranberry Portage, Sherridon, Snow Lake and Flin Flon

### **Patient Information Services - Winnipeg Hospitals**

|                                       |                          |
|---------------------------------------|--------------------------|
| St. Boniface Hospital                 | <b>Tel:</b> 204-237-2193 |
| Health Sciences Centre                |                          |
| Children's Hospital (24-hour service) | <b>Tel:</b> 204-787-2595 |
| Adult Hospitals (24-hour service)     | <b>Tel:</b> 204-787-3661 |
| Seven Oaks Hospital                   | <b>Tel:</b> 204-632-3224 |
| Grace Hospital                        | <b>Tel:</b> 204-837-0111 |
| Victoria Hospital                     | <b>Tel:</b> 204-269-3570 |
| Misericordia Hospital                 | <b>Tel:</b> 204-788-8364 |

### **Hospital pastoral care services - Winnipeg hospitals**

|                        |                          |
|------------------------|--------------------------|
| St. Boniface Hospital  | <b>Tel:</b> 204-237-2356 |
| Health Sciences Centre | <b>Tel:</b> 204-787-3884 |
| Seven Oaks Hospital    | <b>Tel:</b> 204-632-3596 |
| Grace Hospital         | <b>Tel:</b> 204-837-0105 |
| Victoria Hospital      | <b>Tel:</b> 204-477-3216 |
| Misericordia Hospital  | <b>Tel:</b> 204-788-8283 |

### **Specialized Medical Services**

Detoxification Centre, **Tel:** 204-982-8240  
75 Martha Street  
Winnipeg, MB R3B 1A4

### **Specialized Services for Children and Youth (SSCY)**

1155 Notre Dame Avenue **Tel:** 204-452-4311  
Winnipeg, MB R3E 3G1 **Fax:** 204-258-6799  
**Website:** <http://sscy.ca/>

The SSCY is an alliance of families, community agencies, regional health authorities, and government that provides specialized community based services for children and youth with disabilities and special needs to support them in reaching their full potential. SSCY services are delivered in a coordinated, integrated, family centred manner by bringing stakeholders together to provide expertise in service delivery, research, education and technology serving the Province of Manitoba and surrounding areas. Some programs offered through SSCY include:

- augmented communication
- audiology
- child development clinic
- Manitoba FASD Centre
- specialty medical clinics

## MEDICAL SERVICES

- physiotherapy
- occupational therapy
- prosthetics and orthotics
- respite
- speech language pathology services
- family resource centre

### **Other Medical Services:**

#### **Centre for Aboriginal Health Research (CAHR)**

Suite 715, 7th floor  
Buhler Research Centre  
715 McDermot Avenue  
Winnipeg, MB R3E 3P4

**Tel:** 204-789-3250

**Fax:** 204-975-7783

**Email:** [cahr@mb.umanitoba.ca](mailto:cahr@mb.umanitoba.ca)

Website: [http://www.umanitoba.ca/centres/centre\\_aboriginal\\_health\\_research/](http://www.umanitoba.ca/centres/centre_aboriginal_health_research/)

The CAHR is a joint initiative of the Assembly of Manitoba Chiefs, the Faculty of Medicine at the University of Manitoba, and the Foundations for Health. The CAHR was established through a generous contribution from the Assembly of Manitoba Chiefs to the fundraising campaign of the Foundations for Health for the construction of the Buhler Centre for Health Research. Development of the CAHR was also facilitated by a research infrastructure grant awarded to the University of Manitoba by the Canadian Foundation for Innovation and the Manitoba Innovation Fund. Operating funds have been awarded by the Canadian Institutes for Health Research and the Social Science and Humanities Research Council.

The CAHR will initiate, coordinate and support research activities designed to assist First Nations and Aboriginal communities and organizations in their efforts to promote healing, wellness and improved health services in their communities. The research program will integrate scientific and traditional Aboriginal approaches to produce new knowledge about health care in First Nations and Aboriginal communities.

#### **Dakota Ojibway Health Services**

4820 Portage Avenue  
Winnipeg, MB R4H 1C8

**Tel:** 204-988-5391

**Fax:** 204-947-5179

This service provides technical and advisory services to the eight member nations in the Dakota Ojibway Tribal Council.

#### **Dial-A-Life Housing, Inc.**

100-130 Watson Street  
Winnipeg, MB R2P 1Y4

**Tel:** 204-694-9170

**Fax:** 204-632-5963

This housing program provides suitable and affordable housing for medically displaced persons and their families of Aboriginal ancestry. It will be home to Aboriginal patients who have reached end stage renal disease and have to relocate to Winnipeg for dialysis. Dial-A-Life provides a good home environment for those having to leave the reserve and adjust to city living.

## MEDICAL SERVICES

### **Faculty of Medicine - J.A. Hildes Northern Medical Unit**

University of Manitoba  
T162 - 770 Bannatyne Avenue  
Winnipeg, MB R3E 0W3  
**Email:** [jah\\_nmu@umanitoba.ca](mailto:jah_nmu@umanitoba.ca)

**Tel:** 204-789-3711  
**Fax:** 204-774-8919

The J. A. Hildes Northern Medical Unit was established as a University of Manitoba outreach program to First Nations and Inuit communities. Founded on a triad of clinical service, education and research, it is in its fourth decade of commitment to enhancing the health and well-being of Canadian Aboriginal peoples. Additionally, as a member unit of the Department of Community Health Sciences, it enriches the Faculty of Medicine in its advocacy role for and with Indigenous peoples throughout Manitoba and Nunavut.

### **First Nations and Inuit Health Branch (Health Canada)**

300 - 391 York Avenue  
Winnipeg, MB R3C 4W1

**Tel:** 204-983-4199  
**Fax:** 204-983-6018

#### **North Zone Office:**

Suite 202 - 83, Churchill Drive  
Thompson, MB R8N 0L6

**Tel:** 204-677-6980  
**Fax:** 204-677-7007

#### **About First Nations and Inuit Health Branch:**

First Nations and Inuit Health Branch supports the delivery of public health and health promotion services on-reserve and in Inuit communities. It also provides drug, dental and ancillary health services to First Nations and Inuit people, regardless of residence. The Branch also provides primary care services on-reserve in remote and isolated areas, where there are no provincial services readily available.

### **Nursing Stations and Hospitals**

#### **Hospitals (Health Canada):**

**Norway House Indian Hospital**  
Norway House, MB R0B 1B0

**Tel:** 204-359-6731  
**Fax:** 204-359-6599

**Percy E. Moore Hospital**  
Box 190  
Hodgson, MB R0C 1N0

**Tel:** 204-372-8444  
**Fax:** 204-372-6991

#### **Manitoba Health - Provincial Nursing Station Unit**

2nd Floor - 300 Carlton Street  
Winnipeg, MB R3B 3M9

**Tel:** 204-788-6685 / 204-788-6664  
**Fax:** 204-948-2366

The Provincial Nursing Station Unit manages the operation of nursing stations at Easterville / Chemawawin Cree Nation, Grand Rapids / Grand Rapids First Nation, and Moose Lake /

## MEDICAL SERVICES

Mosakahiken Cree Nation. These stations provide emergency, primary and public health nursing services to the communities they serve. The unit also participates in planning the transfer of the nursing stations to local community health authorities.

### **Grand Rapids First Nation**

Box 53  
Grand Rapids, MB R0C 1E0

**Tel:** 204-639-2215  
**Fax:** 204-639-2448

### **Chemawawin Cree Nation**

Box 122  
Easterville, MB R0C 0V0

**Tel:** 204-329-2212  
**Fax:** 204-329-2337

### **Mosakahiken Cree Nation**

General Delivery  
Moose Lake, MB R0B 0X0

**Tel:** 204-678-2252  
**Fax:** 204-678-2343

### **Nursing Stations and Health Centres (Health Canada) :**

Adam Hardisty  
P.O. Box 2567  
Wanipigow, MB R0E 2E0  
**Tel:** 204-363-7364  
**Fax:** 204-363-7201

Brokenhead Health Centre  
Scanterbury, MB  
R0E 1W0  
**Tel:** 204-766-2740  
**Fax:** 204-766-2634

Fort Alexander Health  
P.O. Box 70  
Pine Falls, MB R0E 1M0  
**Tel:** 204-367-2209  
**Fax:** 204-367-4587

Berens River Nursing  
Station  
Berens River, MB  
R0B 0A0  
**Tel:** 204-382-2265  
**Fax:** 204-382-2005

Cross Lake Nursing  
Station  
Cross Lake, MB R0B 0J0  
**Tel:** 204-676-2011  
**Fax:** 204-676-3179

Gambler Health Office  
Box 250  
Binscarth, MB R0J 0G0  
**Tel:** 204-532-2192  
**Fax:** 204-532-2359

Birdtail Sioux Health Office  
P.O. Box 131  
Beulah, MB R0H 0B0  
**Tel:** 204-568-4545  
**Fax:** 204-568-4615

Ebb & Flow Health Centre  
Ebb & Flow, MB R0L 0R0  
**Tel:** 204-448-2665  
**Fax:** 204-448-2404

Garden Hill Nursing  
Station  
Island Lake, MB R0B 0T0  
**Tel:** 204-456-2343  
**Fax:** 204-456-2866

Bloodvein Nursing Station  
Bloodvein, MB R0C 0J0  
**Tel:** 204-395-2161  
**Fax:** 204-395-2087

Fairford Health Centre  
General Delivery  
Fairford, MB R0C 0X0  
**Tel:** 204-659-5786  
**Fax:** 204-659-5841

God's Lake Narrows  
Nursing Station  
God's Lake Narrows, MB  
R0B 0M0  
**Tel:** 204-335-2557  
**Fax:** 204-335-2043

Brochet Nursing Station  
Brochet, MB R0B 0B0  
**Tel:** 204-323-2120  
**Fax:** 204-323-2650

Fisher River Health Centre  
Box 362  
Koostatak, MB R0C 1S0  
**Tel:** 204-645-2689  
**Fax:** 204-645-2461

God's River Nursing  
Station  
God's River, MB R0B 0N0  
**Tel:** 204-366-2355  
**Fax:** 204-366-2474

## MEDICAL SERVICES

Jackhead Health Centre  
P.O. Box 359  
Hodgson, MB R0C 1N0  
**Tel:** 204-394-2370  
**Fax:** 204-394-2194

Lac Brochet Nursing  
Station  
Lac Brochet, MB R0B 2E0  
**Tel:** 204-337-2161  
**Fax:** 204-337-2143

Lake St. Martin Health  
Centre  
P.O. Box 69  
Gypsumville, MB R0C 1J0  
**Tel:** 204-659-2090  
**Fax:** 204-659-5486

Little Grand Rapids  
Nursing Station  
Little Grand Rapids, MB  
R0B 0V0  
**Tel:** 204-397-2115  
**Fax:** 204-397-2016

Lake Manitoba Health  
Centre  
Vogar, MB R0C 3C0  
**Tel:** 204-768-2304  
**Fax:** 204-768-2791

Little Saskatchewan  
Health Office  
St. Martin, MB R0C 2T0  
**Tel:** 204-659-5278  
**Fax:** 204-659-5782

Long Plain Health Centre  
P.O. Box 580  
Portage La Prairie, MB  
R1N 3B9  
**Tel:** 204-252-2369  
**Fax:** 204-252-2898

Little Black River Health  
Office  
O'Hanley, MB R0E 1K0  
**Tel:** 204-367-8089  
**Fax:** 204-367-4188

Oak Lake Sioux Health  
Office  
P.O. Box 11  
Pipestone, MB R0M 1T0  
**Tel:** 204-854-2990  
**Fax:** 204-854-2221

Pauingassi Nursing  
Station  
P.O. Box 32  
Pauingassi, MB R0B 2G0  
**Tel:** 204-397-2395  
**Fax:** 204-397-2104

Nelson House Nursing  
Station  
Nelson House, MB  
R0B 1A0  
**Tel:** 204-484-2031  
**Fax:** 204-484-2284

Pine Creek Health Centre  
P.O. Box 70  
Camperville, MB R0L 0J0  
**Tel:** 204-524-3000  
**Fax:** 204-524-2836

Dauphin River Health  
Office  
Box 129  
Gypsumville, MB R0C 1J0  
**Tel:** 204-659-5370  
**Fax:** 204-659-2109

Red Sucker Lake Nursing  
Station  
Red Sucker Lake, MB  
R0B 1H0  
**Tel:** 204-469-5351  
**Fax:** 204-469-5769

Peguis Health Centre  
P.O. Box 690  
Peguis, MB R0C 3J0  
**Tel:** 204-645-2169  
**Fax:** 204-645-2874

Roseau River Health  
Centre  
P.O. Box 90  
Ginew, MB R0A 2R0  
**Tel:** 204-427-2384  
**Fax:** 204-427-2484

Rolling River Cultural  
Education Program  
Box 145, Erickson, MB  
R0J 0P0  
**Tel:** 204-636-2211  
**Fax:** 204-636 7823

### **Manitoba Health - Aboriginal Health Branch**

2nd floor - 300 Carlton Street  
Winnipeg, MB R3B 3M9

The mandate of the Aboriginal Health Branch is to develop partnerships within the Aboriginal community to improve the health status of Aboriginal peoples. These partnerships are based on a scientific evidence framework to ensure health outcomes and

## MEDICAL SERVICES

to reduce the cost of health care delivery. The work of the Aboriginal Health Branch will focus on a variety of areas such as respiratory rates in children, the epidemic of diabetes in Aboriginal people, midwifery initiatives, and health and wellness within communities. It is anticipated that initial pilot projects in these areas will be community and culturally based in response to the health needs of Aboriginal people.

### **National Aboriginal Diabetes Association (NADA)**

103-90 Garry Street  
Winnipeg, MB R3C 4H1  
Email: [diabetes@nada.ca](mailto:diabetes@nada.ca)

Tel: 204-927-1224  
Fax: 204-927-1222  
Website: <http://www.nada.ca>

The Mission of the National Aboriginal Diabetes Association is to address diabetes amongst Aboriginal Peoples by creating networks and opportunities for individuals, families and communities within their beliefs, traditions, and values.

NADA is unique. It is the only non-government office with official non-profit status working in Aboriginal diabetes. Its goals are to:

- support individuals, families and communities to access resources for diabetes prevention, education and research.
- create working relationships with organizations committed to the prevention and management of diabetes.
- promote community wellness as a strategy to prevent diabetes.
- manage and operate in effective and efficient ways.

### **Regional Health Authorities in Manitoba**

Manitoba's health care system is a broad network of services and programs. Overseeing this system is Manitoba Health, Seniors and Active Living, a department of the provincial government. For the most part, the actual services are delivered through the 11 regional agencies set up by the province to meet the local needs of Manitobans. In this model, the regional health authorities are responsible within the context of broad provincial policy direction, for assessing and prioritizing needs and health goals, and developing and managing an integrated approach to their own health care system.

### **Winnipeg Regional Health Authority (WRHA)**

#### **Corporate Office**

1800 - 155 Carlton Street  
Winnipeg MB R3C 4Y1  
Website: <http://www.wrha.mb.ca>

Tel: 204-926-7000  
Fax: 204-926-7007

#### **Community Health Care**

General Information

Tel: 204-940-2273

#### **Public Health Nursing Services:**

Provide services that are focused on health promotion, illness and injury prevention and



## MEDICAL SERVICES

health protection. Each public health nurse (PHN) provides services in a community area. Public health nurses work in partnership with individuals, families, groups, other agencies, schools, daycares and group homes. A PHN can assist the client in addressing health issues such as: pregnancy, infant care and feeding, child development, safety, parenting, birth control, family violence, substance abuse, immunization, communicable disease prevention and follow-up, sexually transmitted infections, and crisis intervention. PHNs facilitate many group initiatives such as well-baby clinics, prenatal groups, community kitchens, kids cooking club, and participate in and contribute to neighbourhood events. PHNs are located in a number of geographically based offices including:

Aikins Street Community Health Centre  
601 Aikins Street  
Winnipeg, MB R2W 4J5  
**Tel:** 204-940-2025

River Heights-River Avenue Health Centre  
385 River Avenue  
Winnipeg, MB R3L 0C4  
**Tel:** 204-940-2000

Inkster Public Health  
103 - 61 Tyndall Avenue  
Winnipeg, MB R2X 2T4  
**Tel:** 204-940-2020

WRHA Community Services Downtown  
102 - 490 Hargrave Street  
Winnipeg, MB R3A 0X7  
**Tel:** 204-940-2274

Health Action Centre  
425 Elgin Avenue  
Winnipeg, MB R3A 1P2  
**Tel:** 204-940-1626  
STI Information Line: 204-940-2210

Oral and Dental Health Services (for adults and children):  
Machray School  
320 Mountain Avenue  
Winnipeg, MB R2W 1K1  
**Tel:** 204-940-2090

John M. King School  
525 Agnes Avenue  
Winnipeg, MB R3G 1N7  
**Tel:** 204-940-2094

### Other Manitoba Regional Health Authorities (RHAs)

**Assiniboine Regional Health Authority**  
192-1st Avenue West  
Box 579  
Souris, MB R0K 2C0

**Toll free:** 1-888-682-2253  
**Tel:** 204-483-5000  
**Fax:** 204-483-5005  
**Website:** [www.assiniboine-rha.ca](http://www.assiniboine-rha.ca)

**Brandon Regional Health Authority**  
150A - 7th Street  
Brandon, MB R7A 7M2

**Tel:** 204-571-8400  
**Fax:** 204-726-8505  
**Website:** [www.brandonrha.mb.ca](http://www.brandonrha.mb.ca)

**Burntwood Regional Health Authority**  
867 Thompson Drive South  
Thompson, MB R8N 1Z4

**Tel:** 204-677-5355  
**Fax:** 204-677-5366  
**Website:** [www.brha.mb.ca](http://www.brha.mb.ca)

**Churchill RHA Inc.**  
Churchill Health Centre  
Churchill, MB R0B 0E0

**Tel:** 204-675-8318  
**Fax:** 204-675-2243  
**Website:** [www.churchillrha.mb.ca](http://www.churchillrha.mb.ca)

## MEDICAL SERVICES

**Interlake Regional Health Authority**

589 3rd Avenue South  
Stonewall, MB R0C 2Z0

**Website:** [www.irha.mb.ca](http://www.irha.mb.ca)

**Toll free:** 1-888-488-2299

**Tel:** 204-467-4742

**Fax:** 204-467-4750

**NOR-MAN Regional Health Authority**

P.O. Box 130  
84 Church Street  
Flin Flon, MB R8A 1M7

**Tel:** 204-687-1300

**Fax:** 204-687-6405

**Website:** [www.norman-rha.mb.ca](http://www.norman-rha.mb.ca)

**North Eastman Health Authority**

Box 339  
24 Aberdeen Avenue  
Pinawa, MB R0E 1L0

**Toll free:** 1-877-753-2012

**Tel:** 204-753-3101

**Fax:** 204-753-2015

**Website:** [www.neha.mb.ca](http://www.neha.mb.ca)

**Opaskwayak Health Authority**

Box 10280  
Opaskwayak, MB R0B 2J0

**Email:** [oha@opaskwayak.ca](mailto:oha@opaskwayak.ca)

**Tel:** 204-627-7025

**Fax:** 204-623-5496

**Website:** <http://opaskwayak.ca/oha.php>

**Parkland Regional Health Authority**

Room 112  
27-2nd Avenue South West  
Dauphin, MB R7N 3E5

**Toll free:** 1-800-259-7541

**Tel:** 204-622-6223

**Fax:** 204-622-6232

**Website:** [www.prha.mb.ca](http://www.prha.mb.ca)

**Regional Health Authority - Central Manitoba Inc.**

Box 243  
Southport, MB R0H 1N0

**Website:** [www.rha-central.mb.ca](http://www.rha-central.mb.ca)

**Toll free:** 1-800-742-6509

**Tel:** 204-428-2000

**Fax:** 204-428-2020

**South Eastman Health/Santé Sud-Est Inc.**

Box 470  
La Broquerie, MB R0A 0W0

**Website:** [www.sehealth.mb.ca](http://www.sehealth.mb.ca)

**Tel:** 204-424-5880

**Fax:** 204-424-5888

## EDUCATION

### ***EDUCATION***

#### **Indigenous Languages of Manitoba Association, Inc.**

119 Sutherland Avenue  
Winnipeg, MB R2W 3C9

**Tel:** 204-989-6392

**Fax:** 204-989-6396

**Email:** [ilm@indigenousslanguagesofmb.com](mailto:ilm@indigenousslanguagesofmb.com)

**Website:** <http://www.indigenousslanguagesofmb.com/>

Indigenous Languages of Manitoba Inc.(ILM) formerly known as Aboriginal Languages of Manitoba Inc. was incorporated in 1985 to promote the retention of Manitoba's Aboriginal languages.

The Native Education Concerns Group, which was formed in 1978, addressed the issue of the need for Aboriginal language preservation. The Association was established in response to this issue and plan to:

- develop, promote and implement a standardized writing system for each of the seven languages
- establish and nurture an advisory group of Aboriginal language experts to meet the objectives of ILM
- provide for the development of Aboriginal language educational programs in the Province of Manitoba
- establish and maintain an Aboriginal language educational centre for people learning Aboriginal languages
- do everything incidental or conducive to the attainment of the above objectives

#### **Centre for Indigenous Environmental Resources (CIER)**

3rd floor - 245 McDermot Avenue  
Winnipeg, MB R3B 0S6

**Tel:** 204-956-0660

**Fax:** 204-956-1895

**Email:** [earth@cier.ca](mailto:earth@cier.ca)

**Website:** <http://www.cier.ca>

The Centre for Indigenous Environmental Resources (CIER) is a national, non-political, First Nations organization. CIER mandates is to design and implement environmental capacity building measures through education, research, communications and consulting and by combining both Indigenous and western science perspectives. Environmental capacity building for First Nations is achieved through delivery of a University of Manitoba accredited two-year environmental studies curriculum to First Nations students. CIER also develops and delivers environmental training programs, which combine Indigenous knowledge and western science perspectives to First Nations, government and the private sector. Environmental consulting services are provided through Winds and Voices Environmental Services Inc. (WAVES). WAVES provides services in the following areas: environmental assessment, social impact assessment, environmental site assessment, environmental problem solution, program review and evaluation.

## EDUCATION

### **Children of the Earth School**

100 Salter Street  
Winnipeg, MB R2W 5M1  
**Email:** [cote@wsd1.org](mailto:cote@wsd1.org)

**Tel:** 204-589-6383  
**Fax:** 204-589-4822

The Children of the Earth High School program believes in the dignity, value, and worth of each individual. We recognize that students have attitudes, desires, and abilities that differ widely and that changing times present new challenges and demands. Hence, the school believes that the basic purpose of education is to provide a pathway through which each individual may realize self-respect, self-fulfillment, and his/her relevance in a dynamic society. The school also believes in quality education that is culturally based, flexible, and centered on the needs of the students.

The Winnipeg School Division, Children of the Earth High School staff, students, parents, and community collaborate and consult as a team. The group is committed to providing culturally based quality education in an environment that will afford students the opportunity to develop the necessary skills, attitudes, and social behaviours that will help them meet life's challenges. the challenges of life.

### **Family Life Centre (Union Gospel Mission)**

Box 1073  
240 Prichard Avenue  
Winnipeg, MB R2W 2J1

**Tel:** 204-586-7790  
**Fax:** 204-586-7813

Family Life Centre's Upgrading Program offers classes to students wishing to advance their English, Intake Math, Computer Use Basics and Piano. When the students have finished the upgrading program, they can enter our Mature Student High School Diploma Program. Students who are ready for high school can start taking courses at the senior 1, 2, 3, and 4 levels. To graduate from high school as a mature student, the student must complete four Grade 12 courses including, one English, one math and four other courses at any senior level. To register with the Faith Life Centre, students are required to undergo an assessment. The results of the assessment will be used to determine at what grade level the student will be placed.

### **Frontier School Division No. 48**

30 Speers Road  
Winnipeg, MB R2J 1L9  
**Email:** [frontier@frontiersd.mb.ca](mailto:frontier@frontiersd.mb.ca)

**Tel:** 204-775-9741  
**Fax:** 204-775-9940  
**Website:** <http://www.frontiersd.mb.ca>

### **Mission Statement:**

#### **Our Children**

The Division's efforts are for **every child**, using the broadest definition of the word children.

#### **Our Success**

This describes our Division operating at its peak. When the collective energy of every component of our system is harnessed, success is achieved.

## EDUCATION

### Our Future

This is the focus of our planning. This is what lies ahead. This is what inspires us. If we are thoughtful and thorough enough with the first two components of the mission statement, then we can realize together a successful future for our children.

### Our Visions, our Beliefs

- students are healthy and successful
- parents provide support, guidance and direction
- families build a strong foundation for students
- staff are participating members of the community
- high standards of teaching result in academic excellence
- appropriate educational programming is provided for all students
- school programs reflect the needs and aspirations of the community
- language and culture are celebrated in the community building the school's identity
- schools are safe places where individuals are respected, cared for and valued
- Frontier School Division is an innovative and dynamic leader in education

These are 10 strong and positive statements about students, parents and families, staff and programs, safe schools, and the Division as a leader. The statements add clarity to our purpose, focus, approach, and identity. They support the phrase – Our Children, Our Success, Our Future – and further define our mission. The statements encompass what the Board believes must be the guiding principles, goals and universal values that will help us all move in the direction of our mission. They are our “North Star”. These statements must be revisited often and can be the lens through which we view all that we do. When we look at all that we are and all that we do, then we can truly believe that our mission is Our Children, Our Success, Our Future.

### **Manitoba First Nations Education Resource Centre (MFNERC)**

2-1100 Waverley Street  
Winnipeg, MB R3T 0P4  
**Toll free:** 1-877-247-7020

**Tel:** 204-594-1290  
**Fax:** 204-942-2490  
**Website:** <http://www.mfnerc.com>

### **Other Office:**

Manitoba First Nations Resource Centre  
202-79 Selkirk Avenue  
Thompson, MB R8N 0M7

**Tel:** 204-677-0930  
**Fax:** 204-677-0938  
**Toll free:** 1-877-506-1568

The purpose of MFNERC is to provide education specialist service delivery to First Nation schools.

## EDUCATION

The focus of the services is to provide assistance towards the implementation of the province's *New Directions* curriculum that is relevant to First Nation students' needs, provide the direction and leadership for long-term education reform that will lead to the development of a First Nations Curriculum, and provide training, guidance, and support to First Nations staff and educational leadership to facilitate capacity building.

### **Manitoba Hydro Awards, Bursaries and Scholarships for Aboriginal People**

P.O. Box 815 Station Main  
Winnipeg, MB R3C 2P4

**Tel:** 204-474-4560

**Fax:** 204-474-4820

**Website:** [http://www.hydro.mb.ca/in\\_the\\_community/awards\\_bursaries\\_scholars.shtml](http://www.hydro.mb.ca/in_the_community/awards_bursaries_scholars.shtml)

Aboriginal students undertaking full-time studies (60% course load) in a field that is relevant to Manitoba Hydro's operations may qualify for awards, bursaries, scholarships and priority consideration for summer or full-time employment opportunities.

### **Manitoba Indigenous Cultural Education Centre**

119 Sutherland Avenue  
Winnipeg MB R2W 3C9

**Tel:** (204) 942 0228

**Fax:** (204) 947 6564

**Email:** [info@micec.com](mailto:info@micec.com)

The Manitoba Indigenous Cultural Education Centre (MICEC) is a provincial, non-profit, charitable and educational organization that works to promote awareness and understanding of Indigenous culture for all Manitobans. MICEC's programs and services include the People's Library, the Heritage Collection and the Community Connection Program. The People's Library has more 10,000 books and videos available for lending. The Heritage Collection includes nearly 600 artifacts, artwork and paintings that have been collected since 1975 and are displayed throughout the Centre. The Community Connection Program works with the community to deliver presentations, workshops and activities that educate about indigenous culture.

### **Other Cultural Education Centres**

Brokenhead Ojibway Nation  
Scanterbury, MB R0E 1W0

**Tel:** 204-766-2494

**Fax:** 204-766-2306

Cross Lake Cultural  
Education Program, Box 10  
Cross Lake, MB R0B 0J0

**Tel:** 204-676-2917

**Fax:** 204-676-3155

Dakota Ojibway Tribal Council C.E.C  
300 - 340 Assiniboine Avenue  
Winnipeg, MB R3C 0Y1

**Tel:** 204-988-5383

**Fax:** 204-947-5179

Ebb & Flow Band  
General Delivery  
Ebb & Flow, MB R0L 0R0

**Tel:** 204-448-2134

**Fax:** 204-448-2305

Interlake Reserves Tribal Council  
Pineimuta Place, General Delivery  
Fairford, MB R0C 0X0

**Tel:** 204-659-4465

**Fax:** 204-659-2147

## EDUCATION

Keeseekoowenin First Nation  
Box 100  
Elphinstone, MB R0J 0N0

**Tel:** 204-625-2004  
**Fax:** 204-625-2019

Norway House First Nation  
Education Centre, Box 25  
Norway House, MB R0B 1B0

**Tel:** 204-359-6296  
**Fax:** 204-359-6262

O-Chi-Chak-Ko-Sipi First Nation  
Crane River, MB R0L 0M0

**Tel:** 204-732-2490  
**Fax:** 204-732-2596

Peguis Band Office  
Peguis, MB R0C 1N0

**Tel:** 204-645-2359  
**Fax:** 204-645-2360

Pine Creek First Nation  
Box 70, Camperville, MB R0L 0J0

**Tel:** 204-524-2478  
**Fax:** 204- 524-2832

Sagkeeng Heritage  
Box 749, Pine Falls, MB R0E 1M0

**Tel:** 204-367-2129  
**Fax:** 204-367-4287

Waterhen First Nation  
Box 106, Skownan, MB, R0L 1Y0

**Tel:** 204-628-3373  
**Fax:** 204-628-3289

### **Manitoba Indian Education Association, Inc. (MIEA)**

#### **Head Office:**

Lake Manitoba First Nation  
P.O Box 1250  
Lake Manitoba First Nation, MB R0C 3K0

**Tel:** 204-768-3492  
**Fax:** 204-768-2123

#### **Winnipeg Office:**

Unit 300 – 286 Smith St  
Winnipeg, MB R3C 1K4

**Tel:** 204-947-0421  
**Fax:** 204-942-3067

**Website:** <http://www.miea.ca>

#### **Background:**

Manitoba Indian Education Association, Inc. (MIEA) is a non-profit organization mandated by the Assembly of Manitoba Chiefs in 1978 and incorporated in 1981. Our Board of Directors is from Manitoba First Nations Education Authorities associated with MIEA services.

#### **Support Programs:**

- academic counselling
- social counselling
- financial counselling
- tutorial services
- orientation
- recreation
- computer Lab with internet access
- community Relations & Referrals

#### **Post Secondary:**

- university studies
- community college
- vocational studies

#### **Secondary:**

- junior high school
- senior high school

## EDUCATION

- university/college preparation (UCEP)
- adult education programs
- referrals to alternative education programs

### **Application Process**

To discuss their eligibility for assistance, individuals may contact their Band Education Authority or Tribal Council or speak to a counsellor at the Manitoba Indian Education Association Inc. (MIEA)

### **Assistance**

The assistance from the Band Education Authority and/or Tribal Council may include:

- tuition
- books & supplies
- a living allowance based on the number of student's dependents

### **Manitoba Student Aid**

Manitoba Education and Training  
401 - 1181 Portage Avenue  
Winnipeg, MB R3G 0T3

**Toll free:** 1-800-204-1685  
**Tel:** 204-945 6321  
**Fax:** 204-948-3421

### **Indigenous Students**

If you are of Canadian Indigenous ancestry, you may be eligible for the following awards, as well as all other federal and provincial student loans, bursaries, and study grants.

#### **Prince of Wales/Princess Anne Awards**

Non-repayable assistance of \$250 per year is available to Canadian Indigenous students studying in Canada. To be eligible, you must have at least a \$1 need as determined on the Canada Student Loan/Manitoba Student Loan assessment.

#### **Fly Higher! Business Council of Manitoba Aboriginal Education Awards**

Aboriginal Education Awards of up to \$3,000 for university and \$1,500 for college students are available to students of Indigenous ancestry who are planning to, or are already attending a post-secondary school.

Recipients of the awards may be considered for summer and/or part-time employment with one of the Business Council's member companies.

These awards were introduced in 2001 to assist Indigenous students attending post-secondary schools with costs such as tuition, books and supplies for the academic year. The Business Council of Manitoba initiated a partnership arrangement with the Governments of Canada and Manitoba to provide education awards to eligible Indigenous students. Funding for the awards is based on matching contributions from each of the partners. Due to the success of the program, the three partners have doubled their portion of funding from \$75,000 to \$150,000 per partner. In the first year of the new agreement, 120 Indigenous students will share a total of \$312,000 in awards.



## EDUCATION

### To be eligible for these awards, you must:

- be a Canadian citizen
- be a permanent resident of Manitoba for at least 12 months
- be enrolled in a post-secondary public school
- maintain full-time status (at least a 60% course load)
- be in need of financial assistance

Even if you are receiving funds from other sources you may still apply for this award.

### To apply you must:

- complete an application form
- attach a brief essay in your own handwriting
- attach a copy of your most recent transcript or academic history
- submit all information to the financial services office at your post-secondary school

You do not need to enclose proof of acceptance at the university or college but will need to produce it before the award is released.

Applications are screened based on the combined criteria of personal achievements, academic standing, and financial need.

Indigenous students don't have to be enrolled in a post-secondary school to apply for these awards. They can be in the planning stage as well (potential high school graduate students planning to attend a post-secondary school upon graduation can apply as long as they are applying for the current fall session).

For further information, contact the school directly:

|   |                                      |
|---|--------------------------------------|
| Assiniboine Community College               | <b>Tel:</b> 204-725-8700 (ext. 6964) |
| Brandon University                          | <b>Tel:</b> 204-727-9737             |
| University of Manitoba                      | <b>Tel:</b> 204-474-9531             |
| University of Winnipeg                      | <b>Tel:</b> 204-786-9458             |
| Red River College                           | <b>Tel:</b> 204-632-2437             |
| University College of the North             | <b>Tel:</b> 1-866-627-8500           |
| Université de Saint-Boniface                | <b>Tel:</b> 204-235-4408             |
| Manitoba Institute of Trades and Technology | <b>Tel:</b> 204-989-6519             |

### **Niji Mahkwa (My friend the bear) School (formerly Aberdeen School)**

|                      |                          |
|----------------------|--------------------------|
| 450 Flora Avenue     | <b>Tel:</b> 204-589-6742 |
| Winnipeg, MB R2W 2R8 | <b>Fax:</b> 204-582-7049 |

### **Our Vision**

Niji Mahkwa School and Community upholds the belief that all children have an inherent right to the highest quality of holistic education. The integration of traditional and cultural teachings in a supportive learning environment will provide students with strengths and skills to meet the challenges of life.

## EDUCATION

### Goals and Objectives:

- provide the academic programming reflected in the Educational Standards and Outcomes as directed by the Province of Manitoba
- develop and maintain a safe environment that will nurture in students self-worth, self-discipline, increased awareness of inner resources and a stronger identity
- promote, develop and empower family, extended family, spiritual guides, teachers and community members as equal partners with rights and responsibilities, who will then become pro-active participants in the education of our children
- nurture respect for spiritual guides and teachers
- ensure the preservation, appreciation, and utilization of traditional languages by offering Cree and Ojibwe language instruction as compulsory subjects (other languages may be offered in the future)
- promote a balanced lifestyle by incorporating cultural teachings to meet the students' spiritual, emotional, physical and mental needs

These teachings will be based on the Seven Teachings as adopted by Niji Mahkwa parents, community, staff and students:

1. Knowledge/Wisdom
2. Love/Peace
3. Honesty/Bravery
4. Honour/Respect
5. Courage/Integrity
6. Humility/Interdependence
7. Truth/Balance

### Southeast Collegiate

1301 Lee Boulevard  
Winnipeg, MB R3T 5W8  
Email: [secinfo@secollege.ca](mailto:secinfo@secollege.ca)

**Tel:** 204-261-3551

**Fax:** 204-269-7880

The mission of Southeast Collegiate is to provide sound academic standards and a holistic balance of quality education that includes traditional, cultural and academic teachings.

Manitoba Education and Training requires that students complete **30 credits** to achieve a high school diploma, from the time they begin S1 (Grade 9) to S4 (Grade 12). They are required to have 17 compulsory credits and 13 optional credits.

All senior high school courses are assigned a certain value (credit). A student who completes a course requiring approximately 110 hours (one semester) earns one credit, while a course requiring approximately 55 hours (a half-semester) is worth a half-credit.

## EDUCATION

**Credits fall into two categories:** Compulsory course - a course in the subject areas listed for Grade 9 to Grade 12 that state that each student must earn a credit towards their graduation requirements (e.g. English language arts, mathematics, social studies, physical education, science etc.)

Optional Courses (also known as elective courses) are courses that students may choose based on their interests, abilities, values and career goals (e.g. arts, languages, music, industrial arts, information and communication technology etc.). Courses are either full-credit or a half-credit value. Students and parents are encouraged to discuss credit requirements with their school counsellors and teachers. Students should ensure that they meet the entrance requirements of the post-secondary education (college or university), training or work situation they intend to pursue.

### UNIVERSITIES AND COLLEGES:

#### Assiniboine Community College

Main Campus:  
1430 Victoria Avenue East  
Brandon, MB R7A 2A9

**Tel:** 204-726 6600  
**Toll free:** 1-800-862-6307  
**Fax:** 204-726 6753

Other Campuses:

**Parkland Campus**  
Box 4000 - 520 Whitmore Avenue East  
Dauphin, Manitoba R7N 2V5

**Tel:** 204-622 2023  
**Fax:** 204-638 3941

#### Adult Collegiate

725 Rosser Avenue,  
Brandon, MB R7A 0K8  
**Email:** [adultcollegiate@assiniboine.net](mailto:adultcollegiate@assiniboine.net)

**Tel:** 204 725 8735  
**Fax:** 204 725 8740

North Hill Campus - Len Evans Centre for Trades and Technology  
1035 1st Street North,  
Brandon, MB R7A 2Y1

**Tel:** 204-725-8715  
**Fax:** 204-725-8740

**Email:** [trades@assiniboine.net](mailto:trades@assiniboine.net)

#### Russell Training Centre

Major Pratt School Phone  
P.O. Box 218 - 404 Russell Street East  
Russell, MB R0J 1W0

**Tel:** 204-773-5180  
**Fax:** 1-800-773-2134

**Email:** [russellconstudies@assiniboine.net](mailto:russellconstudies@assiniboine.net)

Rural Rotating Sites

**Tel:** 204-725-8730

Various Sites

**Toll free:** 1-800-862-6307 ex 6228

Assiniboine Community College is a progressive post-secondary institution that provides students with knowledge, skills and credentials that are highly valued in the workforce. Students can choose from over 30 certificate and diploma programs in the areas of business and tourism, agriculture, trades, health care and information technologies. Most programs are one-to two-years in length. Numerous off-campus and evening programs are available.

## EDUCATION

### **Aboriginal Community Development - Economic Stream**

The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If your interests lie in economic development and you enjoy marketing and have business-related skills, the economic specialization may appeal to you.

### **Aboriginal Community Development - Social Stream**

The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If you would like to help people overcome the effects of abuse or addictions, you may be interested in the social specialization of this program.

Graduates from the above courses find employment in women's shelters, government agencies, band office administrations, tribal councils, other social and human services organizations, and economic development. Jobs are also found with chambers of commerce, tourism, recreation groups, and in project management in the public and private sectors.

### **Elders' Program**

The Elders' Program is designed to provide students with access to community Elders, leaders and role models. Elders make regularly scheduled visits to the campus and are also available to meet individually with students. Through cultural events and activities, students will have an opportunity to interact with Elders and benefit from their traditional knowledge and guidance.

## **BRANDON UNIVERSITY**

Department of Native Studies  
Brandon University  
Brandon, MB R7A 6A9

**Tel:** 204-727-9734  
**Fax:** 204-726-4573

**Website:** [www.brandonu.ca](http://www.brandonu.ca)

In 1975, Brandon University was the first university in western Canada (and only the second in Canada) to establish a Native Studies Department.

The goals of the department include:

1. scholarly recognition of Native cultures and Native peoples of North America, bringing to bear the full academic resources of study and research representing all disciplines
2. communication of the results of this research and expected new perspectives to students and others through university instruction and scholarly communication
3. dissemination of the teaching and research resources to the university off-campus for the benefit of Native peoples, especially in northern and remote areas

The Department of Native Studies offers both general courses in Native Studies and comprehensive programs of study in six areas, each identified as integral streams for students completing 3- or 4-year degrees. Comprehensive streams include Native Languages, Native Humanities (including Literature), Native Fine Arts, Native Policy and Administration, Native Human Services and Native Research.

### **Program for the Education of Native Teachers (PENT)**

## EDUCATION

Brandon University  
Faculty of Education  
Brandon, MB R7A 6A9

**Tel:** 204-727- 7371  
**Fax:** 204-727-0942

PENT is a community based teacher education program of the Faculty of Education of Brandon University. Students combine paraprofessional work in their community schools from September to April with courses at Brandon University from April to July. The new program of studies is the Brandon University After Degree B.A./B.Ed. program in either the early or middle years area. Student teaching is carried out during the school year in conjunction with paraprofessional work.

While studying on campus, students have access to a modern library and computer facilities. Studying with students from across Manitoba provides opportunities to interact professionally and socially with people from many other communities. Most classes are taught by regular faculty at Brandon University.

A shortage of middle year teachers with adequate academic preparation in math and science has led to the introduction of a new more specialized teacher education program. The new program had its first intake of students in the spring of 2002. Since this is a more specialized program, subsequent intakes will depend upon the demand.

### **University College of the North**

#### **The Pas Campus:**

University College of the North  
Box 3000  
436 - 7th Street East  
The Pas, MB R9A 1M7

**Tel:** 204-627-8595  
**Fax:** 204-623-6091  
**Toll free:** 1-866-627-8500

The University College of the North is an institution devoted to community and northern development and reflects the Aboriginal reality and cultural diversity of northern Manitoba.

#### **Thompson Campus:**

University College of the North  
55 UCN Drive  
Thompson, MB R8N 0A5

**Tel:** 204-677-6450  
**Toll free:** 1-866-677-6450

### **Regional Centres:**

|  |   |
|--|---|
| Cross Lake (Pimicikamak) Regional Centre | <b>Tel:</b> 204-676-2677 <b>Fax:</b> 204-676-3981 |
| Churchill Regional Centre                | <b>Tel:</b> 204-675-2975 <b>Fax:</b> 204-675-2971 |
| Flin Flon Regional Centre                | <b>Tel:</b> 204-687-1560 <b>Fax:</b> 204-687-8558 |
| Split Lake (Tataskweyak) Regional Centre | <b>Tel:</b> 204-342-2621 <b>Fax:</b> 204-342-2997 |
| Swan River Regional Centre               | <b>Tel:</b> 204-734-4419 <b>Fax:</b> 204-784-3293 |

## EDUCATION

### Red River College

2055 Notre Dame Avenue  
Winnipeg, MB R3H 0J9

**Website:** [www.rrc.mb.ca](http://www.rrc.mb.ca)

**Tel:** 204-632-3960

**Toll free:** 1-888-515-7722

Red River College offers over 200 full-and part-time degree, diploma, post-diploma, and certificate options. Most of our programs take two years or less to complete, allowing you to get a head start on your career. Our students don't sit in lecture theatres all day. From skilled trades and research labs to the frontlines of industry, our practicum-based programming gives you the chance to learn through experience.

At RRC, you'll learn using the same equipment and technology found in industry, giving you a competitive edge before you enter the workforce. Our programs offer experiential learning through industry placements, apprentices, and even paid work terms!

Whether you're starting to plan your future, changing jobs, or looking to advance your career, our programs offer something for everyone

### University of Manitoba

#### Indigenous Achievement

Indigenous Achievement  
114 Sidney Smith Street  
University of Manitoba  
Winnipeg, MB R3T 2N2

**Tel:** 204-474-8904/ 474-6747/ 474-8753

**Fax:** 204-474-9394

**Website:** [umanitoba.ca/indigenous](http://umanitoba.ca/indigenous)

The Office of Indigenous Achievement is tasked with building and expanding an Indigenous presence and visibility at the University of Manitoba and in the broader Indigenous and non-Indigenous communities that will result in improved access, recruitment, retention and completion for First Nations, Métis, and Inuit learners. Our vision is to make Manitoba a centre for excellence in Indigenous education.

#### Indigenous Student Recruitment

Indigenous Student Recruitment  
424 University Centre  
University of Manitoba Winnipeg, MB R3T 2N2  
**Email:** [Indigenous.Community@umanitoba.ca](mailto:Indigenous.Community@umanitoba.ca)

**Tel:** 204-474-6398 / 474-9983 / 474-7144

**Fax:** 204-474-7554

Our Indigenous Student Recruitment team provides: admissions presentations, campus tours, attendance at career fairs, and responses to information enquiries.

#### Extended Education: Access and Aboriginal Focus Programs

Access and Aboriginal Focus Programs  
Room 221 – 114 Sidney Smith Street  
MB)  
Winnipeg, MB R3T 2N2  
**Website:** [extended.cc.umanitoba.ca/access/](http://extended.cc.umanitoba.ca/access/)

**Tel:** 204 474-8000

**Toll free:** 1-800-432-1960 ext. 8000 (in

**Fax:** 204-275-6489

## EDUCATION

Within the Division of Extended Education, Access and Aboriginal Focus Programs provide a safe, respectful and inclusive environment for students.

### **Access Programs:**

To help overcome social, economic, geographic or academic barriers, Access Programs provide: academic and personal counselling, possible financial support, extensive pre-university orientation, and tutoring and advocacy. Access Programs include: University of Manitoba Access Program (UMAP), Health Careers Access Program (HCAP), and Professional Health Program (PHP).

### **Aboriginal Focus Programs:**

Aboriginal Focus Programs offer a holistic approach to areas of study that blend “Western” concepts with the traditional philosophies and knowledge systems of Indigenous peoples. Certificate and diploma programs offered: First Nations Community Wellness Diploma, Aboriginal Environmental Stewardship Diploma, Aboriginal Child and Family Service Diploma, and Aboriginal Counselling Skills Certificate.

### **Faculty of Arts: Department of Native Studies**

Native Studies  
Room 204 Isbister Building  
University of Manitoba  
Winnipeg, MB R3T 2N2  
**Email:** [nsqp@umanitoba.ca](mailto:nsqp@umanitoba.ca)

**Tel:** 204-474-9899  
**Toll free:** 1-800-432-1960 (within MB)  
**Fax:** 204-474-7657  
**Website:** [umanitoba.ca/native\\_studies](http://umanitoba.ca/native_studies)

For over 40 years, the Department of Native Studies has been an international leader in the field. You can examine the diversity of Indigenous cultures, histories, spiritualities, languages, literature and visual art as well as the history of colonialism, Indigenous governance, politics and economics. The department has many exciting opportunities including: Undergraduate and graduate degrees (Master’s and PhD), annual colloquium series featuring prominent speakers on various themes, summer school in Grassy Narrows First Nation, and internationally renowned faculty.

### **Faculty of Engineering: Engineering Access Program**

Engineering Access Program (ENGAP)  
E2-442, EITC  
University of Manitoba  
Winnipeg, Manitoba R3T 5V6

**Tel:** 204-474-9872  
**Toll free:** 1-800-432-1960 Ext: 9872  
**Email:** [engap@umanitoba.ca](mailto:engap@umanitoba.ca)  
**Website:** [umanitoba.ca/engap/](http://umanitoba.ca/engap/)

ENGAP, the most successful program of its kind in Canada, provides an opportunity for students of Indigenous ancestry, who may not have had access to the necessary resources, to obtain the prerequisites required to get into, prepare for, and succeed in the Faculty of

## EDUCATION

Engineering. Through its warm and supportive community and staff, ENGAP offers students a home away from home as well as: academic upgrading, summer orientation for successful transition, individualized academic, social, personal and financial supports, and scholarships and bursaries for qualifying students.

### **Faculty of Health Sciences: Centre for Aboriginal Health Education**

Centre for Aboriginal Health Education (CAHE)      **Tel:** 204-789-3511  
A101 Chown Building, 753 McDermot Avenue      **Fax:** 204-480-1354  
Winnipeg MB R3E 0T6      **Email:** [cahe@cc.umanitoba.ca](mailto:cahe@cc.umanitoba.ca)

CAHE is a place for First Nations, Métis, and Inuit students enrolled in health professional programs to meet, study, and explore careers and culture. CAHE provides a welcoming environment that assists students to meet their academic potential through a variety of culturally relevant programs, resources and supports. With academic and personal success as the goal, the centre offers: a vibrant cultural program, Kaaweechimoseaywat Mentorship Program, an Elder-in-Residence who leads cultural teachings, events and ceremonies, and professional development and networking opportunities.

### **Faculty of Law: Aboriginal Academic Support Program**

Faculty of Law, University of Manitoba      **Tel:** 204-474-6448  
Winnipeg, MB R3T 2N2      **Fax:** 204-474-7580

The Academic Support Program supports students in the Faculty of Law with tutoring, advising and access to a valuable network of peers. Bursaries and scholarships are available. By offering admission categories to both mature and Aboriginal students and the option of half-time studies, Robson Hall promotes diversity.

### **Faculty of Nursing: Aboriginal Nursing Cohort Initiative.**

College of Nursing      **Tel:** 204-474-7452  
89 Curry Place      **Toll free:** 1-800-432-1960 ext 7452  
Winnipeg, MB R3T 2N2      **Fax:** 204-474-7682

Aboriginal Nursing Cohort Initiative (ANCI) offers a combination of academic and personal supports to prepare for entrance into our Bachelor of Nursing (BN) program. Designed with First Nations, Métis, and Inuit students in mind, ANCI includes access to an Elder-in-Residence, as well as regular meetings with a student advisor/ counsellor and academic coach throughout the year. Smaller class sizes give you the opportunity to connect with your classmates and build personal and professional relationships that will help you feel at home. Our internationally recognized faculty and state-of-the-art facilities will provide you the tools you need to build a strong academic foundation to continue on with your studies.

### **Faculty of Social Work: Inner-City Social Work Program**



## EDUCATION

Inner City Special Work Program (ICSWAP)  
Winnipeg Education Centre  
485 Selkirk Avenue  
Winnipeg, MB R2W 2M6

**Tel:** 204-668-8160  
**Fax:** 204-663-8857  
**Email:** [icswp@umanitoba.ca](mailto:icswp@umanitoba.ca)

**Website:** [umanitoba.ca/social\\_work/programs/inner\\_city/](http://umanitoba.ca/social_work/programs/inner_city/)

If you are at least 21 years of age and have faced barriers to education, consider this highly successful program which supports students to acquire a Bachelor of Social Work degree. Programming takes place in the heart of Winnipeg's North End at William Norrie Centre and offers you: small class sizes, full and part-time studies, hands-on practical experience through field placements, and holistic supports including ACCESS bursaries.

### **Faculty of Social Work: Northern Social Work Program**

Northern Social Work Program  
3 Station Road  
Thompson, Manitoba R8N 0N3

**Tel:** 204-677-1450  
**Toll free:** 1-866-237-5509  
**Fax:** 204-677-4110

**Email:** [bonnyca@ccumanitoba.ca](mailto:bonnyca@ccumanitoba.ca)

Designed for mature students who are committed to a rewarding career in social work and interested in earning a Bachelor of Social Work degree in Manitoba's beautiful north. Located in Thompson, full-and part-time options offer you placements with local agencies. Each year, 20 to 25 students are accepted into the program.

Libraries: Indigenous Services Librarian

Elizabeth Dafoe Library  
25 Chancellors Circle  
University of Manitoba  
Winnipeg, MB R3T 2N2

**Tel:** 204-480-1054

U of M Libraries has an excellent collection of books, journals, and government publications to support the study of Canadian Aboriginal peoples from the undergraduate to the PhD level. The Libraries also collect materials about Indigenous people in the United States and around the world. The Indigenous Services Librarian is responsible for addressing the unique library needs of the Indigenous community at the U of M; promoting Indigenous scholarship through collection development; the development of new programs aimed to aid in Indigenous student retention, as well as instruction; collection development and reference work pertaining to the subject areas of Anthropology, Native Studies, and Social Work.

### **National Centre for Truth and Reconciliation**

National Centre for Truth and Reconciliation (NCTR)  
Chancellor's Hall, 177 Dysart Road  
University of Manitoba  
Winnipeg, MB R3T 2N2

**Tel:** 204- 474-6069  
**Toll free:** 1-855-415-4534 North America

**Email:** [NCTR@umanitoba.ca](mailto:NCTR@umanitoba.ca)

**Website:** [umanitoba.ca/centres/nctr/](http://umanitoba.ca/centres/nctr/)

## EDUCATION

In 2015, the Truth and Reconciliation Commission of Canada (TRC) released its final reports. The release of the final reports marked the end of a six-year journey towards the truth with millions of documents and thousands of interviews with Survivors collected along the way. Everything collected by the TRC is now safely housed at the National Centre for Truth and Reconciliation (NCTR). Survivors, families of survivors, students, educators, researchers and the public now have the opportunity to interact with these materials in meaningful and personal ways, learning from them and using them to teach others. The University of Manitoba is honoured to be the home of the NCTR and is committed to the journey of Reconciliation and to leading a national conversation that engages Indigenous and non-Indigenous communities. The NCTR supports these efforts, helping preserve the memory of the Residential School System and its legacy for all Canadians.

### **Asper School of Business: Aboriginal Business Education Program (ABEP)**

Aboriginal Business Education Partners (ABEP) **Tel:** 204-474-7401  
350 Drake Centre, 181 Freedman Crescent **Toll free:** 1-800-432-1960, ext. 7401  
Winnipeg, Manitoba R3T 5V4 **Fax:** 204-474-7544  
**Email:** [abep@umanitoba.ca](mailto:abep@umanitoba.ca) **Website:** [umanitoba.ca/asper/abep](http://umanitoba.ca/asper/abep)

ABEP is a community of Indigenous students pursuing a Bachelor of Commerce (Hons.) degree at the Asper School of Business. This vibrant support unit offers: free tutors and advisors, exclusive scholarships and bursaries, professional networking, and summer and career positions.

### **Faculty of Medicine - School of Medical Rehabilitation:**

Faculty of Medicine **Tel:** 204-789-3897  
Rm. R106 - 771 McDermot Avenue **Fax:** 204-789-3927  
Winnipeg, MB R3E 0T6

Programs:

#### **Occupational Therapy:**

The admission quota is 50 students; 15 percent of available seats are priority positions for Aboriginal students who meet all entrance requirements.

#### **Physical Therapy:**

The admission quota is 50 students. Special consideration is given to self-declared Aboriginal students and students who apply from the ACCESS and SPSP programs; up to 10 percent of available seats are for special consideration applicants.

### **Yellowquill College**

480 Madison Avenue **Tel:** 204-953-2800  
Winnipeg, MB R3J 1J1 **Fax:** 204-953-2810  
**Email:** [administration@yellowquillcollege.org](mailto:administration@yellowquillcollege.org) **Website:** [www.yellowquillcollege.mb.ca](http://www.yellowquillcollege.mb.ca)

## EDUCATION

Yellowquill College was founded by the Dakota Ojibway Tribal Council in 1984 as a physical manifestation of the belief of “Indian Control of Indian Education”. Those visionary leaders saw that a better future was possible through a First Nation-owned and operated post-secondary institute. On October 1, 1984, the College opened in the newly renovated residential school on Crescent Road West in Portage la Prairie on 45 acres of Long Plain First Nation Land. The opening of a First Nation college provided an alternative for aboriginal adults wanting to pursue their educational goals.

The College currently operates under the auspices of the Dakota Ojibway Tribal Council. The seven chiefs of the member bands serve as the Board of Directors for Yellowquill College. The College is incorporated both federally and provincially and is a non-profit organization.

The College, which opened with 16 students, has had over 1,000 graduates in a variety of programs. The College and University Entrance Preparation Programs (UCEP), and now the Mature Student High School Diploma program, have prepared hundreds of students for studies at the post-secondary level, whether at Yellowquill or other post-secondary institutions. Training, including the Pre-electrical, Clerical, Small Business Management, Secretarial, Office Technology, Child Care, Native Economic Development, Financial Accounting, Business Administration, and Administrative Assistant programs, has prepared students directly for the workforce. Community literacy and upgrading programs have provided needed basic skills to students in several First Nation communities. Professional development and work-related training has enriched the skills of many First Nation and Aboriginal employees.

Current off-sites for the Mature Student High School Diploma program include Bloodvein First Nation, Long Plain First Nation, and Sioux Valley Dakota Nation. These community campuses are in partnership with the respective communities.

Programs Offer at YellowQuill College:

- Business Certificate
- Certified Aboriginal Financial Manager Diploma
- Community Health Worker Program Certificate and Diploma (Modular)
- First Nation Child and Family Services Worker Diploma
- First Nation Community Management Diploma (Modular)
- First Nation Management and Administration Diploma
- Mature Grade 12 Diploma
- Professional Development Workshops

## EDUCATION

GORDON BELL, Grades: 7-S4  
3 Borrowman Place, Winnipeg, MB R3G 1M6  
Tel: 204-774-5401 Fax: 204-783-9469  
Email: [gbweb@wsd1.org](mailto:gbweb@wsd1.org)  
Website: [www.wsd1.org/gordonbell](http://www.wsd1.org/gordonbell)

HUGH JOHN MCDONALD Grades: 7-S1  
567 Bannatyne Avenue, Winnipeg, MB R3A 0G8  
Tel: 204-786-5631 Fax: 204-783-6473  
Email: [hjm@wsd1.org](mailto:hjm@wsd1.org)  
Website: [www.wsd1.org/HughJohn](http://www.wsd1.org/HughJohn)

JOHN M. KING Grades: N-6  
525 Agnes Street, Winnipeg, MB R3G 1N7  
Tel: 204-775-4404 Fax: 204-772-6931  
Website: [www.wsd1.org/johnmking](http://www.wsd1.org/johnmking)

KING EDWARD Grades: N-6  
825 Selkirk Avenue, Winnipeg, MB R2X 2Y6  
Tel: 204-586-8381 Fax: 204-586-3984  
Email: [kingedward@wsd1.org](mailto:kingedward@wsd1.org)  
Website: [www.wsd1.org/KingEdward](http://www.wsd1.org/KingEdward)

MACHRAY Grades: N-6  
320 Mountain Avenue, Winnipeg, MB R2W 1K1  
Tel: 204-586-8085 Fax: 204-589-8222  
Website: [www.wsd1.org/Machray/](http://www.wsd1.org/Machray/)

MULVEY Grades: N-6  
750 Wolseley Avenue, Winnipeg, MB R3G 1C6  
Tel: 204-786-3469 Fax: 204-774-2894  
[www.wsd1.org/mulvey/New\\_Folder/index.html](http://www.wsd1.org/mulvey/New_Folder/index.html)

NIJI MAHKWA Grades: N-8  
450 Flora Avenue, Winnipeg, MB R2W 2R8  
Tel: 204-589-6742 Fax: 204-589-8646  
Email: [nijimahkwa@wsd1.org](mailto:nijimahkwa@wsd1.org)  
Website: [www.wsd1.org/nijimahkwa](http://www.wsd1.org/nijimahkwa)

NORQUAY Grades: N-6  
132 Lusted Avenue, Winnipeg, MB R2W 2P2  
Phone: 204-943-9541 Fax: 204-943-4715  
Website: [www.wsd1.org/norquay](http://www.wsd1.org/norquay)

PINKHAM Grades: N-6  
765 Pacific Avenue, Winnipeg, MB R3E 1G1  
Phone: 204-786-5749 Fax: 204-783-0597  
Email: Lionel Pang  
Website: [www.wsd1.org/pinkham](http://www.wsd1.org/pinkham)

R. B. RUSSELL Grades: S1-S4  
364 Dufferin Avenue, Winnipeg, MB R2W 2Y3  
Tel: 204-589-5301 Fax: 204-586-1817  
Email: [jwillman@wsd1.org](mailto:jwillman@wsd1.org)  
Website: [www.rbrussell.org](http://www.rbrussell.org)

SISTER MACNAMARA Grades: N-6  
460 Sargent Avenue, Winnipeg, MB R3B 1V5  
Tel: 204-942-6965 Fax: 204-989-2224  
Email: [debbielm@wsd1.org](mailto:debbielm@wsd1.org)  
Website: [www.wsd1.org/sisternac](http://www.wsd1.org/sisternac)

STRATHCONA Grades: N-6  
233 McKenzie Street, Winnipeg, MB R2W 4Z2  
Tel: 204-586-8493 Fax: 204-586-1161  
Website: [www.wsd1.org/strathcona/default.asp](http://www.wsd1.org/strathcona/default.asp)

VICTORIA-ALBERT Grades: N-6  
110 Ellen Street, Winnipeg, MB R3A 1A1  
Tel: 204-943-3459 Fax: 204-957-7207  
Email: [dwiebe@wsd1.org](mailto:dwiebe@wsd1.org)  
Website: [www.wsd1.org/VicAlbert/](http://www.wsd1.org/VicAlbert/)

WELLINGTON Grades: N-6  
690 Beverley Street, Winnipeg, MB R3E 2A5  
Tel: 204-774-8085 Fax: 204-772-2799  
Website: [www.wsd1.org/wellington/](http://www.wsd1.org/wellington/)

WILLIAM WHYTE Grades: N-8  
200 Powers Street, Winnipeg, MB R2W 4P3  
Tel: 204-589-4313 Fax: 204-586-0144  
Website: [www.wsd1.org/williamwhyte/](http://www.wsd1.org/williamwhyte/)

# EDUCATION

## Band-operated Schools

### LOCATION - SCHOOL INDEX:

O'Hanley - LITTLE BLACK RIVER SCHOOL  
Oxford House - OXFORD HOUSE SCHOOL  
• '72 MEMORIAL HIGH SCHOOL  
Paungassi - PAUINGASSI SCHOOL  
Peguis First Nation - PEGUIS N - 5 SCHOOL  
• PEGUIS CENTRAL SCHOOL  
Pelican Rapids - NEIL DENNIS KEMATCH  
MEMORIAL - SCHOOL  
Pine Falls - ANICINABE COMMUNITY SCHOOL  
• SAGKEENG CONSOLIDATED SCHOOL  
• SAGKEENG ANICINABE HIGH SCHOOL  
Pipestone - WAMBDI IYOTAKE SCHOOL  
Poplar River - POPLAR RIVER SCHOOL  
Portage la Prairie - DAKOTA TIPI SCHOOL  
Pukatawagan - PUKATAWAGAN SCHOOL

Red Sucker Lake - RED SUCKER LAKE SCHOOL  
Scanterbury - SERGEANT TOMMY PRINCE SCHOOL  
Shamattawa - ABRAHAM BEARDY SCHOOL  
Shortdale - CHIEF CLIFFORD LYNXLEG ANISHINABE  
SCHOOL  
Split Lake - CHIEF SAM COOK NAHMUWEE  
St. Theresa Point - ST. THERESA POINT SCHOOL  
Swan Lake - INDIAN SPRINGS SCHOOL  
Tadoule Lake - PETER YASSIE MEMORIAL SCHOOL  
The Pas - JOE A. ROSS SCHOOL  
Vogar LAKE MANITOBA SCHOOL  
Wasagamack - GEORGE KNOTT SCHOOL  
Waywayseecappo - WAYWAYSEECAPPO  
COMMUNITY SCHOOL  
York Landing - GEORGE SAUNDERS MEMORIAL  
SCHOOL

ABRAHAM BEARDY SCHOOL  
General Delivery,  
Shamattawa, MB R0B 1K0  
Tel: 204-565-2022 Fax: 204-565-2122

AMOS OKEMOW MEMORIAL SCHOOL  
General Delivery,  
God's River, MB R0B 0N0  
Tel: 204-366-2070 Fax: 204-366-2105

ANICINABE COMMUNITY SCHOOL  
Box 219,  
Pine Falls, MB R0E 1M0  
Tel: 204-367-2285 Fax: 204-367-9205

BIRDTAIL SIOUX EDUCATION  
General Delivery,  
Beulah, MB R0M 0B0  
Tel: 204-568-4757 Fax: 204-568-4762

CHEMAWAWIN SCHOOL  
Box 10  
Easterville R0C 0V0  
Tel: 204-329-2115 Fax: 204-329-2214

CHIEF CLIFFORD LYNXLEG  
ANISHINABE SCHOOL  
Valley River Reserve  
Shortdale, MB R0L 1W0  
Tel: 204-546-2641 Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE  
General Delivery,  
Split Lake, MB R0B 1P0  
Tel: 204-342-2134 Fax: 204-342-2139

FOX LAKE NATIVE  
SPIRITUAL SCHOOL  
Box 279, Gillam, MB R0B 0L0  
Tel: 204-486-2307 Fax: 204-486-2606

GARDEN HILL ELEMENTARY  
General Delivery  
Island Lake, MB R0B 0T0  
Tel: 204-456-2391 Fax: 204-456-2350

GARDEN HILL FIRST NATION HIGH  
SCHOOL  
General Delivery  
Island Lake, MB R0B 0T0  
Tel: 204-456-2886 Fax: 204-456-2894

GEORGE KNOTT SCHOOL  
General Delivery  
Waasagamack, MB R0B 1Z0  
Tel: 204-457-2082 Fax: 204-457-2273

GEORGE SAUNDERS  
MEMORIAL SCHOOL  
General Delivery,  
York Landing, MB R0B 2B0  
Tel: 204-341-2118 Fax: 204-341-2235

GINEW SCHOOL  
Box 10, Ginew, MB R0A 2R0  
Tel: 204-427-2490 Fax: 204-427-2398

GOD'S LAKE NARROWS FIRST  
NATIONS SCHOOL  
God's Lake Narrows R0B 0M0  
Tel: 204-335-2003 Fax: 204-335-2440

LAKE ST. MARTIN SCHOOL  
Box 2020,  
Gypsumville, MB R0C 1J0  
Tel: 204-659-5774 Fax: 204-659-5739

CHARLES SINCLAIR SCHOOL  
Box 109,  
Koostatak, MB R0C 1S0  
Tel: 204-645-2206 Fax: 204-645-2614

NEIL DENNIS KEMATCH  
MEMORIAL SCHOOL  
General Delivery,  
Pelican Rapids, MB R0L 1L0  
Tel: 204-587-2045 Fax: 204-587-2341

NISICHAWAYASIHK NEYO OHTINWAK  
COLLEGIATE  
General Delivery,  
Nelson House, MB R0B 1A0  
Tel: 204-484-2095 Fax: 204-484-2257

OTETISKIWIN  
KISKINWAMAHTOWEKAMIK SCHOOL  
General Delivery,  
Nelson House, MB R0B 1A0  
Tel: 204-484-2242 Fax: 204-484-2002

OTTER NELSON RIVER  
CROSS LAKE EDUCATION AUTHORITY  
Cross Lake, MB R0B 0J0  
Tel: 204-676-2050 Fax: 204-676-2464

PEGUIS CENTRAL SCHOOL  
Box 670,  
Peguis First Nation R0C 3J0  
Tel: 204-645-2164 Fax: 204-645-2270

## EDUCATION

DAKOTA PLAINS SCHOOL  
General Delivery,  
Edwin, MB R0H OGO  
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPI SCHOOL  
2000a Dakota Drive,  
Dakota Tipi, MB R1N 3X6  
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL  
Box 140, Gypsumville ROC 1J0  
Tel: 204-659-5268 Fax: 204-659-5790

DONALD AHMO SCHOOL  
General Delivery,  
Crane River, MB R0L 0M0  
Tel: 204-732-2548 Fax: 204-732-2753

EBB AND FLOW SCHOOL  
General Delivery,  
Ebb and Flow, MB R0L 0R0  
Tel: 204-448-2012 Fax: 204-448-2393

LITTLE GRAND RAPIDS SCHOOL  
General Delivery  
Little Grand Rapids, MB R0B 0V0  
Tel: 204-397-2197 Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL  
General Delivery,  
Cross Lake, MB R0B 0J0  
Tel: 204-676-3030 Fax: 204-676-2798

MISKOOSSEPI SCHOOL  
Bloodvein, MB ROC 0J0  
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL  
Box 1610,  
Pine Falls R0E 1M0  
Tel: 204-367-2588 Fax: 204-367-9231

SAGKEENG ANICINABE HIGH  
Box 1610,  
Pine Falls, MB R0E 1M0  
Tel: 204-367-2243 Fax: 204-367-4566

ABRAHAM BEARDY SCHOOL  
General Delivery,  
Shamattawa, MB R0B 1K0  
Tel: 204-565-2022 Fax: 204-565-2122

AMOS OKEMOW MEMORIAL SCHOOL  
General Delivery,  
God's River, MB R0B 0N0  
Tel: 204-366-2070 Fax: 204-366-2105

ANICINABE COMMUNITY SCHOOL  
Box 219,  
Pine Falls, MB R0E 1M0  
Tel: 204-367-2285 Fax: 204-367-9205

INDIAN SPRINGS SCHOOL  
Box 145,  
Swan Lake, MB R0G 2S0  
Tel: 204-836-2332 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL  
Marius Post Office,  
Marius, MB R0H 0T0  
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL  
Opaskwayak Education Authority  
Box 10160,  
Opaskwayak, MB R0B 2J0  
Tel: 204-623-4286 Fax: 204-623-444

KEESEKOOOWENIN SCHOOL  
Box 129, Elphinstone R0J 0N0  
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL  
Vogar, MB ROC 3C0  
Tel: 204-768-2728 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL  
Box 5050,  
Gypsumville ROC 1J0  
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL  
General Delivery,  
Scanterbury R0E 1W0  
Tel: 204-766-2636 Fax: 204-766-2809

FOX LAKE NATIVE  
SPIRITUAL SCHOOL  
Box 279, Gillam, MB R0B 0L0  
Tel: 204-486-2307 Fax: 204-486-2606

CHARLES SINCLAIR SCHOOL  
Box 109,  
Koostatak, MB ROC 1S0  
Tel: 204-645-2206 Fax: 204-645-2614

GARDEN HILL FIRST NATION HIGH  
SCHOOL  
General Delivery  
Island Lake, MB R0B 0T0  
Tel: 204-456-2886  
Fax: 204-456-2894

GARDEN HILL ELEMENTARY  
General Delivery  
Island Lake, MB R0B 0T0  
Tel: 204-456-2391 Fax: 204-456-2350

GEORGE KNOTT CHOO L  
General Delivery  
Waasagamack, MB R0B 1Z0  
Tel: 204-457-2082 Fax: 204-457-2273

GINEW SCHOOL  
Box 10, Ginew, MB R0A 2R0  
Tel: 204-427-2490 Fax: 204-427-2398

PETER YASSIE MEMORIAL  
SCHOOL  
General Delivery,  
Tadoule Lake, MB R0B 2C0  
Tel: 204-684-2279 Fax: 204-684-2130

PETIT CASIMIR MEMORIAL SCHOOL  
General Delivery,  
Lac Brochet, MB R0B 2E0  
Tel: 204-337-2278 Fax: 204-337-2078

PINAYMOOTANG SCHOOL  
Fairford Reserve,  
Fairford, MB ROC 0X0  
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR  
MEMORIALSCHOOL  
Box 359, Hodgson, MB ROC 1N0  
Tel: 204-394-2314 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL  
General Delivery,  
O'Hanley, MB R0E 1K0  
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL  
Long Plain Reserve,  
Portage I Prairie, MB R1N 3B7  
Tel: 204-252 2326 Fax: 204-252 2786

LAKE MANITOBA SCHOOL  
Vogar, MB ROC 3C0  
Tel: 204- 768-2728 Fax: 204-768-2194

SIOUX VALLEY SCHOOL  
Sioux Valley Reserve,  
Box 99, Griswold ROM 0S0  
Tel: 204-855-2536 Fax: 204-855-3204

LAKE ST. MARTIN SCHOOL  
Box 2020,  
Gypsumville, MB ROC 1J0  
Tel: 204-659-5774 Fax: 204-659-5739

NEIL DENNIS KEMATCH  
MEMORIAL SCHOOL  
General Delivery,  
Pelican Rapids, MB R0L 1L0  
Tel: 204-587-2045 Fax: 204-587-2341

BIRDTAIL SIOUX EDUCATION  
General Delivery,  
Beulah, MB ROM 0B0  
Tel: 204-568-4757 Fax: 204-568-4762

CHEMAWAWIN SCHOOL  
Box 10  
Easterville ROC 0V0  
Tel: 204-329-2115 Fax: 204-329-2214

PEGUIS CENTRAL SCHOOL  
Box 670,  
Peguis First Nation ROC 3J0  
Tel: 204-645-2164 Fax: 204-645-2270

## EDUCATION

SAGKEENG ANICINABE HIGH  
Box 1610,  
Pine Falls, MB R0E 1M0  
Tel: 204-367-2243 Fax: 204-367-4566

SIOUX VALLEY SCHOOL  
Sioux Valley Reserve,  
Box 99, Griswold R0M 0S0  
Tel: 204-855-2536 Fax: 204-855-3204

CHIEF CLIFFORD LYNXLEG  
ANISHINABE SCHOOL  
Valley River Reserve  
Shortdale, MB R0L 1W0  
Tel: 204-546-2641 Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE  
General Delivery,  
Split Lake, MB R0B 1P0  
Tel: 204-342-2134 Fax: 204-342-2139

DAKOTA PLAINS SCHOOL  
General Delivery,  
Edwin, MB R0H 0G0  
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPI SCHOOL  
2000a Dakota Drive,  
Dakota Tipi, MB R1N 3X6  
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL  
Box 140, Gypsumville R0C 1J0  
Tel: 204-659-5268 Fax: 204-659-5790

DONALD AHMO SCHOOL  
General Delivery,  
Crane River, MB R0L 0M0  
Tel: 204-732-2548 Fax: 204-732-2753

EBB AND FLOW SCHOOL  
General Delivery,  
Ebb and Flow, MB R0L 0R0  
Tel: 204-448-2012 Fax: 204-448-2393

LITTLE GRAND RAPIDS SCHOOL  
General Delivery  
Little Grand Rapids, MB R0B 0V0  
Tel: 204-397-2197 Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL  
General Delivery,  
Cross Lake, MB R0B 0J0  
Tel: 204-676-3030 Fax: 204-676-2798

PETER YASSIE MEMORIAL  
SCHOOL  
General Delivery,  
Tadoule Lake, MB R0B 2C0  
Tel: 204-684-2279 Fax: 204-684-2130

GEORGE SAUNDERS  
MEMORIAL SCHOOL  
General Delivery,  
York Landing, MB R0B 2B0  
Tel: 204-341-2118 Fax: 204-341-2235

PETIT CASIMIR MEMORIAL SCHOOL  
General Delivery,  
Lac Brochet, MB R0B 2E0  
Tel: 204-337-2278 Fax: 204-337-2078

GOD'S LAKE NARROWS FIRST  
NATIONS SCHOOL  
God's Lake Narrows R0B 0M0  
Tel: 204-335-2003 Fax: 204-335-2440

INDIAN SPRINGS SCHOOL  
Box 145,  
Swan Lake, MB R0G 2S0  
Tel: 204-836-2332 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL  
Marius Post Office,  
Marius, MB R0H 0T0  
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL  
Opaskwayak Education Authority  
Box 10160,  
Opaskwayak, MB R0B 2J0  
Tel: 204-623-4286 Fax: 204-623-444

KEESEKOOWENIN SCHOOL  
Box 129, Elphinstone R0J 0N0  
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL  
Vogar, MB R0C 3C0  
Tel: 204-768-2728 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL  
Box 5050,  
Gypsumville R0C 1J0  
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL  
General Delivery,  
Scanterbury R0E 1W0  
Tel: 204-766-2636 Fax: 204-766-2809

NISICHAWAYASIIHK NEYO OHTINWAK  
COLLEGIATE  
General Delivery,  
Nelson House, MB R0B 1A0  
Tel: 204-484-2095 Fax: 204-484-2257  
OTETISKIWIN  
KISKINWAMAHTOWEKAMIK SCHOOL  
General Delivery,  
Nelson House, MB R0B 1A0  
Tel: 204-484-2242 Fax: 204-484-2002

OTTER NELSON RIVER  
CROSS LAKE EDUCATION AUTHORITY  
Cross Lake, MB R0B 0J0  
Tel: 204-676-2050 Fax: 204-676-2464

LAKE MANITOBA SCHOOL  
Vogar, MB R0C 3C0  
Tel: 204-768-2728 Fax: 204-768-2194

MISKOOSEEPI SCHOOL  
Bloodvein, MB R0C 0J0  
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL  
Box 1610,  
Pine Falls R0E 1M0  
Tel: 204-367-2588  
Fax: 204-367-9231

PINAYMOOTANG SCHOOL  
Fairford Reserve,  
Fairford, MB R0C 0X0  
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR  
MEMORIALSCHOOL  
Box 359, Hodgson, MB R0C 1N0  
Tel: 204-394-2314 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL  
General Delivery,  
O'Hanley, MB R0E 1K0  
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL  
Long Plain Reserve,  
Portage I Prairie, MB R1N 3B7  
Tel: 204-252 2326 Fax: 204-252 2786

## ***VOCATIONAL TRAINING AND EMPLOYMENT***

### **Indigenous Inclusion Directorate Manitoba Education and Training**

510 Selkirk Avenue

Winnipeg, MB R2W 2M7

**Website:** <http://www.edu.gov.mb.ca/abedu/index.html>

**Toll free:** 1-800-282-8069 ext. 7886

**Tel:** 204-945-7886

**Fax:** 204-948-2010

The Aboriginal Education Directorate provides leadership and coordination for departmental initiatives in Aboriginal education and training. This includes:

- ensuring an integrated approach to Aboriginal education and training
- promoting the removal of systemic barriers for Aboriginal student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Aboriginal education and training

### **Indigenous Leadership Institute, Inc.**

UNIT 206-1075 Portage Avenue

Winnipeg, MB R3G 0R8

**Email:** [info@ildii.ca](mailto:info@ildii.ca)

**Tel:** 204-940-1700

**Fax:** 204- 940-1719

**Website:** [www.ildii.ca](http://www.ildii.ca)

The Indigenous Leadership Institute, Inc. works closely with educational institutes, government and the private sector. Rich and varied educational opportunities are provided to our clients through partnerships and cooperative alliances. For example, a university may be engaged to provide courses in self-governance, a private consultant to provide training on effective negotiation skills, or a senior civil servant to speak on legislative protocol. Through customized training, communities will become stronger and govern more effectively. The calendar of courses offers approximately 20 single-day or multi-day courses annually, on topics such as:

- government-to-government relations
- financial management and accountability
- governance
- nation-building
- media training
- negotiation
- dispute resolution
- 

Whenever possible, courses are fully or partially sponsored by public or private partners.



## VOCATIONAL TRAINING AND EMPLOYMENT

### **The Anokiiwin Group, Inc.**

1602-275 Portage Avenue  
Winnipeg, MB R3B 2B3

**Tel:** 204-925-2790  
**Fax:** 204-943-0023

As a provincially registered private vocational school, Anokiiwin Training Institute has developed fully accredited educational and training programs to meet specific training needs. In partnership with other post-secondary institutions and private sector trainers, Anokiiwin Training Institute has developed diploma and certificate courses, workshops and seminars. Through strategic alliances with industry associations and individual employers, Anokiiwin Training Institute has developed and delivered a wide variety of industry certified training programs.

### **Centre for Aboriginal Human Resource Development, Inc. (CAHRD)**

304 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1  
**Website:** [www.cahrd.org](http://www.cahrd.org)

**Tel:** 204-989 7110  
**Fax:** 204-989 7113

**CAHRD:** Is a non-profit, registered charitable organization that has been providing quality education, training and employment services to the Aboriginal (Status, Non-status, Métis and Inuit) people of Winnipeg for over 26 years. Through an Aboriginal board of directors and staff, CAHRD administers this mandate through four divisions.

**EMPLOYMENT:** Central Employment Services, Staffing Solutions (for recent graduates), Aboriginal People with Disabilities

**EDUCATION:** High School Diploma, Upgrading, Kookum's Place Child Care, Literacy, Community Campus Aboriginal Community Campus, Aboriginal People's College, Centre, Commissioning, First Nations and Inuit Youth Employment Strategy (see listing under Scholarships, Bursaries and Awards Guide for Aboriginal Students)

### **Civil Service Commission**

935 -155 Carlton Street, Main Floor  
Winnipeg, MB R3C 3H8

**Tel:** 204-945-2332  
**Fax:** 204-945-1486  
**TDD:** 204-945-1437

Provides a wide range of services to assist Affirmative Action target group members (women, Aboriginal people, people with disabilities, and visible minorities), as well as current and potential civil service employees. Users of the services will receive assistance in developing employment strategies, resume writing, interview skills, and understanding the recruitment and selection process of the Manitoba government. Staff conducts outreach recruitment activities and make use of a centralized applicant inventory data system to register and refer applicants to entry level clerical and secretarial positions.

In addition, the branch is equipped with one TDD for the hearing impaired and a Tel number with job bulletins recorded weekly for the visually impaired.

### **Manitoba Education and Training**

Post Secondary Education and Workforce Development  
Employment and Training Services Branch  
215 - 800 Portage Avenue  
Winnipeg, MB R3G 0N4

**Tel:** 204-945-1018  
**Fax:** 204-945-0221  
**Website:** [www.edu.gov.mb.ca](http://www.edu.gov.mb.ca)

## VOCATIONAL TRAINING AND EMPLOYMENT

Employment and Training Services has offices located throughout the Province of Manitoba. Services are provided directly or through community based organizations and are designed to assist Manitobans prepare for and/or obtain employment. Types of services provided are: vocational counselling, academic and career counselling, pre-employment training, job-finding clubs, job referral and placement, skills training, literacy training, labour market information, job bank, subsidized employer-based training, wage incentives, training allowances for eligible clients.

### **Peguis First Nation Training & Employment**

2001- 1075 Portage Avenue  
Winnipeg, MB R3G 0R8  
**Toll free:** 866-942-1260

**Tel:** 204-942 1260  
**Fax:** 204-949 0616

The Peguis School Board Post Secondary Department provides financial assistance to Peguis First Nation band members to obtain a post secondary education. The objective is to assist band members to achieve their education goals, while contributing to the development of their communities. Offices in Peguis and Winnipeg are staffed with education counsellors to provide information and assistance to individuals who are interested in pursuing post secondary education. Peguis School Board Post Secondary Department also operates in partnership with Peguis First Nation Training and Employment, and the Peguis Adult Education Learning Centre for individuals who are interested in obtaining their Mature Grade 12 high school diploma.

### **Sagkeeng Employment and Training Services**

200G-70 Arthur Street  
Winnipeg, MB R3B 1G7

**Tel:** 204-943-6073  
**Fax:** 204-943-6081 (Reserve Office)  
**Toll free:** 1-866-426-8551

P.O. Box 8,  
Fort Alexander, MB R0E 0P0  
**Website:** [www.sagkeeng.ca](http://www.sagkeeng.ca)

**Tel:** 204-367-8740  
**Fax:** 204-367-9061

The mandate of Sagkeeng Employment and Training Services is to provide assistance to Sagkeeng band members and make information and resources available regarding education and employment. Everyone is welcome to use the many resources and services, such as computers and other resource equipment, employment and training counselling, employment workshops and job search assistance.

### **Training Resources for Youth (TRY)**

(New Directions for Children, Youth and Families)

1<sup>st</sup> Floor - 717 Portage Avenue  
Winnipeg, MB R3G 0M8

**Email:** [TRY@newdirections.mb.ca](mailto:TRY@newdirections.mb.ca)

**Tel:** 204-786-7051 - Ext. 5256  
**Fax:** 204-783-0851  
**TTY:** 204-774-8541

#### **Program Objective:**

Training Resources for Youth or TRY is a program to help youth prepare for entry into the workforce or return to school. A pre-employment program for young people between 16 and 19 years of age is offered through TRY. Their goal is to prepare young people for entry into the workforce, return to school or further training. Services include:

- in-class training
- life-skills training

## VOCATIONAL TRAINING AND EMPLOYMENT

- work experience
- counselling, support and advocacy

Participants in the TRY program have dropped out of school and are looking for a new direction in their life, either by returning to school or developing the skills to find a job. The TRY program combines life skills training in the classroom and work experience at a job site.

### **Life skills Training:**

Participants attend a five-week life skills training session. This includes: personal development: communication skills, self awareness, abuse prevention, problem-solving/decision-making skills, cultural awareness/exploration and healthy sexuality. Pre-employment skills: employment interests/career decision-making, job search skills, resume and application form writing, and employer expectations. Work experience participants are placed in a series of entry level jobs to expose them to a range of workplace experiences. Employers help the participants learn basic employment practices such as getting to work on time, taking direction from others, communicating clearly, and taking initiative. There are two types of job placement for which participants receive experience and pay: **Part-time work experience:** Three weeks long **Individualized full-time work experience:** Three weeks of full-time work.

### **Urban Circle Training Centre, Inc.**

519 Selkirk Avenue  
Winnipeg, MB R2W 2M6

**Tel:** 204-589-4433  
**Fax:** 204-582-6439

At Urban Circle, our goal is to provide culturally appropriate education and training to First Nations, Métis, and Inuit women and men in Winnipeg. Since 1991, we have offered certified programming that connects to both our cultural teachings and labour-market demands. At our Centre, students are provided with a sense of belonging and community, and we are committed to enriching the quality of their educational experience by providing them with opportunities for personal growth and success.

### **Build Inc.**

Unit 200 – 765 Main Street  
Winnipeg, MB R2W 3N5  
**Email:** [reception@build.ca](mailto:reception@build.ca)

**Tel:** 204-943-5981  
**Fax:** 204-943-6003

Our paid training program is designed for people who most employers (and social service agencies) would deem “unemployable”. Few trainees hired by BUILD have completed high school, and few have worked in the formal labour market. Many trainees have had contact with the criminal justice system, some are struggling with addictions, and many have unstable home environments. Most often, trainees do not have a driver’s license, and most have no prior experience using tools or even a measuring tape. These are basic requirements for entry into the construction trades.

Our journeymen and trainers provide hard skills training and mentorship to trainees – offering a supportive environment for trainees to learn and grow. Trainees also have access to a team of support workers, including a training coordinator, a safety and hard skills instructor, and an employment and education facilitator.

## VOCATIONAL TRAINING AND EMPLOYMENT

The training coordinator works one-on-one with trainees to access on-site workshops and classes as wide-ranging as parenting and money management to math upgrading and high school completion. The coordinator also organizes cultural activities, such as sweat lodge ceremonies, and can put trainees in contact with community elders.

Our employment and education facilitator works with trainees to develop long-term goals, such as entering trades-based education programs, or securing employment in the construction sector. The facilitator also works with trainees to update their resumes, account for newly acquired skill-sets, and matches trainees with potential employers.

The safety and hard skills instructor provides all required safety training and facilitates all initial hard skills training in our dedicated training workshop. Here trainees receive practical hands-on instruction specific to the work they will do in our Social Enterprise Department.

Trainees who finish the six-month work program either go on to complete their high school and enter apprenticeship programs (largely, in carpentry), or they move directly into the work force. BUILD has been able to hire a select number of former trainees as part of our permanent staff.

### Training program break down

BUILD's training program consists of in-class training and practicum placements. The in-class training component is delivered in the first eight to 10 weeks and includes both life skills and vocational training. The practicum placements occur in the last four months of training.

#### In-class training

##### Trades-based tutoring:

Math is fundamentally important in the Trades. BUILD has partnered with Workplace Education Manitoba to offer tutoring to those trainees needing to further their knowledge and skills in trades-based math.

#### Life skills training

Life skills training is included in the in-class component of the program and provides participants with the skills required to transition to the labour market, which could include the following programs:

- money management training
- parenting program for eligible participants
- cultural programming
- driver training
- math tutoring (provided by Workplace Education Manitoba)

#### Vocational training

Vocational training will provide participants with skills required for the practicum component. Training could include the following programs:

## VOCATIONAL TRAINING AND EMPLOYMENT

- provision of personal tools and safety equipment
- first aid/CPR
- WHMIS
- safety training (i.e. fall protection, personal protective equipment, hearing conservation, ladder safety, hands on safe power and hand tool use, other training as needed)
- tool use
- introduction to trades basics
- introduction to carpentry and plumbing trades
- other trades skills as determined by BUILD's current scope of work

### Practicum training

Participants obtain work experience through practicum for the remaining four months of training. Participants gain work experience in one or more of BUILD's social enterprise divisions, which could include:

- Insulation division
- Maintenance division

Training occurs on-site through work orders obtained through Manitoba Housing and Community Development, other housing providers, or private sector contracts.

### **Adult Education Centres Inc.**

1240 Main Street

**Tel:** 204-953-0818

Winnipeg, MB R2W 3S9

**Website:** [www.adult-education.ca](http://www.adult-education.ca)

Offer a variety of literacy and high school credit courses including options in math, English, science, and electives. Manitoba Education and Training recognizes both the 30-credit and mature adult high school diplomas that are offered.

### **A Stepping Stone**

**Tel:** 204-586-7379

A program of the Point Douglas Community Resource Network's Adult Learning & Literacy program (ALL), it offers a variety of literacy programs and high school courses leading towards mature student diploma.

### **CrossRoads Learning Centre**

**Tel:** 204-953-2030

Unit H – 2211 McPhillips Street

**Fax:** 204-694-0779

Winnipeg, MB R2V 3M5

**Email:** [crossroadslearning@mymts.net](mailto:crossroadslearning@mymts.net)

**Website:** [www.crossroadslearning.ca](http://www.crossroadslearning.ca)

Provides high school credit courses (Grade 11-12) for adults to help them prepare for further training at the post-secondary level, or secure meaningful employment.

## VOCATIONAL TRAINING AND EMPLOYMENT

### **Horizons Learning Centre**

Unit G - 431 Thames Avenue  
330 Portage Avenue  
222 Furby Street

**Tel:** 204-772-1234 (Elmwood)  
**Tel:** 204-943-1229 (City Place Skywalk)  
**Tel:** 204-775-8486 (Crossways on Broadway)

**Website:** [www.horizonslearning.com](http://www.horizonslearning.com)

Horizons Learning Centre is an adult learning centre which offers courses for obtaining a mature student diploma or to upgrade in order to gain employment or admittance to post-secondary schooling.

### **JobWorks Adult Learning Centre**

1175 Pembina Highway  
Winnipeg, MB R3T 2A5

**Tel:** 204-453-8351  
**Fax:** 204-453-0277

**Website:** [www.jobworksschool.com](http://www.jobworksschool.com)

The JobWorks Adult Learning Centre offers high school academic and vocational courses leading towards a mature high school diploma or GED upgrades.

Located in Winnipeg, Manitoba, **Jobworks** is an adult learning centre providing provides students with a variety of academic and vocational programs. Their main campus is located at 1175 Pembina Highway between Jubilee Avenue and McGillivray Boulevard.

Students are taught in a classroom environment by Manitoba-certified teachers using curriculum approved by the Manitoba government. The teachers at **Jobworks** are dedicated, caring professionals who take pride in working with students to help them achieve their goals. The environment at **Jobworks** is comfortable, welcoming, relaxed and technologically well- equipped. **Jobworks** is a non-profit organization, incorporated in December 2000. As an organization we have offered a variety of academic and vocational programs to both youth and adults. **Jobworks** is governed by a 10-member board of directors and is funded by the government of Manitoba. No tuition fees are charged for the courses.

The three main programs offered at **Jobworks** are *Adult High School, Alternative High School and Educational Assistant Internship.*

## HOUSING

### ***HOUSING***

#### **Rural and Native Housing Program**

Manitoba Family Services and Housing

2<sup>nd</sup> Floor – 352 Donald Street

Winnipeg, MB R3B 2H8

**Email:** [housing@gov.mb.ca](mailto:housing@gov.mb.ca)

**Website:** <http://www.gov.mb.ca/housing/housingoffice.html>

**Tel:** 204-945-4663

**Fax:** 204-948-2013

**Toll free:** 1-800-661-4663

Manitoba Housing provides a wide range of subsidized housing throughout the province of Manitoba. We partner with other governments, community organizations and private groups to create safe and affordable housing.

Individuals and organizations **may be eligible** for one of the following programs:

- rental housing
- co-operative housing
- home ownership
- repair programs
- housing development
- secondary suites program
- rental housing construction tax credit program

At times we issue **calls for proposals** for various development projects.

We also provide **services** and **resources** to our Manitoba Housing tenants.

Once you've had a chance to look through our site please **contact us** with any questions you may have.

#### **Urban Native Non-profit Housing**

Manitoba Housing and Community Development

Portfolio Administration Branch

**Tel:** 204-945-4661

Main Floor - 280 Broadway

Winnipeg, MB R3C 0R8

**Website:** <http://www.gov.mb.ca/fs/housing/urbannativehousing.html>

This program supports the operation of non-profit native corporations or cooperatives that have developed housing for Aboriginal households in need. Applicants for housing assisted under this program will be selected on the basis of being financially unable to obtain affordable, suitable and adequate housing in the private market.

#### **Dakota Ojibway First Nations Housing Authority**

100-11 Arden Avenue

**Tel:** 204-988-5380

#### **Anicinabe Housing Corporation**

217 Main Street

**Tel:** 204-638-8927

Dauphin, MB R7N 1K5

## HOUSING

### **Brandon Friendship Centre Housing**

836 Lorne Avenue  
Brandon, MB R7A 0T8

**Tel:** 204-727-1407

### **Kanata Housing Corporation**

Suite 202 - 2055 McPhillips Avenue  
Winnipeg, MB R2V 3C6

**Tel:** 204-338-6261

### **Keewatin Housing Association**

23 Nichol Road  
Thompson, MB R8N 0Y4

**Tel:** 204-677-0241

### **Kinew Housing Corporation**

394 McGregor Street  
Winnipeg, MB R2W 4X5

**Tel:** 204-956-5093

### **Payuk Intertribal Co-Op Ltd.**

200-1080 Portage Avenue  
Winnipeg, MB R3G 3M3

**Tel:** 204-942-0991

### **Portage Friendship Centre Housing**

20-3rd Street North East  
Portage la Prairie, MB R1N 3C5

**Tel:** 204-239-6333

### **Swan River Friendship Centre Housing**

1413 Main Street East  
Swan River, MB R0L 1Z0

**Tel:** 204-734-9301

### **Winnipeg Rental Network**

c/o 509 Selkirk Avenue  
Winnipeg, MB R2W 2M6  
Email: [Contact@winnipegrentnet.ca](mailto:Contact@winnipegrentnet.ca)

**Tel:** 204-417-2110

The Winnipeg Rental Network (WRN) is a non-profit initiative providing a web-based database that makes it easier for people to find affordable rental housing. The site is also a one-stop-shop for agencies that provide supports to people in the low-to-medium income range. WRN is not a housing provider; it is a network of public, private and community-based organizations that work to improve accessibility to affordable rental accommodation.

The Network uses Median Market Rents, as determined by Canada Mortgage and Housing Corporation (CMHC), to establish an upper limit on what is deemed “**affordable**”.



## HOUSING

The WRN database is a free service for landlords and tenants. Landlords and property managers can log on and self-manage rental listings. The WRN administrator can also create listings for landlords (see contact info below).

Individual renters seeking accommodations can search geographic areas to find vacancy and contact information.

If you have a tenant/landlord dispute, or if you have questions about your rental, you can also call the **Residential Tenancies Branch** for help at 204-945-2476. The Residential Tenancies Branch is responsible for enforcing Landlord & Renter regulations found in The Residential Tenancies Act.

The Winnipeg Rental Network also maintains online material regarding tenant and landlord rights, information about housing programs and links to organizations that provide housing support. The primary goal of this information service is to strengthen tenancy for renters and to minimize challenges facing landlords.

## COMMUNICATIONS

### ***COMMUNICATIONS***

#### **Indigenous Business Directory**

Manitoba Infrastructure  
Procurement Services Branch  
2nd Floor - 270 Osborne Street North  
Winnipeg, MB R3C 1V7  
**Email:** [procserv@gov.mb.ca](mailto:procserv@gov.mb.ca)  
**Tel:** 204-945-6361  
**Fax:** 204-945-1455

Manitoba's Aboriginal population is growing quickly, including an expanding business and entrepreneurial sector, yet Aboriginal firms have been under-represented in responding to government procurement opportunities. Procurement practices can be seen as one way to assist in the development of Aboriginal business and supports Manitoba's commitment to community economic development as a key component of Manitoba's economic strategy, intended to develop a provincial economy that is more inclusive, equitable, and sustainable.

The objective of the Aboriginal Procurement Initiative is to increase the participation of Aboriginal peoples and suppliers in providing goods and services to the Manitoba government. To that end, Manitoba Procurement Services Branch has introduced an Aboriginal Procurement Initiative (API) to increase the participation of Aboriginal businesses in providing goods and services to government.

#### **Manitoba Metis Business Directory**

340 – 150 Henry Avenue  
Winnipeg, MB R3B 0J7  
**Email:** [info@medf.ca](mailto:info@medf.ca)  
**Tel:** 204-589-0772  
**Fax:** 204-589-0791  
**Toll free:** 1-800-387-6004

The Metis community is strong province-wide. Being in the directory, you can be recognized as a leader in your sector and become more accessible to people searching for an expert in your field – with this directory, the Metis can support one another. The Metis Business Directory can help increase the competitiveness of your business, broaden your awareness of opportunities for business growth and connect you more strongly to the Metis Community.

- Increase Business
- Network with other leaders in your sector
- Take full advantage of all opportunities available to you
- Collaborate with other Métis entrepreneurs
- Procurement Opportunities
- Raise you business profile

#### **Aboriginal Peoples Television Network (APTN)**

2nd floor - 339 Portage Avenue  
Winnipeg, MB R3B 2C3  
**Email:** [info@aptn.ca](mailto:info@aptn.ca)  
**Tel:** 204-947-9331  
**Fax:** 204-943-8985  
**Toll free:** 1-888-278-8862

APTN is the first national Aboriginal television network in the world with programming by, for and about Aboriginal Peoples, to share with all Canadians as well as viewers around the world. APTN is a mandatory service available in over 11 million Canadian households with

## COMMUNICATIONS

basic cable, direct-to-home (DTH) or wireless service.

APTN's programming is over 80% Canadian content with other programming generated from New Zealand, Australia, Central and South America and the United States. APTN has 56% of its programming in English, 28% in various Aboriginal languages and 16% in French. Over half of APTN programming (56%) is exclusive and cannot be seen on any other network.

### **Aboriginal Youth Network (AYN)**

PO Box 34007 - Kingsway  
Edmonton, AB T5G 3G4  
**Email:** [info@comminit.com](mailto:info@comminit.com)

**Tel:** 780-459-1058  
**Fax:** 866-419-7266

The AYN was brought about because of the social and health issues that Aboriginal youth face due to the breakdown of Aboriginal Culture in Canada. This website will attempt to unite and bring cultural identity to youth across the country. The goal is to provide a place where youth can access information that they may find useful in their everyday lives. The main focus is on news, events, and getting youth to communicate with each other. The reason the AYN was implemented was to get youth over the disadvantages they faced as Aboriginal people. This is done through tying social issues together with culture. The AYN's focus is on current events, expression of ideas, involvement in the community, remedying disadvantages that Aboriginal peoples face, and providing communication tools to Aboriginal youth.

### **Grassroots News**

24 -1635 Burrows Avenue  
Winnipeg, MB R2X 3B5

**Email:** [publisher@grassrootsnews.mb.ca](mailto:publisher@grassrootsnews.mb.ca)

**Tel:** 204-589-7495  
**Fax:** 204-589-7540

**Website:** <http://www.grassrootsnews.mb.ca>

Grassroots News reaches 63 First Nations, most Métis communities, as well as major cities and towns in Manitoba. Within the City of Winnipeg we have over 200 strategically placed distribution points. We also do door-to-door distribution in many neighborhoods where Aboriginal people live. Papers are also distributed through Aboriginal Tribal Councils, libraries, government offices, colleges and Aboriginal and Métis community centres. As our name implies, we are read by the "Grassroots" people making up the Aboriginal and Métis population of Manitoba, as well as the decision-makers within that Aboriginal demographic. Our National edition reaches Aboriginal people and decision-makers throughout Canada.

## CHURCH SPONSORED GROUPS

### **CHURCH SPONSORED GROUPS**

#### **Agape Table**

All Saints Anglican Church  
175 Colony Street  
Winnipeg, MB R3C 1W2

**Tel:** 204-783-6369  
**Secondary Line:** 204-786-2370

Agape Table is committed to providing a community-based program, nourishing the body, mind, and spirit of our guests in a cost effective and financially responsible manner. Agape Table provides a subsidised breakfast for \$1.00 and lunches for \$2.00. Meals are prepared with fresh ingredients; all items are purchased and prepared in restaurant style. Their breakfast program runs Monday to Friday, from 9 - 11:30 a.m. Onsite, Low-Cost Grocery operates Tuesdays, Wednesdays and Thursdays from Noon to 2PM offering choices of good nutritious food for at-cost prices, so everyone has the opportunity to eat healthy — including milk, cheese, meat, eggs, fresh fruit and vegetables.

#### **Sandy-Saulteaux Spiritual Centre**

Box 210  
Beausejour, MB R0E 0C0  
**Email:** [sansau@mymts.net](mailto:sansau@mymts.net)

**Tel:** 204-268-3913  
**Fax:** 204-268-4463  
**Website:** <http://sandysaulteaux.ca>

The Sandy-Saulteaux Spiritual Centre is an Aboriginal theological and ministry training program of the United Church of Canada. It prepares Aboriginal people for lay and ordered ministry by affirming a style of leadership appropriate to Aboriginal culture and Aboriginal church experience. It also develops and tests curricula and models to uphold this style of learning, including theological education by extension programs. The Sandy-Saulteaux Spiritual Centre provides cross-cultural and spiritual awareness for the larger community.

The Sandy -Saulteaux Spiritual Centre is located on 36 peaceful acres of wooded parkland beside the Brokenhead River, one mile east of Beausejour, Manitoba. The buildings include a main lodge, offices, and three residential lodges. Meals are prepared on site.

#### **First Nations Community Church**

44 Tentler Street  
Winnipeg, MB R2R 0L1

**Tel:** 204-632-5100  
**Fax:** 204-694-7157

Worship service at 11 a.m. Children's Church during worship service. Phone for information.

#### **Indigenous Family Centre, Inc.**

470 Selkirk Avenue  
Winnipeg, MB R2W 2M5  
**Email:** [info@ifcentre.ca](mailto:info@ifcentre.ca)

**Tel:** 204-586-8393/204-586-8394  
**Fax:** 204-582-3131  
**Website:** <http://www.ifcentre.com/>

Indigenous Family Centre is an organization that focuses on spirituality and healing. The centre uses a holistic approach to support the families in the Indigenous community. The goal is the development of an Indigenous community that works and worships together and a community that cares for and supports each other. The centre encourages local people to

## CHURCH SPONSORED GROUPS

identify program ideas and take ownership of the activities and events that happen at the centre. In this way, the centre helps facilitate leadership development.

Pastoral care and counselling are provided, and staff are available to listen to people and provide encouragement and support to community members as they work at healing within their lives. Everyone is welcome to join a weekly sharing circle on Thursday mornings at 11 a.m.

### **St. Kateri Tekakwitha Aboriginal Catholic Parish**

548 Home Street  
Winnipeg, MB R3G 1X7  
**Email:** [st.kateri@shaw.ca](mailto:st.kateri@shaw.ca)

**Tel:** 204-783-7215  
**Fax:** 204-775-1126  
Office Hours: 9 a.m. to 4:30 p.m.

The parish exists in response to the expressed need of the Catholic Aboriginal people of Winnipeg for a church of their own - a church not only in the sense of a place to attend mass and celebrate the sacraments, but a church as the central place in the development of an Aboriginal Christian community.

This ministry provides liaison and assistance to individuals and families attempting to obtain services from the various social agencies in the city, and also provides support and help to individuals and families in crisis. Church Mass: Sunday at 9 a.m. and 10:30 a.m.

### **Mennonite Central Committee (MCC) Manitoba**

Indigenous Neighbours Program  
159 Henderson HWY  
Winnipeg, MB R2L 1L4

**Tel:** 204-925-1910  
**Email:** [kerrysanerharvey@mccmb.ca](mailto:kerrysanerharvey@mccmb.ca)  
**Website:** <http://mccmb.ca>

The purpose of MCC Manitoba's Indigenous Neighbours Program is to support Indigenous peoples in Manitoba, particularly treaty areas 1 to 3, in achieving political, economic, social and cultural self-determination, as well as is to foster authentic relationships towards reconciliation between non-Indigenous and Indigenous peoples. Thus, the work is concentrated in two areas:

**Social Development:** MCC uses a community development approach to facilitate strategic planning and organizational development, with a particular focus on community wellness, youth employment, education and environmental justice.

**Renewing Relationships:** The purpose of this program is to facilitate dialogue and mutual understanding between Indigenous and non-Indigenous people as a basis for working together to address issues of contemporary or historical injustices experienced by Indigenous peoples in Canada. The emphasis of this program is on Indigenous self-government, social policy and sacred access to land and resources.

### **St. Matthews - Maryland - Community Ministry**

365 McGee Street  
Winnipeg, MB R3G 3M5  
**Website:** [www.stmatthewsmaryland.ca](http://www.stmatthewsmaryland.ca)

**Tel:** (204) 774 3957  
**Email:** [admin@stmatthewsmaryland.ca](mailto:admin@stmatthewsmaryland.ca)

## CHURCH SPONSORED GROUPS

**Drop-in:** Monday, Tuesday, Thursday, Friday from 1:30-4 p.m. Come for coffee, a light lunch, and good company. Women only on the 2nd and 4th Thursday of every month. (Childcare is provided on women's days)

**Emergency Food Pantry:** Tuesday and Thursday from 1:30-4 p.m. Provides a small amount of food for individuals and families facing emergency situations. This can only be claimed once every 2 weeks. Ministries capable pastoral care team volunteers can work with you to find other resources.

**Sharing Circle and Lunch:** Tuesday mornings at 10:30 a.m. We meet for a smudge, prayers, and a sharing circle led by an Elder. All are welcome. This is followed by lunch.

St. Matthews-Maryland – Community Ministry offers lots of other programs at any given time. Please see their website or call for the most current information.

### **United Church of Canada - All Native Circle Conference**

367 Selkirk Avenue

Winnipeg, MB R2W 2M3

**Email:** [admin@ancc.united-church.ca](mailto:admin@ancc.united-church.ca)

**Tel:** 204-582-5518

**Fax:** 204-582-6649

**Website:** [allnativecircleconference.com](http://allnativecircleconference.com)

The All Native Circle Conference is an umbrella organization providing support and connection for about 40 Aboriginal ministries of the United Church of Canada. The congregations are located from Alberta to Quebec, with about half being in northern Manitoba. The Selkirk Avenue location is mainly office and meeting space for the organization and headquarters for the staff team. From time to time, other groups meet in the space.

### **Northend-Stella Community Ministry**

470 Selkirk Avenue

Winnipeg, MB R2W 2M5

**Website:** <http://northendstella.ca/>

**Tel:** (204) 586 8137

**Email:** [minister@northendstella.ca](mailto:minister@northendstella.ca)

Programs offered include:

- Women's Circle on Wednesday evenings at 6 p.m.
- Worship Circle most Sunday afternoons at 2 p.m.
- Drop in counseling and conversation on Wednesdays from 1-4 p.m.
- Moving towards Reconciliation: Our community minister works with partner churches and community organizations to build bridges of understanding through the Blanket Exercise and sharing circles.

### **Winnipeg Inner City Missions**

**Website:** <https://wicm.ca>

### **Anishinabe Fellowship**

287 Laura Street

**Tel:** 204-946-0887

## CHURCH SPONSORED GROUPS

- Place of Hope Community Store  
Monday – Thursday - 9 a.m. - 3 p.m.  
Used clothing and household items - 25¢ per article
- LAPP (Learning And Play Program)  
Infants to children five years of age and their caregivers  
Wednesday 1-3 p.m.  
Call Susan at 204-942-8682 ext 224 for information

### Place of Hope

415 Logan Avenue  
Winnipeg, MB R3A 0A4  
Staff Offices:

Rev Margaret Mullin (Executive Director)

**Tel:** 204-942-8682 ext 222

Susan Currie (Parish Social Worker)

**Tel:** 204-942-8682 ext 224

Crystal McKeen (First Steps to Employment Project Co-ordinator) **Tel:** 204-942-8682 ext 223

- First Steps to Employment Project  
For single adults 30-50 years of age old who want to work and need extra supports.  
There are 19 apartments available for those who qualify for entry into the project
- Place of Hope Presbyterian Church  
Reverend Margaret Mullin (Minister) **Tel:** 204-942-8682 ext. 222  
Church and Sunday School - Sundays at 3:30 p.m.

### Flora House

739 Flora Avenue

**Tel:** 204-586-5494

- After School Program for ages 6-10 years  
3:30-5:30 p.m. Monday to Thursday. Children must be registered.
- Teen Program for ages 11-14 years  
6:30-8:30 p.m. Monday to Thursday. Children must be registered.
- Food Bank every other Tuesday – September to June  
People must register ahead with Winnipeg Harvest
- Summer Day Camps in July and August  
Ages 6-14 Monday to Thursday 11 a.m.-4 p.m.

## ARTS AND CRAFTS

### ***ARTS AND CRAFTS***

#### **Arctic Trading Company**

Box 910  
Churchill, MB R0B 0E0  
**Toll free:** 1-800-665 0431  
**Email:** [atcpenny@mymts.net](mailto:atcpenny@mymts.net)

**Tel:** 204-675-8804  
**Fax:** 204-675-2164

#### **Thompson Trading Post**

City Centre Mall  
Thompson, MB R8N 0M2  
**Website:** <http://arctictradingco.com>

**Tel:** 204-677-2026  
**Fax:** 204-677-3149

Arctic Trading Company and Thompson Trading Post feature the work of a number of Aboriginal women in Churchill who specialize in mukluks, moccasins, fur mitts, sheepskin hats, etc. They deal directly with Aboriginal artists. Two workshops are held: 1) Caribou hair tufting and sculptures, and 2) framing caribou hair sculptures and tuftings, birchbark bitings, beadwork and fish scale work produced by native artists.

#### **Canadian Plains Gallery, Inc.**

106 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1

**Tel:** 204-943-4972  
**Fax:** 204-943-5008

**Website:** <http://neegincentre.com/canadian-plains-gallery/> or  
<http://www.canadianplainsgallery.com/>

**Gallery Hours:** Monday to Friday 9 a.m. - 5 p.m.

Canadian Plains Gallery offers a wide variety of Aboriginal art. The mediums consist of paintings, carvings, sculptures, original jewellery, stone painting, caribou hair tufting, porcupine quill work, totems, spirit poles, beadwork, pottery, etching on granite, wood burning, birch bark biting, flutes, photography, prints and art cards. Artists are available for workshops, murals, commissions and logos. The gallery is also an agency for models, traditional dancers, singers, music, photography services and entertainment coordinating.

#### **Concourse Aboriginal Gallery and Framing**

224 Notre Dame Avenue  
Winnipeg, MB R3B 1N6

**Tel:** 204-943-2795  
**Fax:** 204-943-2795

The Concourse Aboriginal Gallery offers a wide selection of traditional and contemporary Aboriginal art, along with an extensive variety of prints and other works of art, including stone carvings. They also appraise art and repair carvings.



## ARTS AND CRAFTS

### **Nunavut Gallery**

603 Corydon Avenue  
Winnipeg, MB R3L 0P3

**Email:** [Richard@nunavutgallery.com](mailto:Richard@nunavutgallery.com)

**Tel:** 204-478-7233

**Fax:** 204-943-2734

**Website:** <http://www.nunavutgallery.com>

Nunavut Gallery carries sculpture, drawings and prints from all areas of the Arctic. They also do appraisals.

### **Teekca's Aboriginal Boutique**

The Forks Market  
223-1 Forks Market Road  
Winnipeg, MB R3C 4L9

**Email:** [teekcasboutique@mts.net](mailto:teekcasboutique@mts.net)

**Tel:** 204-946-0539

**Fax:** 204-942-1722

**Website:** <http://www.teekcasboutique.ca>

Teekca's Aboriginal Boutique is a unique Aboriginal shop catered to provide gifts crafted by the first peoples of North America. The artisans incorporate the history, geography and culture into their beautiful wares and artwork by drawing upon the natural resources from the land. Inside you will discover a bounty of Aboriginal treasures for that special person or a keepsake reminiscent of past generations for yourself. The virtual and actual store hosts a variety of Aboriginal art work and hand crafted items from all Aboriginal ancestry of Canada and across North America. And if we don't have what you're looking for we can work with you to create them.

### **Winnipeg Trading Post**

1128 Main Street  
Winnipeg, MB R2W 3S3

**Email:** [winnipegtradingpost@hotmail.com](mailto:winnipegtradingpost@hotmail.com)

**Website:** <http://www.winnipegtradingpost.com>

**Tel:** 204-947-0513

**Fax:** 204-942-4648

**Toll free:** 1-866-293-4949

Winnipeg Trading Post carries Native handcrafted supplies, Navajo and Mojave blankets, mukluks and crafts, beads, leather and furs.

## PROFESSIONAL SERVICES

### ***PROFESSIONAL SERVICES***

#### **First Peoples Economic Growth Fund:**

102-1075 Portage Avenue  
Winnipeg, MB R3G 0R8

**Email:** [info@firstpeoplesfund.ca](mailto:info@firstpeoplesfund.ca)

**Tel:** 204-942-6026

**Fax:** 204-942-6441

**Toll free:** 1-888-942-6026

**Website:** [www.firstpeoplesfund.ca](http://www.firstpeoplesfund.ca)

#### **Aboriginal Chamber of Commerce**

1075 Portage Avenue, Ste 208  
Winnipeg, MB R2W 5H9

**Email:** [info@aboriginalchamber.ca](mailto:info@aboriginalchamber.ca)

**Tel:** 204-237-9359

**Fax:** 204-947-0145

**Website:** [www.aboriginalchamber.ca](http://www.aboriginalchamber.ca)

Aboriginal Chamber of Commerce is a national business association that, while focused on Aboriginal business and commerce, is open to all business leaders.

#### **Louis Riel Capital Corporation (LRCC)**

Floor 3 - 150 Henry Avenue  
Winnipeg, MB R3B 0J7

**Email:** [info@lrcc.mb.ca](mailto:info@lrcc.mb.ca)

**Tel:** 204-589-0772

**Fax:** 204-589-0791

#### **Tribal Wi-Chi-Way-Win Capital Corporation (TWCC)**

419 Norte Dame Avenue  
Winnipeg, MB R3B 1R3

**Website:** <http://www.twcc.mb.ca>

**Tel:** 204-943-0888

**Fax:** 204-946-5318

**Toll free:** 1-800-568-8488

TWCC was established in 1993 to provide financial resources to qualified member Aboriginal entrepreneurs and businesses in Manitoba. Structured under the guidelines of the Aboriginal Capital Corporation Program of the Canadian Aboriginal Economic Development Strategy, TWCC was created through the efforts and application of five Manitoba Tribal Councils and a number of Independent First Nations. From the original three employees, TWCC has grown to its current size of over 165 employees across multiple lines of business. Its diversification strategy has led to consistent and strategic growth within the organization.

TWCC embraces a culture founded on strong governance, commitment to deliver value to its shareholders and to make positive contributions within the community. Today, TWCC is one of the largest of the 60+ Aboriginal Capital Corporations across Canada. Since inception in 1993, TWCC loans have helped approximately 800 Aboriginal businesses in Manitoba, which in turn has generated over 2,300 jobs.

#### **Aboriginal Funeral Chapel**

## PROFESSIONAL SERVICES

724 Selkirk Avenue  
Winnipeg, MB R2W 2N3  
Email: [peterafc@mts.net](mailto:peterafc@mts.net)

Tel: 204-586-7700  
Fax: 204-582-4829

At the Aboriginal Funeral Chapel, Aboriginal staff serve First Nations people. The chapel is dedicated to honouring and upholding First Nations traditions.

### **Aboriginal Printing Services also operating as Shinnecock Native Printers**

Room B02 - 181 Higgins Avenue  
Winnipeg, MB R3B 3G1

Tel: 204-589-4844  
Email: [native@mts.net](mailto:native@mts.net)

Aboriginal Printing Services specializes in digital, full-colour, offset and letterpress printing. The company has been in business since 1977. (Shinnecock - a Native American tribe of the Algonquian Nation)

### **Canadian Council for Aboriginal Business (CCAB)**

2 Berkeley Street  
Toronto, ON M5A 4J5  
Email: [info@ccab.com](mailto:info@ccab.com)

Tel: 416-961-8663  
Fax: 416-961-3995  
Website: <http://www.ccab.com>

CCAB is dedicated to promoting the full participation of Aboriginal people in the Canadian economy. CCAB's mission is to connect Aboriginal and non-Aboriginal people and companies with the opportunities they require to achieve personal and business success. CCAB's most far-reaching initiative is the Progressive Aboriginal Relations (PAR) program, which helps corporations assess their performance in their relations and involvement with Aboriginal communities and provides tools to help them improve.

### **Dakota Ojibway Community Futures Development Corporation**

4820 Portage Avenue  
Headingley, MB R4H 1C8  
Email: [info@docfdc.mb.ca](mailto:info@docfdc.mb.ca)

Tel: 204-988-5373  
Fax: 204-988-5365  
Website: <http://www.docfdc.mb.ca>

The corporation provides small business loans to members from any of the eight communities of the Dakota Ojibway Tribal Council, including:

- Birdtail Sioux First Nation
- Canupawakpa Dakota Nation
- Dakota Plains First Nation
- Long Plain First Nation
- Roseau River First Nation
- Sandy Bay First Nation
- Sioux Valley Dakota Nation
- Swan Lake First Nation

### **First Nations Bank Micro Loan Program**

## PROFESSIONAL SERVICES

### **Western Economic Diversification Canada**

P.O. Box 777  
Suite 712 - 240 Graham Avenue  
Winnipeg, MB R3C 2L4

**Tel:** 204-983-4472  
**Toll free:** 1-888-338-9378  
**Fax:** 204-983-1280

### **Winnipeg Branch:**

360 Broadway Avenue  
Winnipeg, MB R3C 0T6

**Tel:** 1-866-519-5898  
**Fax:** 204-988-1388

**Website:** <https://www.fnbc.ca/Business/>

The First Nations Bank Micro Loan Program, from Western Economic Diversification Canada (WD) and the First Nations Bank of Canada, offers loans to help start or expand a business.

The First Nations Bank Micro Loan Program is specifically designed to benefit people meeting the following criteria:

- operating or about to operate in Western Canada
- enrolled in or a graduate of the Self-Employment Benefits Program or similar entrepreneurial program
- referred to First Nations Bank by Western Economic Diversification.

To be eligible, interested applicants must clearly show a commitment to starting or expanding a small business. This may involve demonstrating a significant time commitment to the start-up or management of the business and some financial stake in the prospective or existing business.

### **Ininew Project Management Ltd.**

700-294 Portage Avenue  
Winnipeg, MB R3C 0B9  
**Email:** [ininew@ininew.com](mailto:ininew@ininew.com)

**Tel:** 204-956-0900  
**Fax:** 204-956-4766  
**Website:** <http://www.ininew.com>

Ininew Limited Partnership was founded in 1990, specifically to provide feasibility study, engineering design and project management services for the full range of capital projects in First Nation Communities.

Ininew is completely owned by two Manitoba First Nations - Tataskweyak Cree Nation (Split Lake) and Mosakahiken Cree Nation (Moose Lake). It meets the criteria set out by Canada for Aboriginal Business. Ininew's services are provided by skilled professionals who recognize the importance of local planning and decision making processes. This enables Ininew to respond effectively to community input and thus increase community satisfaction with the results of each project. Ininew offers services in the following major areas:

- capital planning
- project management
- feasibility studies
- civil engineering design

## PROFESSIONAL SERVICES

- construction administration
- geotechnical engineering
- foundation design and inspection
- environmental audits
- contaminant migration and site remediation strategies
- housing: residential, elderly person homes
- education: schools and teacherages
- recreation: arenas, curling rinks and baseball diamonds
- commercial: malls, office complexes, apartments, and convenience stores

### **ME-DIAN Credit Union**

303 Selkirk Avenue  
Winnipeg, MB R2W 2L8  
**Email:** [info@mediancu.mb.ca](mailto:info@mediancu.mb.ca)

**Tel:** 204-943-9111  
**Fax:** 204-942-3698  
**Website:** [www.me-diancu.mb.ca](http://www.me-diancu.mb.ca)

ME-DIAN Credit Union serves the Aboriginal Community of Manitoba.

### **The Sunshine Group**

275 Selkirk Avenue  
Winnipeg, MB R2W 2L5  
**Email:** [studio@worldwidesunshine.com](mailto:studio@worldwidesunshine.com)

**Tel:** 204-586-8057  
**Fax:** 204-582-8397  
**Website:** [www.worldwidesunshine.com](http://www.worldwidesunshine.com)

The Sunshine Group is a fully integrated recording, distribution and manufacturing company that offers services to musical performers specializing in Aboriginal, country and ethnic music. Sunshine also has two state-of-the-art recording studios, called the Platinum/Gold Studios.

### **Tribal Councils Investment Group of Manitoba Ltd.**

#### **Head Office:**

221 – 530 Century Street  
Winnipeg, MB R3H 0Y4

**Tel:** 204-947-1916  
**Fax:** 204-946-0635

In 1990 the seven Tribal Councils of Manitoba (TCIG), representing 55 First Nation communities and over 92,000 people, combined resources to establish themselves in the corporate business community. The Tribal Councils Investment Group of Manitoba Ltd. (TCIG) was formed, with head offices on Opaskwayak Cree Nation and operating offices in Winnipeg. TCIG is dedicated exclusively to the economic development of member First Nations communities. This is achieved by planning long-term strategic investments in the mainstream economy that provide a reasonable return, generating a solid foundation of wealth and employment, and creating a capital pool for economic development.

## JUSTICE SYSTEM

### ***JUSTICE SYSTEM***

#### **Aboriginal Court Worker Program**

2nd Floor - 405 Broadway  
Winnipeg, MB R3C 3L6

**Tel:** 204-945-3909  
**Fax:** 204-948-2150

This service is for Aboriginal people involved in the criminal court process, who require guidance on the best course of action.

The court workers:

- act as liaison with police
- advise the accused of alternative courses of action open to them
- assist in contacting legal counsel
- assist in communication between counsel and accused
- obtain legal aid where necessary
- assist those in custody to be released on bail or otherwise
- assist the accused and police to contact relatives, social agencies, etc.
- act as liaison with Probation Services
- maintain contacts with reserves and with Indian and Métis organizations

#### **Court Workers**

##### **Senior Court Worker**

313-408 York Avenue  
Winnipeg, MB R3C 0P9

**Tel:** 204-945-0024  
**Fax:** 204-948-2150

##### **Winnipeg Law Courts Complex and Circuit Courts**

313-408 York Avenue  
Winnipeg, MB R3C 0P9

**Tel:** 204-945-1938  
**Fax:** 204-948-2150

##### **Manitoba Youth Centre and Circuit Courts**

172 Doncaster Street  
Winnipeg, MB R3N 1X0

**Tel:** 204-475-2017  
**Tel:** 204-475-2018

Brandon  
1104 Princess Street R7A 0P9

**Tel:** 204-726-6486

Dauphin  
27 - 2nd Avenue S.W. R7N 3E5

**Tel:** 204-622-2080

Portage la Prairie  
25 Tupper Street N. R1N 3K1

**Tel:** 204-239-3562

The Pas  
P.O. Box 1741 R9A 1L5

**Tel:** 204-627-8489

## JUSTICE SYSTEM

|                                       |                          |
|---------------------------------------|--------------------------|
| Thompson<br>59 Elizabeth Road M8N 1X4 | <b>Tel:</b> 204-677-6754 |
| Split Lake                            | <b>Tel:</b> 204-342-2045 |
| Nelson House                          | <b>Tel:</b> 204-484-2392 |
| Pukatawagan                           | <b>Tel:</b> 204-553-2089 |
| Oxford House                          | <b>Tel:</b> 204-538-2164 |
| God's Lake Narrows                    | <b>Tel:</b> 204-335-2427 |
| Easterville                           | <b>Tel:</b> 204-329-2161 |

### **Commission for Public Complaints against the RCMP**

Western Region Office  
Suite 102, 7337 - 137 Street **Tel:** 604-501 4080  
Toll free across Canada for inquiries and complaints: 1-800-665-6878  
Surrey, BC V3W 1A4 **Fax:** 604-501-4095  
**Email:** [complaints@cpc-cpp.gc.ca](mailto:complaints@cpc-cpp.gc.ca) **Website:** <http://www.cpc-cpp.gc.ca>

The Commission for Public Complaints against the RCMP is an independent federal agency established in 1988 to review public complaints about the conduct of RCMP members in a fair and impartial manner. If you wish to make a complaint, you may do so by telephone, in writing, or via the Internet. Across Canada, the toll free number for inquiries and complaints is 1-800-665-6878. To make a complaint by Internet, an electronic complaint form may be completed online or may be downloaded in PDF format by accessing the above website.

### **The Law Enforcement Review Agency (LERA)**

Manitoba Justice  
LERA Commissioner **Tel:** 204-945-8667  
420 - 155 Carlton Street **Fax:** 204-948-1014  
Winnipeg, MB R3C 3H8 **Toll free:** 1-800-282-8069  
**Email:** [lera@gov.mb.ca](mailto:lera@gov.mb.ca)  
**Website:** <http://www.gov.mb.ca/justice/lera>

The Law Enforcement Review Agency is an independent, non-police agency established under The Law Enforcement Review Act in 1985 to investigate public complaints about police. LERA deals only with complaints about municipal and local police performance arising out of the performance of duties. It does not investigate criminal matters, which are referred to the Crown Attorney's office. LERA is staffed by a Commissioner, a registrar and professional investigators. The Act applies to any peace officer employed by a Manitoba municipal or local police department, including police chiefs. It does not apply to members of the RCMP. Complaints about members of the RCMP should be directed to the Commission for Public Complaints against the RCMP (see separate listing).

### **Legal Aid Manitoba**

#### **Application Centre – Winnipeg**

100 - 287 Broadway **Tel:** 204-985-8500  
Winnipeg, MB R3C 0R9 **Fax:** 204-949-9216  
**Website:** <http://www.legalaid.mb.ca> **Toll free:** 1-800-261-2960

Legal Aid Manitoba exists to help people - individuals and groups - who need a lawyer but

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who cannot afford to pay for one. There are three main types of Legal Aid services:

Drop-in advice and information - Members of the public may meet with a lawyer or supervised paralegal to discuss any legal problem. No application is needed for this type of service - everyone qualifies.

Formal representation - Legal Aid Manitoba pays for or helps to pay for a lawyer. For this service, individuals must complete an application and be found eligible. In some cases, Legal Aid will provide this service through full-service duty counsel.

Duty counsel - Lawyers are present in many criminal and youth and some child welfare courts to help and advise anyone who has to appear before a judge. An application is not needed for this type of service - everyone qualifies.

Legal Aid has other special programs that include service to Aboriginal clients:

Northern Paralegal Program: Aboriginal paralegals who speak both English and Cree work out of the Legal Aid offices in Thompson and The Pas. They travel to the communities of Cross Lake, God's Lake Narrows, Norway House, Shamattawa, Oxford House, Pukatawagan, Moose Lake, Easterville and Cranberry Portage. In each of these communities the paralegals hold drop-in clinics to help residents understand and use Legal Aid services. They also assist community organizations in developing justice-related programs (such as crisis shelters or fine option programs) and dealing with larger legal problems affecting the entire community. As part of the court process, it is the role of the paralegal to assist Legal Aid lawyers and Aboriginal clients to communicate with each other by overcoming the language barrier.

### **Other Legal Aid Offices in Manitoba:**

#### **Brandon Area Office**

236 -11th Street  
Brandon, MB R7A 4J6

**Toll free:** 1-800-766-2148

**Tel:** 204-729-3492

**Fax:** 204-726-1732

#### **Parklands Area Office**

138-1st Avenue S.W. Unit A  
Dauphin, MB R7N 1S2

**Toll free:** 1-877-622-4660

**Tel:** 204-622-4666

**Fax:** 204-622-4679

#### **The Pas - Northern Area Office**

P.O. Box 4062  
1 - 236 Edwards Avenue  
The Pas, MB R9A 1S6

**Toll free:** 1-855-787-0694

**Tel:** 204 627 4837

**Fax:** 204 627 4840

#### **Thompson - Northern Area Office**

2nd floor, 3 Station Road  
Thompson, MB R8N 0N3

**Toll free:** 1-855-444-4665

**Tel:** 204-677-1224

**Fax:** 204-677-1347

#### **Manitoba Association for Rights and Liberties (MARL)**

507 - 294 Portage Avenue  
Winnipeg, MB R3C 0B5

**Tel:** 204-947-0213

**Fax:** 204-946-0403

**Website:** <http://www.marl.mb.ca>

A community organization for the protection and extension of human rights and civil liberties, the Manitoba Association for Rights and Liberties specifically focuses on Charter Rights and Legislative Review. MARL reviews provincial legislation, presents briefs and recommendations to government. It is also involved in public education. Core funding is



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provided by the United Way.

### **Manitoba Human Rights Commission**

7<sup>th</sup> Floor–175 Hargrave Street  
Winnipeg, MB R3C 3R8  
**Email:** [hrc@gov.mb.ca](mailto:hrc@gov.mb.ca)

**Tel:** 204-945-3007  
**Fax:** 204-945-1292  
**Website:** [www.manitobahumanrights.ca](http://www.manitobahumanrights.ca)

### **Brandon Office**

Rm. 341-340 Ninth Street  
Brandon, MB R7A 6C2

**Tel:** 204-726-6261  
**Fax:** 204-726-6035

The Manitoba Human Rights Commission is the agency responsible for administering The Human Rights Code. The Commission is a resource for all Manitobans with respect to discrimination and human rights issues. The Commission takes complaints of discrimination against provincially regulated businesses and organizations and investigates them to determine if a public hearing of the complaint is warranted. The Commission assists in trying to resolve complaints without the need for a hearing. The Commission also conducts human rights education programs for businesses, schools and other organizations and does presentations to promote human rights principles.

### **Native Clan Organization**

94 McGregor Street  
Winnipeg, MB R2W 4V5  
**Email:** [admin@nativeclan.org](mailto:admin@nativeclan.org)

**Tel:** 204-943-7357  
**Fax:** 204-943-4085  
**Website:** <http://www.nativeclan.org>

The Native Clan Organization is a support agency whose primary purpose is to help offenders and ex-offenders rehabilitate themselves back into society. Native Clan operates on a fee for service via a renewable contract with the Federal and Provincial Departments of Corrections. Native Clan operates **Diamond Willow Lodge**, 160 Mayfair Avenue, which provides a residence to ex- offenders. They offer substance abuse counseling, basic job skills programming, along with Elder services to accepted residents of both locations. Native Clan Organization is not a community drop-in. We deal only with federal and provincial offenders within Canada.

### **Onashowewin Justice Circle (Restorative Justice Program)**

101-720 Broadway  
Winnipeg, MB R3G 0X1  
**Email:** [reception@onashowewin.com](mailto:reception@onashowewin.com)  
**Website:** [www.onashowewin.com](http://www.onashowewin.com)

**Tel:** 204-336-3600  
**Fax:** 204-336-3610  
**Toll free:** 1-855-320-0022

Onashowewin Inc. is a community based, non-profit organization dedicated to establishing restorative and holistic approaches for achieving justice that take into account the needs and strengths of the community. Onashowewin accepts referrals from the Crown Attorney's office for people who have been charged with a variety of offences. They accept both young offenders and adults at various points in the justice system. They offer victim/offender mediation, community justice forums, and conciliation, as well as programs for offenders. The program is not retributive, as is the mainstream justice system. They do not punish,

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even though they do hold offenders accountable for their actions. They do not judge people based on a single criminal incident. Their approach is to try and address underlying issues that have led to criminal behaviours. Their objective is to help restore, heal and transform relationships and the community.

### In-house programs- Mino-Pamatezwin:

The Mino-Pamatezwin Healthy Decision-making program

The Mino-Pamatezwin Auto-related program

The Mino-Pamatezwin Theft under programs

### **Onashowewin Programs offered:**

#### **Ways of Being Workshop**

The Ways of Being workshop is a full day of cultural teachings/ceremony where the participants have an opportunity to participate and learn about preparing for a ceremony. Onashowewin's cultural advisors will share the significance of their teachings and how the teachings are a part of self-identity, self-esteem, and self-worth.

#### **The Live Free Workshop**

The Live Free workshop is held in two sessions, each session being two hours in length. The workshop teaches the participants the importance of taking responsibility for their actions/behaviours, as well as exploring how to make positive lifestyle changes.

#### **The One Life Workshop**

The One Life workshop is a two-hour information workshop for individuals who have issues with alcohol and drugs. The participants may become aware of their patterns of behaviours, their triggers, and learn the affects of alcohol and drugs on their body, emotions, and their minds.

#### **The Negative Energy Workshop**

The Negative Energy workshop is held in two, two-hour sessions. The objective is to focus on the participant's negative emotions, take responsibility for them, and to explore the root cause of anger and the importance of having a balanced way of life.

#### **The Inini Workshop**

The Inini workshop is a two-hour session for men with teachings on the role of a man. Inini is the Ojibway term for man. The participants have the opportunity to hear the traditional role of a man and their responsibilities to themselves and everyone around them.

#### **The Ekwe Workshop**

The Ekwe workshop is a two-hour session for woman with teachings on the role of a woman. Ekwe is the Ojibway term for woman. The participants have the opportunity to hear the traditional role of a woman, the sacredness of a woman, and their responsibilities to themselves and everyone around them.

#### **The Kimotin Workshop**

The Kimotin workshop is a two-hour session. The participants may become aware of their patterns of behaviour and their association with theft and shoplifting. As well as the impact theft has on the community.

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### **The Sense of Belonging Workshop**

The Sense of Belonging workshop is a two-hour session. The objective is to create awareness, as well as developing strategies to build self-esteem, self-worth, and self-identity.

### **Living in Balance**

Living in Balance is a program designed to promote healthy relationships. It begins with defining a healthy relationship and how you can achieve and maintain one.

## MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

### ***MISSING AND MURDERED INDIGENOUS WOMEN AND MEN***

#### **Bear Clan Patrol Inc.**

509 Selkirk Avenue  
Winnipeg, MB R2W 3M6

**Website:** [www.bearclanpatrolinc.com](http://www.bearclanpatrolinc.com)

**Tel:** 204-918-8958

**Email:** [bearclanmb@hotmail.com](mailto:bearclanmb@hotmail.com)

Today's resurgence of the Bear Clan Patrol is in response to our communities need to protect the women, children, elderly and vulnerable community members.

#### **Ikwe Safe Ride – Winnipeg**

**Email:** [ikwesaferride@hotmail.com](mailto:ikwesaferride@hotmail.com)

**Website:** [www.ikwesaferrides.wordpress.com](http://www.ikwesaferrides.wordpress.com)

Ikwe (Women Helping Women) Safe Ride Mission Statement; Ikwe Safe Ride aims to provide a safe means of transportation for female members and children of our community through a volunteer run initiative. We are an alternative to taking a taxi. We embrace diversity and promote equality in our community. The safety of our volunteers and passengers is our number one priority. Donations appreciated: minimum donation \$10. We are a safe alternative to taxi rides, not a free ride service.

#### **Ka Ni Kanichihk, Inc.**

455 McDermot Avenue  
Winnipeg, MB R3A 0B5

**Email:** [admin@kanikanichihk.ca](mailto:admin@kanikanichihk.ca)

**Tel:** 204-953-5820

**Fax:** 204-953-5824

**Website:** [www.kanikanichihk.ca](http://www.kanikanichihk.ca)

Medicine Bear Elder and Support Services working with families of Murdered and Missing Indigenous Women. Missing Persons & Persons at risk Toolkit available on website.

#### **Neechi Rides**

300 Carlton Street  
Winnipeg, MB R3B 2K6

**Tel:** 204-514-6507

Neechi Rides was found by Pernell Flett. He provides safe travel for First Nation people anywhere that they need to go.



### **Indigenous Relations**

Manitoba Indigenous and Municipal Relations

200 – 500 Portage Avenue  
Winnipeg, MB R3C 3X1

Tel: 204-945-2510  
Fax: 204-945-3689

### **Indigenous Inclusion Directorate**

Manitoba Education and Training

510 Selkirk Avenue  
Winnipeg, MB R2W 2M7

Tel: 204-945-7886  
Fax: 204-948-2010

*Available in alternate formats upon request.*